



# NEWSLETTER

**OCTOBER 2022**

## WEEKLY ACTIVITIES

### **11:30 Daily Lunch**

#### **MONDAYS**

- **Crafting**

#### **TUESDAYS**

- **9:30 Quilting**
- **10:00 Pokeno**
- **10:30 Rummikub**
- **12:15 Wii Bowling**

#### **WEDNESDAYS**

- **9:30 Caning,  
Carving &  
Basket Making**
- **10:00 Pool**
- **12:00 2<sup>nd</sup> Wed-  
Shooting Stars Mtg**
- **12:30 Yarn Club**

#### **THURSDAYS**

- **12:00 Bingo-sales  
from 11-11:45**

#### **FRIDAYS**

- **10:00 Pool**

**See Calendar for  
special events**

It's that time of year again...

GET YOUR



@ **Lisbon Senior Center**

Monday, October 17<sup>th</sup>

10:30am - 11:30am

Call 860-376-2329 to set up your time

*Bring Insurance Card*

Sponsored by

*Walgreens*

To be added to our email distribution send  
message to:

[kwashington@lisbonct.com](mailto:kwashington@lisbonct.com)

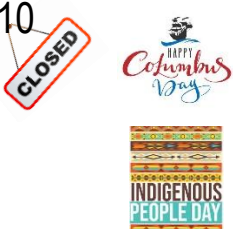
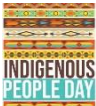
Newsletter is posted on the Town Hall website

[lisbonct.com](http://lisbonct.com)

An up-to-date, complete list of all activities can be  
found at our senior center combined website:

[seniorcenterct.org/lisbon](http://seniorcenterct.org/lisbon)

## October 2022

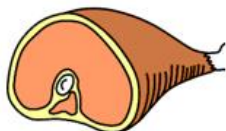
Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> 10:00 Crafts 11:30 Lunch 12:00 Crafts	<b>4</b> 9:30 Quilting 10:00 Pokeno 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	<b>5</b> 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch <b>12:00 Cardmaking Class</b>	<b>6</b> 11:30 Lunch 12:00 Bingo 12:00 Darts	<b>7</b> <b>10:00 Essex Steam Train</b> 10:00 Pool 11:30 Lunch
<b>10</b>  	<b>11</b> 9:30 Quilting 10:00 Pokeno 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	<b>12</b> 9:30 Chair caning baskets/carving 10:00 Pool <b>11:30 Ham and Bean</b> <b>12:00 Shooting Stars</b>	<b>13</b> 11:30 Lunch 12:00 Bingo 12:00 Darts	<b>14</b> <b>9:30 AARP Driving Class</b> 10:00 Pool 11:30 Lunch
<b>17</b> 10:00 Crafts <b>10:30 Flu Shot Clinic</b> 11:30 Lunch 12:00 Crafts	<b>18</b> 9:30 Quilting 10:00 Pokeno 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	<b>19</b> 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch	<b>20</b> 11:30 Lunch 12:00 Bingo 12:00 Darts	<b>21</b> 10:00 Pool 11:30 Lunch <b>12:00 Art Class</b>
<b>24</b> 10:00 Crafts 11:30 Lunch 12:00 Crafts	<b>25</b> 9:30 Quilting 10:00 Pokeno 10:30 Rummikub 12:15 Wii Bowling	<b>26</b> 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch	<b>27</b> 11:30 Lunch 12:00 Bingo 12:00 Darts	<b>28</b> <b>10:00 Halloween Party</b> 10:00 Pool
<b>31</b> 10:00 Crafts 11:30 Lunch 12:00 Crafts				

Wednesday, October 12<sup>th</sup>

11:30

## Ham & Beans

*with Apple Crisp dessert*



**\$8.00**



**AARP**

**DRIVER  
SAFETY** 

Friday, October 14<sup>th</sup>

9:30am-2pm

**\$20 for AARP members**

**\$25 for non-members**

Lunch is ordered & paid for  
upon arrival – served at 11:30

## HALLOWEEN Party

WITH SPECIAL GUESTS FROM THE  
NEW LONDON SR CTR



Friday, Oct 28th

10:00 am

There will be Bingo—\$.50 per card

Lunch & Entertainment

## Cardmaking Class with Jacqui

Wed, Oct 5th 12:00

\$15





The Lisbon Seniors Presents .....  
**Direct from Branson**  
**"Country Christmas & Veterans Show"**  
**Featuring the Ozark Jubilee**  
 At The Log Cabin, Holyoke, MA  
**Thursday November 10, 2022**

Direct from BRANSON the OZARK JUBILEE features and all star cast of Branson's top entertainers. This year the Ozark Jubilee presents the Branson Classic Country Christmas that salute's the music of the great Legends of Country Music. In addition, this year the Ozark Jubilee will be honoring and paying tribute to our Veterans, and thanking them for their Special Service.  
 The Jubilee features Branson's funniest comedian and world class fiddler DOOFUS DOOLITTLE! Doofus will have you rolling in the isles with his unique brand of humor and you will be captivated by some of the best fiddle and world class violin music ever! Doofus has an all new line up of jokes and hilarious routines this year not to be missed!!!

**Package Includes:**

- Delicious Luncheon at The Log Cabin
- Afternoon of Music and Laughter with The OZARK Jubilee Band from Branson
- Meal Taxes and Gratuities



**Elegant Family Style Luncheon**  
 Appel & Sausage Stuffed  
 Loin of Pork  
 &  
 Baked Haddock  
 Salad, Potatoes, Rolls, Vegetables & Potatoes  
 Scrumptious Dessert served with  
 Coffee or Tea

**\$111. pp**

Checks Payable to:  
 "Shooting Stars"  
 Final Due 10/27/22

Bus Departs at  
 10:00am  
 Lisbon Senior  
 Center

For more Information:  
**Karen**  
**860-376-2329**

Complete form below (one per person) and mail or drop at Center with Deposit.  
 Lisbon Senior Center, 11 Newent Rd, Lisbon, CT 06351

50% due at time of sign up

Balance due by 10/27/22

**2nd Trip!**  
**YANKEE CANDLE**  
**FOREST PARK**  
**CRACKER BARREL**

**Monday, December 12<sup>th</sup>**

**Leaving at 12:30**

**\$15 for Bus**



**PAINTING**  
*Class w/ Jacqui*  
**Friday, Oct 21st at noon**



*Create a beautiful watercolor!!*

**\$20 - Limit 12 people**

**Connecticut Fairs and Festivals in October 2022**

**Sept. 30 – Oct. 2 and Oct. 7-9:** Listed by CTvisit as one of Connecticut's top tourist events, this six-day apple festival takes place over two weekends. It's located on the Southington Town Green and more information will be posted on its website.

**Sept. 30 – Oct. 2:** The Harwinton Agricultural Society is putting on its 165<sup>th</sup> Harwinton Fair this year. Located at 150 Locust Rd in Harwinton, the festival has everything from horse pulls to the Matica Circus troupe to a wood chopping contest.

**Oct. 1:** The South Windsor Apple Festival is an occasion filled with family fun, with more than 100 vendors and food trucks as well as music and other activities. They are located at John J. Mitchell Fairgrounds. More information can be found on their Facebook page.

**2:** Shelton is bringing back Shelton Day for this year. More information will be posted here.

**8-9:** The 17<sup>th</sup> Connecticut Garlic and Harvest Festival is being held at the Bethlehem Fairgrounds this year. This unique celebration includes garlic cooking demonstrations, a variety of garlic dips and foods like garlic ice cream and a live band.



## Medicare Enrollment Periods

### Initial Enrollment Period:

The Initial Enrollment Period (IEP) is the first time you can sign up for Medicare.



### General Enrollment Period:

The General Enrollment Period (GEP) allows individuals to enroll in Parts A and B, but late enrollment penalties may apply and increase your premiums.



### Open Enrollment Period:

The Medicare Open Enrollment Period, often called the Annual Enrollment Period (AEP), is the time when individuals can change their Medicare Advantage and/or Medicare Part D plans. This is also the time to switch from Original Medicare to Medicare Advantage (or vice versa).



## CEAP

(Connecticut Energy Assistance Program)

2022-2023

### TIMETABLE FOR HOUSEHOLDS THAT HEAT WITH OIL AND OTHER DELIVERABLE FUELS:

**09/01/22:** First day that households can begin to apply for CEAP.

**11/01/22:** First day for authorization of fuel deliveries (oil, wood and wood pellets, propane, kerosene, coal).

**03/15/23:** Deadline for deliverable fuel authorizations or deliveries from Basic Benefits, Crisis Assistance, or Safety Net Assistance, **for clients already awarded CEAP benefits.**

**05/31/23:** Last day to apply for CEAP.

**06/16/23:** Last day for submission of deliverable fuel bills.

### TIMETABLE FOR HOUSEHOLDS THAT HEAT WITH ELECTRICITY OR GAS:

**09/01/22:** First day that households can begin to apply for CEAP.

**05/31/23:** Last day a household heated with gas or electricity can apply.

Contact TVCCA at 860-425-6681 for more information

## HALLOWEEN WORD SEARCH

R F E F P R Y M G H Y O Z A Q B F H O H  
A D C S E A E E O N Y V L K U X X T W I  
A V S O M F C Z J U L W O F R Z E Q I J  
M H C Q U G V E L S Q S P A M Q N Z T U  
I C V R T L E S U O H D E T N U A H C L  
T D H D S A T H X G L A P U F X F M H A  
R T U Z O O C S T D E J S P S A B Y Y I  
V H R S C A R Y N I O O K X W X K A W T  
V E R I P M A V L E W S E W P F Q M A T  
U B B C Y C C Y N D Q P L G U A Y J O R  
H T N A M C A N D Y S R E Y M M U M O I  
R C J X J R R J T A T X T A P U N E T C  
H A L L O W E E N D Z H O Z K S G X M K  
G K Z O N Y T C T L Y H N B I K Q X K O  
U I N Y J N O S K S S E I P N R B Y N R  
M W R G G S R T O H N R X Q M Y Z G M T  
J X X Q N F J W Q H H O R I M P D Q L R  
F D Z U A I W R X Z G J M U H W Y A O E  
T A B K O Y K O O P S O W A B B T U E A  
Z F S H L F U Q Q P I T G J X N M N D T



Bat  
Pumpkin  
Halloween  
Mummy  
Vampire  
Witch  
Spooky  
Trick or Treat

Fun  
Ghost  
Costume  
Skeleton  
Candy  
Scary  
Monster  
Haunted House



## LEARN CHAIR CANING & BASKET MAKING

WEDNESDAYS AT 9:30



Thursdays @ Noon

## Lisbon's Longevity Link

Published by  
Lisbon Commission on Aging  
Lisbon Senior Center  
11 Newent Road  
Lisbon, CT 06351

Issue October 2022

RETURN SERVICE REQUESTED

«Firstname» «Lastname»  
«Address1»  
«City», «State» «Zip»

### **Lisbon Senior Center**

Monday – Friday  
9:00 am – 3:00 pm  
860-376-2329

### **Board of Selectman**

Thomas Sparkman  
Robert Browne  
William Surfus

### **Commission on Aging**

Lee Szruba, Chairman

### **Senior Coordinator**

Danielle Mauri

### **Van Driver**

Charles Martin

### **Nutrition Site Server**

Robin Brooks

The **Lisbon Senior Center**'s mission is to be a welcoming setting for socialization, activities, trips, classes and maintaining the health, independence and well-being of active agers.

**Transportation** is available for Lisbon residents for the following: doctor and dentist appointments; banking; hairdresser or barber; shopping and pharmacy; to the Senior Center, etc. For a ride, call the Senior Center 860-376-2329 as soon as you have your appointment. For all other rides, call Monday of that week to set up a time with our van driver.

**Restaurant style, made-to-order lunches are served daily at 11:30 am.**

**Help** is available for paperwork, applications and insurance decisions.

**Services** are available for maintaining the health, independence and well-being of our town's treasured seniors.

Our **Sunshine Committee** sends cards to those who are enduring a loss or who are ill. Call Pauline 860-889-6637 with the name and address of those who should receive a card.