



NEWSLETTER

AUGUST 2021

Effective August 2, 2021

WE ARE FULLY OPEN

MON-FRI 9AM-3PM

MASKS RECOMMENDED

REQUIRED IF NOT
VACCINATED

All meals will now be
in-dining only

NEW TIME FOR BINGO
CARDS START SELLING AT 9:30
GAMES BEGIN AT 10:30

SIGN IN AND ORDER LUNCH
AT RECEPTION DESK



To be added to our email distribution send message to:

kwashington@lisbonct.com

Newsletter is posted on the Town Hall website

lisbonct.com

An up-to-date, complete list of all activities can be found at
our senior center combined website:

seniorcenterct.org/lisbon

WEEKLY ACTIVITIES

11:30 Daily Lunch

MONDAYS

- **Crafting**

TUESDAYS

- **9:30 Exercise**
- **9:30 Quilting**
- **10:30 Rummikub**
- **12:15 Wii Bowling**

WEDNESDAYS

- **9:30 Caning,
Carving &
Basket Making**
- **10:00 Pool**
- **12:00 2nd Wed-
Shooting Stars Mtg**
- **12:30 Yarn Club**

THURSDAYS

- **10:30 Bingo-NEW TIME**

FRIDAYS

- **10:00 Pokeno**

**See Calendar for
special events**

August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 7:00pm COA meeting	3	4	5	6	7
8	9	10	11 12:00 Shooting Stars Meeting	12	13	14
15	16	17	18	19 11:30 Lunch Special NO BINGO	20	21
22	23	24	25	26	27	28
29	30	31				



Let's Do LUNCH

EVERY WEEKDAY 11:30 AM



**Call ahead to order
860-376-2329**

**Pay at reception desk
when you arrive**

LUNCH SPECIAL

**Seafood Salad
on a Croissant
w/ Pasta Salad &
Dessert**

Thursday, Aug 19th 11:30



\$5.00

DINE IN ONLY

Call 860-376-2329 to sign up



**If you are unable to leave your home you can start receiving
Meals-on-Wheels.**

Contact TVCCA at 860-934-1006 to get set up

Trip sign up is at the reception desk with a 50% deposit required

UPCOMING TRIPS

**TRIP TO
THE NEW LONDON SENIOR CENTER
FOR A**



HALLOWEEN



Party

Thursday, Oct 28th

Bus leaves at 10:00 am

There will be Bingo—\$.50 per card

Lunch & Entertainment

Wed, Sept 22nd

THE BIG E

Connecticut Day



\$30 Payable to

"The Shooting Stars"

Includes Bus and Ticket

Bus leaves at 8:30

Wii™ Bowling

Tuesdays at 12:15
No experience needed



Thursdays @ 10:30

POKENO



Fridays at 10am
Bring your pennies!



Summer Word Search

B	F	G	P	W	S	C	A	M	P	I	N	G	S	P	X	
A	A	N	R	V	D	L	X	T	C	B	N	B	B	F	O	Q
A	I	R	C	I	W	V	O	X	W	Q	Y	E	B	G	O	H
T	E	R	B	W	L	H	G	I	C	S	A	B	T	J	L	U
G	U	N	C	E	S	L	N	V	N	C	L	Z	E	E	L	N
Z	O	B	Q	O	C	Z	I	O	H	O	Y	C	F	K	I	N
J	Q	I	K	B	N	U	W	N	I	W	I	M	K	W	A	W
E	E	S	J	T	E	D	E	K	G	T	Y	T	Q	H	T	L
N	H	N	T	W	R	B	I	K	R	W	A	R	A	I	N	R
S	T	G	X	A	E	A	G	T	M	A	E	X	U	C	E	M
A	A	K	H	N	O	N	V	A	I	N	P	S	A	L	A	F
P	B	F	G	Z	I	B	E	E	I	O	M	R	C	L	H	V
I	N	Z	X	M	V	R	D	H	L	I	N	I	E	N	E	T
V	U	V	M	X	C	P	S	E	W	I	S	I	A	T	Y	R
R	S	I	F	E	W	N	J	S	E	P	N	E	N	Y	A	J
S	W	V	C	W	U	Y	W	H	O	P	C	G	V	G	J	W
S	C	I	Z	S	I	M	B	P	J	O	S	J	A	S	Y	V

RELAXATION
TRAVELING
HOT
SUNSHINE
POPSICLE

BARBECUE
OCEAN
BEACH
SUNBATHE
GRILLING

VACATION
SWIMSUIT
AIR CONDITIONING
SWIMMING
ICE CREAM

WATER PARK
LAKE
POOL
CAMPING
SPEEDBOAT

www.timvandevall.com

Lisbon's Longevity Link

Published by
Lisbon Commission on Aging
Lisbon Senior Center
11 Newent Road
Lisbon, CT 06351

Issue August 2021

RETURN SERVICE REQUESTED

Lisbon Senior Center

Monday – Friday
9:00 am – 3:00 pm
860-376-2329

Board of Selectman

Thomas Sparkman
Robert Browne
William Surfus

Commission on Aging

Lee Szruba, Chairman

Senior Coordinator

Karen Washington

Van Driver

Charles Martin

Nutrition Site Server

Danielle Mauri

The **Lisbon Senior Center's** mission is to be a welcoming setting for socialization, activities, trips, classes and maintaining the health, independence and well-being of active agers.

Transportation is available for Lisbon residents for the following: doctor and dentist appointments; banking; hairdresser or barber; shopping and pharmacy; to the Senior Center, etc. For a ride, call the Senior Center 860-376-2329 as soon as you have your appointment. For all other rides, call Monday of that week to set up a time with our van driver.

Restaurant style, made-to-order lunches are served daily at 11:30 am.

Help is available for paperwork, applications and insurance decisions.

Services are available for maintaining the health, independence and well-being of our town's treasured seniors.

Our **Sunshine Committee** sends cards to those who are enduring a loss or who are ill. Call Carolyn 860-376-9770 with the name and address of those who should receive a card.