November 2020

Mon	Tue	Wed	Thu	Fri
2 9:30am Intro to Tai Chi, to register email Kcaramanica@easthartfordct.gov, one week in advance 10:30 Beginner Tai Chi , to register email Kcaramanica@easthartfordct.gov, one week in advance 11:00 am Yoga to register email asaada@cromwellct.com 1:00pm Sing A Long, to register email floodmh@mansfieldct.org 1:00 pm Quilting to register email cromwellseniorcenter41@gmail.com 1:00pm Virtual Games, to register as an individual or team email norma.carey@glastonbury-ct.gov 1:00 pm Passport in Place, to register email cromwellseniorcenter41@gmail.com 6:00 pm Reflections Café a virtual social gathering for people with mild memory loss, cognitive loss or dementia. To register call 203-272-8286 or email lgravel@cheshirect.org	3 Election Day-Vote 9:00 am Tai Chi to register email cromwellseniorcenter41@gmail.com 10:00am American History, Did you Know? to register email one week prior, senior@granby-ct.gov 1-2:00 pm Passport in Place. To register email cromwellseniorcenter41@gmail.com 1:00 pm Intro to Photos on IPhones, to register email amy.miller@wethersfieldct.gov or call 860-721-2979. 1:00pm Heart Healthy Behaviors To register call 1-855-442-4373 or visit HartfordHealthCare.org/Events	4 10:00am You have Choices-Medicare, to register visit www.seniorresources.org 11:00 am Yoga to register email asaada@cromwellct.com 11:00am Fall Prevention to register email cromwellseniorcenter41@gmail.com 1:00pm Art Class to register email cromwellseniorcenter41@gmail.com 2:30 on Wellness Wednesdays-Seasonal Affective Disorder, to register email susan.gouin@southwindsor-ct.gov	5 9:00 am Tai Chi to register email cromwellseniorcenter41@gmail.com 10:00 am Coffee & Conversation with Bob Maxon, to register email one week prior, senior@granby-ct.gov 10:00 Medicare Savings & the Low Income Subsidy Programs. To register visit www.seniorresources.org 10:45 Home Safety & Fall Reduction. To register call 203-272-8286 or email lgravel@cheshirect.org 1:00pm Bingo, to register call 860-589-7895 3:00 pm The Secure Act and Cares Act Webinar, to register email cromwellseniorcenter41@gmail.com	6 11:00 am Yoga to register email asaada@cromwellct.com 12-1:30 pm Lifelong Learning, the Great Tours. To register email norma.carey@glastonbury-ct.gov 1:00pm Medicare Open Enrollment, to register email amy.miller@wethersfieldct.gov or call 860-272-2979 1:00 pm Bingo, to register email floodmh@mansfieldct.org 1:15 pm Community Yoga , to register email lgravel@cheshirect.org or call 203-272-8286 2:00 pm American History Lecture Mexican American War Part 1 with Jared Day, PhD, to register email seniorcenter@oldlyme-ct.gov

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16	**17**	**18**	**19**	**20**
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team email norma.carey@glastonbury-ct.gov 1:00pm Sing A Long, to register email floodmh@mansfieldct.org 6:00 pm Reflections Café a virtual social gathering for people with mild memory loss, cognitive loss or dementia. To register call 203-272-8286 or email lgravel@cheshirect.org	amy.miller@wethersfieldct.gov or call 860-721-2979. 3:00 pm Let's Play Trivia, To register email floodmh@mansfieldct.org 6:30 pm Work at Age 50+ Strategies for Job Search Registration: http://bplct.evanced.info/signup/ 6:30 pm Understanding Kidney Stones to register call Hartford Healthcare at 1-855-442-4373	2:30 on Wellness Wednesdays-Seasonal Affective Disorder, to register email susan.gouin@southwindsor-ct.gov		1:15 pm Community Yoga , to register email lgravel@cheshirect.org or call 203-272-8286 2:00 pm Current Event Lecture America's New Economy with Jared Day, PhD, to register email seniorcenter@oldlyme-ct.gov
23 9:30am Intro to Tai Chi, to register email Kcaramanica@easthartfordct.gov, one week in advance 10:30 Beginner Tai Chi , to register email Kcaramanica@easthartfordct.gov, one week in advance 11:00 am Yoga to register email asaada@cromwellct.com 1:00 pm Quilting to register email cromwellseniorcenter41@gmail.com 1:00pm Sing A Long, to register email floodmh@mansfieldct.org 1:00 pm Sing A Long, to register email floodmh@mansfieldct.org 1:00pm Virtual Games, to register as an individual or team email norma.carey@glastonbury-ct.gov	24 9:00 am Tai Chi to register email cromwellseniorcenter41@gmail.com 3:00 pm Trivia, To register email floodmh@mansfieldct.org	25 11:00 am Yoga to register email asaada@cromwellct.com 1:00pm Art Class to register email cromwellseniorcenter41@gmail.com 2:30 on Wellness Wednesdays-Seasonal Affective Disorder, to register email susan.gouin@southwindsor-ct.gov	26 Happy Thanksgiving	27 11:00 am Yoga to register email asaada@cromwellct.com 12-1:30 pm Lifelong Learning, the Great Tours. To register email norma.carey@glastonbury-ct.gov 1:00 pm Bingo, to register email floodmh@mansfieldct.org 1:15 pm Community Yoga , to register email lgravel@cheshirect.org or call 203-272-8286

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Do you like this sample? Get your calendar for the dates you need with CalendarsThatWork.com Full Access.