



NEWSLETTER

March 2023



WEEKLY ACTIVITIES

11:30 Daily Lunch

MONDAYS

- **Crafting**

TUESDAYS

- **9:30 Quilting**
- **10:00 Pokeno**
- **10:30 Rummikub**
- **12:15 Wii Bowling**

WEDNESDAYS

- **9:30 Caning, Carving & Basket Making**
- **10:00 Pool**
- **10:00 2nd Wed-^{NEW TIME} Shooting Stars Mtg**
- **12:30 Yarn Club**

THURSDAYS

- **12:00 Bingo-sales
from 10:30-11:30**

FRIDAYS

- **Various Activities**

**See Calendar for
special events**

To be added to our email distribution send
message to:

kwashington@lisbonct.com

Newsletter is posted on the Town Hall website

lisbonct.com

An up-to-date, complete list of all activities can be
found at our senior center combined website:

seniorcenterct.org/lisbon

March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch	2 11:30 Lunch 12:00 Bingo	3 11:30 Lunch 11:30 Bali Village
6 11:30 Lunch 12:00 Crafts	7 9:30 Quilting 10:00 Pokeno 10:30 Rummikub 12:15 Wii Bowling	8 9:30 Chair caning baskets/carving 10:00 Shooting Stars Meeting 10:00 Pool 11:30 Lunch	9 11:30 Lunch 12:00 Bingo	10 11:30 Lunch
13 11:30 Lunch 12:00 Crafts	14 9:30 Quilting 10:00 Pokeno 10:30 Rummikub 11:30 Lunch 12:00 Birthday Cake 12:15 Wii Bowling	15 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch 11:30 Corned Beef & Cabbage	16 11:30 Lunch 12:00 Bingo	17 11:30 Lunch 12:00 Art Class
20 11:15 Hank's Restaurant 11:30 Lunch 12:00 Crafts	21 9:30 Quilting 10:00 Pokeno 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	22 9:30 Christmas Tree Shops & Cracker Barrel 9:30 Chair caning baskets/carving 10:00 Pool	23 11:30 Lunch 12:00 Bingo	24 9:30 AARP Driving Class 11:30 Lunch
27 11:30 Lunch 12:00 Crafts	28 9:30 Quilting 10:00 Pokeno 10:30 Rummikub 11:30 Baked Ziti 12:15 Wii Bowling	29 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch	30 11:30 Lunch 12:00 Bingo	31 11:30 Lunch



Baked Ziti

w/Garlic Bread

Tuesday, March 28th 11:30
\$5.00

BIRTHDAY
CAKE



Tue March 14-Noon
For all March
Birthdays
Please call to sign up

Wed, March 22nd



\$8 for bus
Lunch on your own
Bus leaves at 9:30am

PAYMENT DUE AT SIGNUP

Call Lisbon Senior Center
to sign up
860-376-2329

**MEDICAL
EQUIPMENT
AVAILABLE**



Call to reserve

860-376-2329

AARP® DRIVER SAFETY

Friday, March 24th

9:30am-2pm

\$20 for AARP members

\$25 for non-members

Lunch is ordered & paid for
upon arrival – served at 11:30

**Looking a backup bus driver for our
trips. Must have a CDL and Passenger
Endorsement. Call us at 860-376-**

FRI, MARCH 3RD

LEAVING AT 11:30

**BALI VILLAGE
Chinese Restaurant**



\$5 for bus



MON, MAR 20TH

LEAVING AT 11:15

Choice of:

Potato Crusted Scrod * Roast Turkey

Fried Chicken * Pot Roast

Spaghetti & Meatballs

Liver & Onions * 6oz Sirloin Steak

Includes:

Soup, Dessert, Coffee or Tea

\$23 for

bus & meal

PAINTING
Class w/ Jacqui

**Friday, March 17th
at noon**



*Create a
beautiful
Acrylic!!*

\$20 - Limit 12 people

LISBON SENIOR CENTER VAN RIDES

860-376-2329



**THE SENIOR VAN IS AVAILABLE TO LISBON RESIDENTS
AGES 60 AND OVER FOR THE FOLLOWING:**

RIDES TO APPOINTMENTS (Doctor, Dentist, Banking, Haircuts, etc.)

Schedule your appointments from 10:15 to 11:00
or 12:15 to 2:15 Call us as soon you have your appointment

SHOPPING AT 10:15 ON FRIDAYS TO WALMART

(Other days/times for other stores can be accommodated upon request)

TO AND FROM THE SENIOR CENTER

BEGINNER Fitness Classes Starting



**Monday, April 3rd
1:00**

**Maximum 10 People
Call 860-376-2329
to sign up**

HAPPY ST.
PATRICK'S DAY



D	K	R	A	I	N	B	O	W	I	F	D	J	R	W
R	W	S	D	R	J	Z	E	M	E	R	A	L	D	F
C	G	R	E	E	N	D	Z	O	P	L	F	E	S	K
B	O	L	C	L	O	V	E	R	R	W	A	S	G	G
E	W	T	Y	A	G	D	S	J	K	I	T	F	O	R
L	E	G	E	N	D	W	O	C	W	Q	H	L	L	J
U	S	S	D	D	F	T	I	H	G	A	F	H	D	I
C	C	P	R	S	A	N	Z	A	S	M	T	R	C	N
K	A	H	A	H	I	T	G	R	D	A	S	E	O	C
Y	B	I	T	G	S	H	A	M	R	O	C	K	I	D
M	B	L	A	R	N	E	Y	S	T	O	N	E	N	G
P	A	M	Z	Y	O	M	Z	I	Y	M	D	A	S	R
I	G	P	P	O	T	O	F	G	O	L	D	S	J	D
O	E	M	I	A	L	E	P	R	E	C	H	A	U	N
S	T	P	A	T	R	I	C	K	S	D	A	Y	J	D



Blarney Stone
Cabbage
Charms
Clover
Emerald

Gold Coins
Green
Ireland
Legend
Leprechaun

Luck
Pot of Gold
Rainbow
Shamrock
St Patrick's Day

**LEARN CHAIR CANING
& BASKET MAKING
WEDNESDAYS AT 9:30**



Thursdays @ Noon

Sheet sales 10:30-11:30

Lisbon's Longevity Link

Published by
Lisbon Commission on Aging
Lisbon Senior Center
11 Newent Road
Lisbon, CT 06351

Issue March 2023

RETURN SERVICE REQUESTED

«Firstname» «Lastname»
«Address1»
«City», «State» «Zip»

Lisbon Senior Center

Monday – Friday
9:00 am – 3:00 pm
860-376-2329

Board of Selectman

Thomas Sparkman
Robert Browne
William Surfus

Commission on Aging

Lee Szruba, Chairman

Senior Coordinator

Danielle Mauri

Van Driver

Charles Martin

Nutrition Site Server

Kelly Miceli

The **Lisbon Senior Center**'s mission is to be a welcoming setting for socialization, activities, trips, classes and maintaining the health, independence and well-being of active agers.

Transportation is available for Lisbon residents for the following: doctor and dentist appointments; banking; hairdresser or barber; shopping and pharmacy; to the Senior Center, etc. For a ride, call the Senior Center 860-376-2329 as soon as you have your appointment. For all other rides, call Monday of that week to set up a time with our van driver.

Restaurant style, made-to-order lunches are served daily at 11:30 am.

Help is available for paperwork, applications and insurance decisions.

Services are available for maintaining the health, independence and well-being of our town's treasured seniors.

Our **Sunshine Committee** sends cards to those who are enduring a loss or who are ill. Call Pauline 860-889-6637 with the name and address of those who should receive a card.