



NEWSLETTER

May 2022

WEEKLY ACTIVITIES

11:30 Daily Lunch

MONDAYS

- **Crafting**

TUESDAYS

- **9:30 Quilting**
- **10:30 Rummikub**
- **12:15 Wii Bowling**

WEDNESDAYS

- **9:30 Caning,
Carving &
Basket Making**
- **10:00 Pool**
- **12:00 2nd Wed-
Shooting Stars Mtg**
- **12:30 Yarn Club**

THURSDAYS

- **12:00 Bingo**
card sales from 11-11:45

FRIDAYS

- **10:30 Pokeno**

To be added to our email distribution send
message to:

kwashington@lisbonct.com

Newsletter is posted on the Town Hall website

lisbonct.com


An up-to-date, complete list of all activities can be
found at our senior center combined website:

seniorcenterct.org/lisbon

**See Calendar for
special events**

A colorful poster for a Craft Fair. It features the text "TABLE \$25 RENTAL" in a yellow banner, "SATURDAY, MAY 14th 9-2" in a purple banner, and "CRAFT FAIR" in large, colorful block letters. Below this, it says "CALL FOR AN APPLICATION TO RENT A TABLE" in a yellow banner, and "BABY ITEMS, HOLIDAY DECOR, PET ITEMS & MORE!" in a green banner. At the bottom, it lists "LISBON SENIOR CENTER", "11 NEWENT ROAD, LISBON", and "860-376-2329". The background is a yellow and orange striped pattern with various craft-related icons like buttons, flowers, and a sewing machine.

May 2022

Monday	Tuesday	Wednesday	Thursday	Friday	
2 10:00 Crafts 11:30 Lunch 12:00 Crafts	3 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	4 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch 12:30 Yarn Club	5 10:00 Cinco de Mayo NO BINGO	6 10:30 Pokeno 11:30 Lunch 12:00 Art Class (date change from April class)	
9 10:00-2:00 COVID Vaccination Clinic 10:00 Crafts 11:30 Lunch 12:00 Crafts	10 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	11 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch 12:30 Yarn Club	12 11:30 Lunch 12:00 Bingo 12:00 Darts	13 10:30 Pokeno 11:30 Lunch	14 Craft Fair 9-2
16 10:00 Crafts 11:30 Lunch 12:00 Crafts	17 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	18 9:30 Chair caning baskets/carving 10:00 Pool 12:00 Shooting Stars Meeting 12:30 Yarn Club	19 11:30 Lunch 12:00 Bingo 12:00 Darts	20 10:30 Pokeno 11:30 Lunch 12:00 Art Class	
23 11:30 Lunch 12:00 Crafts	24 9:30 Quilting 10:30 Rummikub 11:30 Lunch Special 12:15 Wii Bowling	25 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch 12:30 Yarn Club	26 11:30 Lunch 12:00 Bingo 12:00 Darts	27 10:30 Pokeno 11:30 Lunch	
30 	31 11:00am-4:30pm RED CROSS BLOOD DRIVE				



GIVE A LIONS SHARE OF LIFE.

1-800-RED CROSS | 1-800-733-2767 | RedCrossBlood.org | Download the Blood Donor App
© 2018 The American National Red Cross | 187202 - RW

Our New London Senior Center friends are joining us for our

CINCO de MAYO



FIESTA

THURS MAY 5TH

10:00 am

TACO BAR

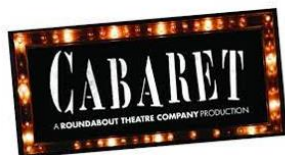
BINGO  **LIVE MUSIC**

Tuesday, May 24th 11:30

\$5.00 w/chips



Wed, June 15th



\$75* for bus and show

Lunch on your own before show at

The Town Tavern

Bus leaves at 11:15

*50% due at sign up – full payment by June 1st

Call Lisbon Senior Center to sign up

860-376-2329

Sat, July 16th



\$109* for bus, show & meal

Lunch before show at

Cap'n Jack's

Bus leaves at 10:30

*50% due at sign up – full payment by July 1st

Call Lisbon Senior Center to sign up

860-376-2329

Friday, Aug 12th

LIGHTHOUSE CRUISE (Classic)

\$37* for bus and cruise

Lunch on your own before show at

Capt. Scott's Lobster Dock

Bus leaves at 10:30

*50% due at sign up – full payment by July 29th

Call Lisbon Senior Center to sign up

860-376-2329



Enjoy views of eight lighthouses from New London to Long Island, including Plum Island Light, the supposed site of the first amphibious assault by an American army in 1775; plus, two Revolutionary-era forts and much more!

MORE UPCOMING TRIPS

Tuesday, Sept 13th – "SOCIAL SECURITY" at Newport Playhouse \$80

Friday, October 7th – Essex Steam Train & Riverboat Luncheon \$75

Thursday, Nov 10th – "Country Christmas & Veterans Show" at The Log Cabin \$111

Tuesday, Dec 13th – "Holiday Fun w/The Cartels" at Aqua Turf \$60

PLEASE CONTACT US AT 860-376-2329 IF YOU ARE INTERESTED IN ANY OF THESE SO WE CAN GET AN IDEA OF THE INTEREST IN ORDER TO SECURE TICKETS!!

PAINTING

Class w/ Jacqui

Friday, May 20th at
noon



Create a
beautiful
watercolor!!

\$20 - Limit 12 people

Memorial Day - USA

W F N D H C D V X C T U P R H R Z
A Y E U S S E R V I N G O E B Y P
R I Z D G T C K H L I N P T X R T
D I N N E R O N T H E G R O U N D
E O T S H R R R P E S T A L B G U
A D I C L V A W O E M N C A T N H
D V Q U T A T L C N N A I S I I C
S E V A R G I R H U O S U T Y R N
M E F S C Z O R A O Y H E M P E Y
G A R G H F N L O Z L D O O P B R
N F Y V D H D O W M S I K N O M A
G H Z E I J A R M T E N D D P E T
R C M I R C Y K A S Q M W A V M I
W R S E I R E T E M E C C Y Y E L
A T K R E M E M B R A N C E O R I
F L A G Y S Y A D L A I R O M E M
Q Y R P U C P B J A C V H K O X S

ANNUAL
CEMETERIES
DIED
FEDERAL HOLIDAY
GRAVES
LAST MONDAY
MEMORIAL DAY
MILITARY
REMEMBERING
SERVICE
UNITED STATES

ARMED FORCES
DECORATION DAY
DINNER ON THE GROUND
FLAG
HONOR
MAY
MEMORIALS
POPPY
REMEMBRANCE
SERVING
WAR DEAD



LISBON SENIOR CENTER VAN RIDES

860-376-2329



THE SENIOR VAN IS AVAILABLE TO LISBON RESIDENTS
AGES 60 AND OVER FOR THE FOLLOWING:

RIDES TO APPOINTMENTS (Doctor, Dentist, Banking, Haircuts, etc.)

Schedule your appointments from 10:15 to 11:00
or 12:15 to 2:15 Call us as soon you have your appointment

SHOPPING AT 10:15 ON FRIDAYS TO WALMART

(Other days/times for other stores can be accommodated upon request)

TO AND FROM THE SENIOR CENTER

If you are unable to leave your
home you can start receiving
Meals-on-Wheels.

Contact TVCCA at
860-934-1006
to get set up



SAVE THE DATE

AARP in person driving class

Friday, June 24th

9:30am-2:30pm

Lisbon's Longevity Link

Published by
Lisbon Commission on Aging
Lisbon Senior Center
11 Newent Road
Lisbon, CT 06351

Issue May 2022

RETURN SERVICE REQUESTED

«Firstname» «Lastname»
«Address1»
«City», «State» «Zip»

Lisbon Senior Center

Monday – Friday
9:00 am – 3:00 pm
860-376-2329

Board of Selectman

Thomas Sparkman
Robert Browne
William Surfus

Commission on Aging

Lee Szruba, Chairman

Senior Coordinator

Karen Washington

Van Driver

Charles Martin

Nutrition Site Server

Danielle Mauri

The **Lisbon Senior Center's** mission is to be a welcoming setting for socialization, activities, trips, classes and maintaining the health, independence and well-being of active agers.

Transportation is available for Lisbon residents for the following: doctor and dentist appointments; banking; hairdresser or barber; shopping and pharmacy; to the Senior Center, etc. For a ride, call the Senior Center 860-376-2329 as soon as you have your appointment. For all other rides, call Monday of that week to set up a time with our van driver.

Restaurant style, made-to-order lunches are served daily at 11:30 am.

Help is available for paperwork, applications and insurance decisions.

Services are available for maintaining the health, independence and well-being of our town's treasured seniors.

Our **Sunshine Committee** sends cards to those who are enduring a loss or who are ill. Call Pauline 860-889-6637 with the name and address of those who should receive a card.