



NEWSLETTER

June 2021

Special News Bulletin – Lisbon Senior Center Reopening

Effective June 1, 2021

Mon-Tues-Wed-Fri 9am-1pm

BY RESERVATION ONLY

RULES FOR VISITING CENTER

Call **860-376-2329** for reservation with time and purpose of visit

Use hand sanitizer & wear mask upon entering

Sign in **AND** sign out with receptionist

Place lunch order and pay with receptionist—max 8 people

RULES FOR ACTIVITIES

QUILTERS-Tuesday 9am—One person per table—max 8 people

CHAIR CANING/BASKET MAKING-Wednesday 9am—One person per table. Max 8 people

Wii BOWLING-Friday 10am - One person at a time bowls.

Controllers disinfected after use. Max 8 people

POOL PLAYING - Pool cues and balls disinfected after use.

Max 2 people per table

LUNCH—Max 4 people per double tables.

Remove mask only when eating.

Monthly specials will continue to be take out only

**OTHER ACTIVITIES WILL RESUME WHEN THEY CAN BE DONE IN A
SAFE MANNER**

Walk-through Take-out LUNCHEON

Thursday, June 17th 11:30

ORDERS MUST BE PLACED NO LATER THAN May 12TH

Call 860-376-2329 to sign up

**Hot dog on a roll/Potato Salad/Dessert
\$5**

**MASKS & 6' SOCIAL DISTANCE REQUIRED
ENTER THROUGH FRONT DOOR
AND EXIT THROUGH
LIBRARY DOOR**

**Daily lunches will resume
June 1st**

**Monday, Tuesday,
Wednesday & Friday**

**Call to reserve a seat and
order your lunch**

LUNCH MENU

**RESERVATION REQUIRED
860-376-2329**

SANDWICHES WHOLE \$3 * HALF \$1.50

**WHEAT OR WHITE BREAD
SCOOP CHOICE: TUNA * CHICKEN * EGG * HAM * SEAFOOD**

SALAD PLATE \$3

**LETTUCE * TOMATO * CUCUMBER * BOILED EGG
SCOOP CHOICE: TUNA * CHICKEN * EGG * HAM * SEAFOOD**

HOT DOG ON A ROLL \$2

CHIPS * DESSERTS * SODA

RESOURCES FOR COVID19 VACCINATIONS

- COVID-19 vaccination has opened to all individuals 16 years of age and older who live, work, or attend school in Connecticut. Please remain patient when trying to schedule an appointment

<https://covidvaccinefinder.ct.gov/>

<https://hartfordhealthcare.org/health-wellness/covid-vaccine/schedule-your-vaccine>

<https://covidvaccine.ynhh.org/>

<https://www.ucfs.org/covid-19/>

<https://www.walgreens.com/findcare/vaccination/covid-19>

<https://www.cvs.com/immunizations/covid-19-vaccine>

<https://www.nutmegpharmacy.com/covid19-vaccine>

COVID-19 Vaccine Appointment Assistant Line 1-877-918-2224

Uncas Health District 860-823-1189

Call the Senior Center with questions or for a ride

**Have you signed up for the COVID-19 Vaccine or planning to sign up?
HELP US IN THE FIGHT VOLUNTEERS NEEDED**



YOU MAY BE ELIGIBLE TO PARTICIPATE IF YOU:

- Are a healthy adult age 21 or older
- Ages 60 and over urgently needed
- Have an appointment for COVID-19 vaccine
- Weigh 110 pounds or more
- Have not had COVID-19
- Have no history of heart disease, kidney failure, uncontrolled diabetes, autoimmune disorders

Participation involves attending up to 9 study visits over one year at UConn Health, Farmington CT. Each visit will be about 15-30 minutes. Provide demographics, health history, blood samples at each study visit and nostril swabs at three study visits.

Participation is voluntary. You will receive \$50 compensation for the completion of each study visit.

For More Information Contact

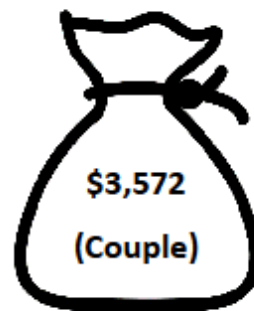
Call (860) 837-2404 or (860) 679-3043 / Email Megan Wing wing@uchc.edu



LOCAL HELP FOR PEOPLE IN NEED CARE

Need help with Medicare costs?

If your monthly income* is less than



You may qualify for help from the State of CT to pay your Medicare premiums and other Medicare costs!

To find out if you are eligible for the
Medicare Savings Program

Call CHOICES at 1-800-994-9422

<https://portal.ct.gov/ADS-CHOICES>



**Thames Valley Council
for Community Action, Inc.**

Partnering for Prosperous Communities Since 1965

Neighbors Helping Neighbors!

Now more than ever community support is so important and impactful! The Retired and Senior Volunteer Program (RSVP) offers the support someone needs to remain living at home either with grocery shopping needs or phone reassurance. If you are 55+ contact us to hear how your help may improve the quality of life of an elderly or disabled person by volunteering around your schedule to help a neighbor in your community.

We are here to engage, enlighten, and inspire each other.

GEORGIA L JAMES, PROGRAM COORDINATOR 860-425-6608 gjames@tvcca.org

GINA KING, DIRECTOR 860-425-6617 gking@tvcca.org



HUMOR PAGE

PUNNY RIDDLES

Source Unknown

- ☺ What is Robin Hood's favorite store? **TARGET**
- ☺ What kind of coat won't keep you warm? **A COAT OF PAINT**
- ☺ What is it called when spiders marry? **HOLY WEBLOCK**
- ☺ What did the psychiatrist call a frightened feline? **A FREUDY CAT**
- ☺ What did the pirate pay to get his ears pierced? **A BUCCANEER**
- ☺ Where does a pawn go for higher education? **KNIGHT SCHOOL**
- ☺ What happened to the werewolf when it ate a clock? **IT GOT TICKS.**
- ☺ Why did the cannon have trouble finding work? **IT KEPT GETTING FIRED.**
- ☺ What rock group has four men that don't like to sing? **MOUNT RUSHMORE**
- ☺ What did one knife say to the other? **"YOU'RE LOOKING SHARP TODAY."**
- ☺ What makes more noise than a cat stuck in a tree? **TWO CATS STUCK IN A TREE**
- ☺ Why did hundreds of people flock to the base of the oak tree? **IT HAD A SCENIC ROOT.**
- ☺ What happened when the hyena swallowed a bouillon cube? **HE MADE A LAUGHING STOCK OF HIMSELF.**
- ☺ What is included at the end of a volume that is a comprehensive history of champagne? **A BUBBLYOGRAPHY**
- ☺ Why do some fishermen ride in helicopters to capture their bait? **BECAUSE THE WHIRLYBIRD CATCHES THE WORM**



FATHER HUMOR

Source Unknown



- ☺ **Science Teacher:** When is the boiling point reached?
- Science Student:** When my father sees my report card!
- ☺ **Dad:** You'll never amount to anything because you procrastinate.
- Son:** Oh, yeah? Just you wait!
- ☺ **Johnny's father:** Let me see your report card.
- Johnny:** I don't have it.
- Johnny's father:** Why not?
- Johnny:** My friend just borrowed it. He wants to scare his parents.
- ☺ **Dad:** Son, if you keep pulling my hair, you will have to get off my shoulders.
- Son:** But, Dad, I'm just trying to get my gum back!
- ☺ **Teacher (on phone):** You say Michelle has a cold and can't come to school today? To whom am I speaking?
- Voice:** This is my father.
- ☺ **Son:** For \$20, I'll be good.
- Dad:** Oh, yeah? When I was your age, I was good for nothing.
- ☺ **Robert:** What do you call your dad when he falls through the ice?
- Ryan:** Beats me.
- Robert:** A POPSicle!
- ☺ **Pee Wee:** How is the baby bird like its dad?
- Wesley:** How?
- Pee Wee:** It's a chirp off the old block.
- ☺ **Dad:** How do you like fourth grade?
- Daughter:** It isn't much fun.
- Dad:** That's too bad. It was the best three years of my life!
- ☺ "Dad, are bugs good to eat?" asked the boy.
- "Let's not talk about such things at the dinner table, son," his father replied.
- After dinner the father inquired, "Now, son, what did you want to ask me?"
- "Oh, nothing," the boy said. "There was a bug in your soup, but now it's gone."



If you are unable to leave your home you can start receiving Meals-on-Wheels.

Contact TVCCA at 860-934-1006 to get set up

Are you or someone you know in need of medical equipment? We have many donated items available – free of charge. First come first served:

Walkers * Canes * Crutches * Raised Toilet Seats * Shower Seats



Lisbon's Longevity Link

Published by
Lisbon Commission on Aging
Lisbon Senior Center
11 Newent Road
Lisbon, CT 06351

June 2021

RETURN SERVICE REQUESTED

Lisbon Senior Center

Mon – Fri
9:00 am – 3:00 pm
860-376-2329

Board of Selectman

Thomas Sparkman
Robert Browne
William Surfus

Commission on Aging

Lee Szruba, Chairperson

Senior Coordinator

Karen Washington

Van Driver

Charles Martin

Nutrition Site Server

The **Lisbon Senior Center's** mission is to be a welcoming setting for socialization, activities, trips, classes and maintaining the health, independence and well-being of active agers.

Transportation is available for Lisbon residents for the following: doctor and dentist appointments; banking; hairdresser or barber; shopping and pharmacy; to the Senior Center, etc. For a ride, call the Senior Center 860-376-2329 as soon as you have your appointment. For all other rides, call Mon of that week to set up a time with our van driver.

Restaurant style, made-to-order lunches are served daily at 11:30 am.

Help is available for paperwork, applications and insurance decisions.

Services are available for maintaining the health, independence and well-being of our town's treasured seniors.

Our **Sunshine Committee** sends cards to those who are enduring a loss or who are ill. Call Carolyn 860-376-9770 with the name and address of those who should receive a card.