

NEWSLETTER

WEEKLY ACTIVITIES

March 2023



To be added to our email distribution send message to:

kwashington@lisbonct.com

Newsletter is posted on the Town Hall website lisbonct.com

An up-to-date, complete list of all activities can be found at our senior center combined website:

seniorcenterct.org/lisbon

11:30 Daily Lunch

MONDAYS

Crafting

TUESDAYS

- 9:30 Quilting
- 10:00 Pokeno
- 10:30 Rummikub
- 12:15 Wii Bowling

WEDNESDAYS

- 9:30 Caning, Carving & Basket Making
- 10:00 Pool
- 10:00 2nd Wed_{NEW} TIME Shooting Stars Mtg
- 12:30 Yarn Club

THURSDAYS

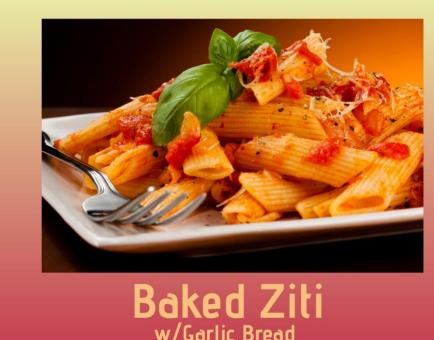
12:00 Bingo-<u>sales</u>
 <u>from 10:30-11:30</u>

FRIDAYS

Various Activities

See Calendar for special events

March 2023				
Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch	2 11:30 Lunch 12:00 Bingo	3 11:30 Lunch 11:30 Bali Village
6 11:30 Lunch 12:00 Crafts	7 9:30 Quilting 10:00 Pokeno 10:30 Rummikub 12:15 Wii Bowling	8 9:30 Chair caning baskets/carving 10:00 Shooting Stars Meeting 10:00 Pool 11:30 Lunch	9 11:30 Lunch 12:00 Bingo	10 11:30 Lunch
13 11:30 Lunch 12:00 Crafts	14 9:30 Quilting 10:00 Pokeno 10:30 Rummikub 11:30 Lunch 12:00 Birthday Cake 12:15 Wii Bowling	15 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch 11:30 Corned Beef & Cabbage	16 11:30 Lunch 12:00 Bingo	17 11:30 Lunch 12:00 Art Class
20 11:15 Hank's Restaurant 11:30 Lunch 12:00 Crafts	9:30 Quilting 10:00 Pokeno 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	9:30 Christmas Tree Shops & Cracker Barrel 9:30 Chair caning baskets/carving 10:00 Pool	23 11:30 Lunch 12:00 Bingo	9:30 AARP Driving Class 11:30 Lunch
27 11:30 Lunch 12:00 Crafts	9:30 Quilting 10:00 Pokeno 10:30 Rummikub 11:30 Baked Ziti 12:15 Wii Bowling	9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch	30 11:30 Lunch 12:00 Bingo	31 11:30 Lunch



w/Garlic Bread Tuesday, March 28th 11

Tuesday, March 28th 11:30 \$5.00



Wed, March 22nd





\$8 for bus Lunch on your own Bus leaves at 9:30am

PAYMENT DUE AT SIGNUP

Call Lisbon Senior Center to sign up 860-376-2329





Call to reserve

860-376-2329



Friday, March 24th 9:30am-2pm \$20 for AARP members \$25 for non-members

Lunch is ordered & paid for upon arrival – served at 11:30



MON, MAR 20TH LEAVING AT 11:15

Choice of:
Potato Crusted Scrod * Roast Turkey
Fried Chicken * Pot Roast
Spaghetti & Meatballs
Liver & Onions * 60z Sirloin Steak
Includes:
Soup, Dessert, Coffee or Tea

\$23 for

bus & meal

Looking a backup bus driver for our trips. Must have a CDL and Passenger Endorsement. Call us at 860-376-

FRI, MARCH 3RD LEAVING AT 11:30

BALI VILLAGE Chinese Restaurant



\$5 for bu

PAINTING Class w/ Jacqui

Friday, March 17th





Create a beautiful Acrylic!!

\$20 - Limit 12 people

LISBON SENIOR CENTER VAN RIDES

860-376-2329



THE SENIOR VAN IS AVAILABLE TO LISBON RESIDENTS AGES 60 AND OVER FOR THE FOLLOWING:

RIDES TO APPOINTMENTS (Doctor, Dentist, Banking, Haircuts, etc.)

Schedule your appointments from 10:15 to 11:00 or 12:15 to 2:15. Call us as soon you have your appointment

SHOPPING AT 10:15 ON FRIDAYS TO WALMART

(Other days/times for other stores can be accommodated upon request)

TO AND FROM THE SENIOR CENTER

Fitness Classes Starting

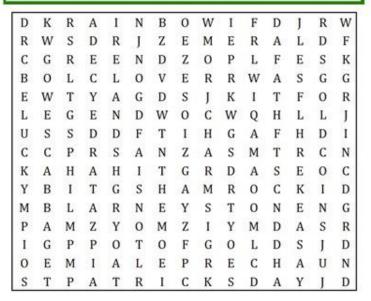


Monday, April 3rd 1:00

> Maximum 10 People Call 860-376-2329 to sign up

Happy St. Patrick's Day







Blarney Stone Cabbage Charms Clover Emerald Gold Coins Green Ireland Legend Leprechaun

Luck Pot of Gold Rainbow Shamrock St Patricks Day

LEARN CHAIR CANING & BASKET MAKING WEDNESDAYS AT 9:30





Lisbon's Longevity Link

Published by Lisbon Commission on Aging Lisbon Senior Center 11 Newent Road Lisbon, CT 06351

Issue March 2023

RETURN SERVICE REQUESTED

«Firstname» «Lastname» «Address1» «City», «State» «Zip»

Lisbon Senior Center

Monday – Friday 9:00 am – 3:00 pm 860-376-2329

Board of Selectman

Thomas Sparkman Robert Browne William Surfus

Commission on Aging Lee Szruba, Chairman

Senior Coordinator
Danielle Mauri

Van Driver Charles Martin

Nutrition Site Server Kelly Miceli The **Lisbon Senior Center**'s mission is to be a welcoming setting for socialization, activities, trips, classes and maintaining the health, independence and well-being of active agers.

Transportation is available for Lisbon residents for the following: doctor and dentist appointments; banking; hairdresser or barber; shopping and pharmacy; to the Senior Center, etc. For a ride, call the Senior Center 860-376-2329 as soon as you have your appointment. For all other rides, call Monday of that week to set up a time with our van driver.

Restaurant style, made-to-order lunches are served daily at 11:30 am.

Help is available for paperwork, applications and insurance decisions.

Services are available for maintaining the health, independence and well-being of our town's treasured seniors.

Our **Sunshine Committee** sends cards to those who are enduring a loss or who are ill. Call Pauline 860-889-6637 with the name and address of those who should receive a card.