



# NEWSLETTER

April 2022

**ART CLASSES ARE BACK!!!**

## **PAINTING** *Class w/ Jacqui*

**Friday, April 22nd  
at noon**



*Create a  
beautiful  
watercolor!!*

**\$20 - Limit 12 people**

## **WEEKLY ACTIVITIES**

**11:30 Daily Lunch**

### **MONDAYS**

- **Crafting**

### **TUESDAYS**

- **9:30 Quilting**
- **10:30 Rummikub**
- **12:15 Wii Bowling**

### **WEDNESDAYS**

- **9:30 Caning,  
Carving &  
Basket Making**
- **10:00 Pool**
- **12:00 2<sup>nd</sup> Wed-  
Shooting Stars Mtg**
- **12:30 Yarn Club**

### **THURSDAYS**

- **12:00 Bingo**

### **FRIDAYS**

- **10:30 Pokeno**

To be added to our email distribution send  
message to:

[kwashington@lisbonct.com](mailto:kwashington@lisbonct.com)

Newsletter is posted on the Town Hall website



[lisbonct.com](http://lisbonct.com)

An up-to-date, complete list of all activities can be  
found at our senior center combined website:

[seniorcenterct.org/lisbon](http://seniorcenterct.org/lisbon)

**See Calendar for  
special events**

## April 2022

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|--|--|---|--|---|
|  |  |   |  | <b>1</b><br>10:30 Pokeno<br>11:30 Lunch   |
| <b>4</b><br>10:00 Crafts<br>11:30 Lunch<br>12:00 Crafts                                | <b>5</b><br>9:30 Quilting<br>10:30 Rummikub<br><i>11:30 Chop Suey Special</i><br>12:15 Wii Bowling                         | <b>6</b><br>9:30 Chair caning<br>baskets/carving<br>10:00 Pool<br>11:30 Lunch<br><br>12:30 Yarn Club                      | <b>7</b><br>10:30 Rummikub<br>11:30 Lunch<br>12:00 Bingo<br>12:00 Darts  | <b>8</b><br>10:30 Pokeno<br>11:30 Lunch<br><i>12:00 Craft Class</i>   |
| <b>11</b><br>10:00 Crafts<br>11:30 Lunch<br>12:00 Crafts                               | <b>12</b><br>9:30 Quilting<br>10:30 Rummikub<br><i>11:15 Trip to Hank's Restaurant</i><br>11:30 Lunch<br>12:15 Wii Bowling | <b>13</b><br>9:30 Chair caning<br>baskets/carving<br>10:00 Pool<br><i>12:00 Shooting Stars Meeting</i><br>12:30 Yarn Club | <b>14</b><br>10:30 Rummikub<br>11:30 Lunch<br>12:00 Bingo<br>12:00 Darts | <b>15</b><br>  |
| <b>18</b><br><i>10:00-2:00 COVID Vaccination Clinic</i><br>11:30 Lunch<br>12:00 Crafts | <b>19</b><br>9:30 Quilting<br>10:30 Rummikub<br>11:30 Lunch<br>12:15 Wii Bowling   | <b>20</b><br>9:30 Chair caning<br>baskets/carving<br>10:00 Pool<br><i>11:30 Make Your Own Pizza</i><br>12:30 Yarn Club    | <b>21</b><br>10:30 Rummikub<br>11:30 Lunch<br>12:00 Bingo<br>12:00 Darts | <b>22</b><br>10:30 Pokeno<br>11:30 Lunch<br><i>12:00 Art Class</i>  |
| <b>25</b><br>10:00 Crafts<br>11:30 Lunch<br>12:00 Crafts                               | <b>26</b><br>9:30 Quilting<br>10:30 Rummikub<br>11:30 Lunch<br>12:15 Wii Bowling   | <b>27</b><br>9:30 Chair caning<br>baskets/carving<br>10:00 Pool<br>11:30 Lunch<br>12:30 Yarn Club                         | <b>28</b><br>10:30 Rummikub<br>11:30 Lunch<br>12:00 Bingo<br>12:00 Darts | <b>29</b>   |





**Lisbon Senior Center**  
**11 Newent Rd, Lisbon, CT**  
**Free Vaccination Clinic for Ages**  
**Pediatric 5-11 yrs. & 12+ and Adults**  
**APRIL 18, 2022 & MAY 9, 2022**  
**10AM-2PM**

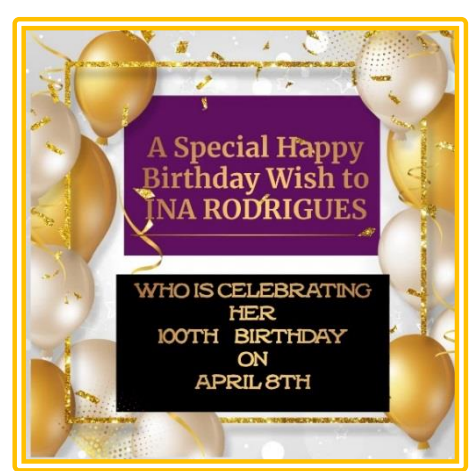
**Offering Boosters Shots for Eligible Individuals**

A vaccination clinic will be at Lisbon Senior Center providing **FREE COVID-19 vaccinations** for children 5-11 yrs. & 12+ & Adults— walk-ins welcome, no appointment required.

Please bring a health insurance card and photo ID if you have them, but it is **not necessary** to have health insurance or ID to receive the vaccine. No one will be turned away for lack of insurance or ID.



Please direct all  
 questions to  
**860-822-3269**



**AMERICAN CHOP SUEY**

Tuesday, April 5<sup>th</sup> 11:30



\$5 w/Bread & Salad

**MAKE YOUR OWN PIZZA**

Wednesday, April 20<sup>th</sup> 10:45



**\$4.00**



**DIY**  
 Crafts

**MAKE YOUR OWN GNOME GARDEN**

**Crafts Class**

**Friday April 8 | Noon - 2:00**

**\$15 - Limit of 6 People**

**All Supplies Included**

**Create! Have Fun! Laugh! and have the cutest Gnome Garden**

**TABLE \$25 RENTAL**

**SATURDAY, MAY 14th 9-2**

**CRAFT FAIR**

**CALL FOR AN APPLICATION TO RENT A TABLE**

**BABY ITEMS, HOLIDAY DECOR, PET ITEMS & MORE!**

**LISBON SENIOR CENTER**  
 11 NEWENT ROAD, LISBON  
**860-376-2329**



Choice of:  
Potato Crusted Scrod  
Roast Turkey Dinner  
Pot Roast Dinner or  
Liver & Onions  
Includes:  
Soup, Dessert, Coffee or Tea

TUESDAY, APR 12<sup>TH</sup>  
LEAVING AT 11:15

**\$23** for  
bus & meal

**THE LISBON SENIOR CENTER IS PLANNING THE FOLLOWING TRIPS**

Wednesday, June 15<sup>th</sup> – “CABARET” at the Goodspeed Opera House \$75

Saturday, July 16<sup>th</sup> – “FOOTLOOSE” at Theatre by the Sea  
plus lunch at Cap’n Jack’s \$109

Friday, August 12<sup>th</sup> – New London Classic Lighthouse Tour \$37

Tuesday, Sept 13<sup>th</sup> – “SOCIAL SECURITY” at Newport Playhouse \$80

Friday, October 7<sup>th</sup> – Essex Steam Train & Riverboat Luncheon \$75

Thursday, Nov 10<sup>th</sup> – “Country Christmas & Veterans Show” at The Log Cabin \$111

Tuesday, Dec 13<sup>th</sup> – “Holiday Fun w/The Cartels” at Aqua Turf \$60

**PLEASE CONTACT US AT 860-376-2329 IF YOU ARE INTERESTED IN ANY OF THESE  
SO WE CAN GET AN IDEA OF THE INTEREST IN ORDER TO SECURE TICKETS!!**



SAVE THE DATE – **THURSDAY, MAY 5<sup>TH</sup> AT 10am** A Cinco de Mayo party  
with special guests from The New London Senior Center  
Taco Bar and Entertainment!!

## TO AND FROM THE SENIOR CENTER

**ASTER**  
**WORD**  
**SEARCH**

|   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|--|--|
|   |   |   | Y | T | L |   |   |   |   |   |   |   |  |  |
|   |   | Y | P | H | S | H | Y |   |   |   |   |   |  |  |
|   |   | H | S | S | A | R | G | E |   |   |   |   |  |  |
|   | Y | R | Y | I | H | I | R | H | Y |   |   |   |  |  |
| H | H | D | R | E | T | S | A | E | H | Q |   |   |  |  |
| U | N | S | P | R | I | N | G | I | R | H |   |   |  |  |
| B | N | I | A | A | L | D | L | A | S | I | R | B |  |  |
| C | T | S | L | C | H | I | C | K | A | S | I | C |  |  |
| J | E | L | L | Y | B | E | A | N | L | A | S | F |  |  |
| R | E | W | O | L | F | B | F | N | R | L | U | A |  |  |
| R | S | T | F | E | A | M | T | E | R | R | N | J |  |  |
| U | A | E | P | P | B | A | S | K | E | T | D | U |  |  |
| T | R | N | B | B | L | L | S | B | P | F | A | O |  |  |
| B | U | N | N | Y | U | S | A | L | E | P | Y | Z |  |  |
| P | U | O | G | S | A | A | R | S | E | B | O | P |  |  |
|   | T | B | N | A | R | P | K | A | P | L | B |   |  |  |
|   | B | S | E | E | K | E | G | G | S | S | L |   |  |  |
|   | A | T | Y | U | E | T | K | R |   |   |   |   |  |  |
|   |   | Y | D | N | A | C | U |   |   |   |   |   |  |  |
|   |   |   | T | B | S | M |   |   |   |   |   |   |  |  |



**Pay at reception desk  
when you arrive**

**Contact TVCCA at 860-934-1006  
to get set up**

## Lisbon's Longevity Link

Published by  
Lisbon Commission on Aging  
Lisbon Senior Center  
11 Newent Road  
Lisbon, CT 06351

Issue April 2022

RETURN SERVICE REQUESTED

«Firstname» «Lastname»  
«Address1»  
«City», «State» «Zip»

### **Lisbon Senior Center**

Monday – Friday  
9:00 am – 3:00 pm  
860-376-2329

#### **Board of Selectman**

Thomas Sparkman  
Robert Browne  
William Surfus

#### **Commission on Aging**

Lee Szruba, Chairman

#### **Senior Coordinator**

Karen Washington

#### **Van Driver**

Charles Martin

#### **Nutrition Site Server**

Danielle Mauri

The **Lisbon Senior Center**'s mission is to be a welcoming setting for socialization, activities, trips, classes and maintaining the health, independence and well-being of active agers.

**Transportation** is available for Lisbon residents for the following: doctor and dentist appointments; banking; hairdresser or barber; shopping and pharmacy; to the Senior Center, etc. For a ride, call the Senior Center 860-376-2329 as soon as you have your appointment. For all other rides, call Monday of that week to set up a time with our van driver.

**Restaurant style, made-to-order lunches are served daily at 11:30 am.**

**Help** is available for paperwork, applications and insurance decisions.

**Services** are available for maintaining the health, independence and well-being of our town's treasured seniors.

Our **Sunshine Committee** sends cards to those who are enduring a loss or who are ill. Call Pauline 860-889-6637 with the name and address of those who should receive a card.