



NEWSLETTER

WEEKLY ACTIVITIES

January 2022

CLUB LISBON 2022



FRI, JAN 14TH
12:00



Entertainment
by John Banker



FREE SHOW
WITH SNACKS

PLEASE SIGN UP FOR
A HEAD COUNT

11:30 Daily Lunch

MONDAYS

- **Crafting**

TUESDAYS

- **9:30 Quilting**
- **10:30 Rummikub**
- **12:15 Wii Bowling**

WEDNESDAYS

- **9:30 Caning,
Carving &
Basket Making**
- **10:00 Pool**
- **12:00 2nd Wed-
Shooting Stars Mtg**
- **12:30 Yarn Club**

THURSDAYS

- **12:00 Bingo**

FRIDAYS

- **10:30 Pokeno**

**See Calendar for
special events**

FOR EVERYONE'S
SAFETY



**FACE MASKS
MANDATORY**

To be added to our email distribution send message to:

kwashington@lisbonct.com





Newsletter is posted on the Town Hall website

lisbonct.com

An up-to-date, complete list of all activities can be found at
our senior center combined website:

seniorcenterct.org/lisbon

January 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3  	4 9:30 Quilting 10:30 Rummikub 11:30 Trip to 99 Restaurant 11:30 Lunch 12:15 Wii Bowling	5 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch 12:30 Yarn Club	6 10:30 Rummikub 11:30 Lunch 12:00 Bingo 12:00 Darts	7 10:30 Pokeno 11:30 Lunch
10 10:00 Crafts 11:30 Lunch 12:00 Crafts	11 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	12 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch 12:00 SHOOTING STARS 12:30 Yarn Club	13 10:30 Rummikub 11:30 Lunch 12:00 Bingo 12:00 Darts	14 10:30 Pokeno 11:30 Lunch 12:00 CLUB LISBON
17  	18 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	19 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch 12:30 Yarn Club	20 8:30 Trip to Foxwoods 9AM – 2PM RED CROSS BLOOD DRIVE	21 10:30 Pokeno 11:30 Lunch Special-Chili
24 10:00 Crafts 11:30 Lunch 12:00 Crafts	25 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	26 9:30 Chair caning baskets/carving 10:00 Pool 11:30 Lunch 12:30 Yarn Club	27 10:30 Rummikub 11:30 Lunch 12:00 Bingo 12:00 Darts	28 10:30 Pokeno 11:30 Lunch
30 10:00 Crafts 11:30 Lunch 12:00 Crafts	31 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling			



donate *blood*
DONATE LIFE



American
Red Cross

**Blood Drive Sponsored
by the
Lion's Club**

Lisbon Senior Center

Held in the Community Room
11 Newent Road
Lisbon, CT 06351

**Thursday, January 20, 2022
9:00 a.m. to 2:00 p.m.**

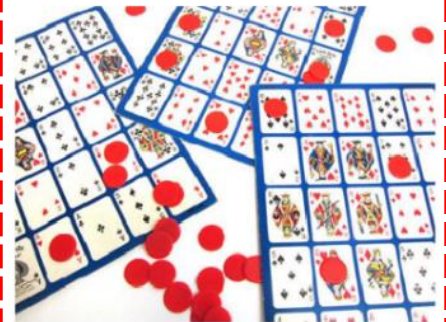
**LEARN CHAIR CANING
& BASKET MAKING
WEDNESDAYS AT 9:30**



**Wii™
Bowling**
Tuesdays at 12:15
No experience needed



POKENO



Fridays at 10:30 am
Bring your pennies!



LENDING LIBRARY

**Pick up a book (or two or three!) to take
home and enjoy. If you have a book to
spare, you're welcome to share ☺**

QUILTING

Tuesdays @ 9:30



Bring your own projects or start a new one.

No experience needed - we are here to help!

CLUB LISBON 2022



FRI, JAN 14TH
12:00



Entertainment
by John Banker



FREE SHOW
WITH SNACKS

PLEASE SIGN UP FOR
A HEAD COUNT

CHILI
w/ Cornbread
FRIDAY, JAN 21
11:30
\$5.00
CALL 860-376-2329 TO SIGN UP



If you are unable
to leave your
home you can
start receiving
Meals-on-
Wheels.

Contact TVCCA
at
860-934-1006
to get set up

TRIPS

Ninety
Nine **99**

RESTAURANT & PUB

TUE, JAN 4TH
LEAVING AT 11:30

\$5 for bus

Payment due by December 28th



FOXWOODS
RESORT ♦ CASINO

Thurs, Jan 20th

Bus leaves Lisbon at 8:30_{am}

Bus leaves casino at 3:00_{pm}

\$5 for Bus

Payment due by Jan 13th

New Year's Word Search

J A N U A R Y F R I E N A C E
 F R I E N D S Y A S R I L A H
 N E Y S E R T I E M O W B L C
 B S I L Y F A E N E I Y A E O
 N O C R N V N V E Y D L B N U
 A L D C L O C K L T I E Y D N
 R U V E W M I D N I G H T A T
 V T O A S T W S N O L Y I R D
 G I A N I N G S E V E U A R O
 C O N F E T T I T M I N G S W
 R N O L C E L E B R A T I O N
 A J A N U E L V E I M K E R A
 Y P A R T Y H A A P Y S E V W
 N E W Y E A R C L O K S O R Y
 S H A P P Y E B A L L R E S O

BABY

BALL

CALENDAR

CELEBRATION

CLOCK

CONFETTI

COUNTDOWN

EVE

FAMILY

FRIENDS

HAPPY

JANUARY

MIDNIGHT

NEW YEAR

NOISEMAKER

PARTY

RESOLUTION

TOAST



CRAYONSANDCRAVINGS.COM

IF OUTDOOR ACTIVITY WEATHER HAS COME TO AN END

Don't let that stop you from staying in shape 😊



REPLACE WITH INDOOR EXERCISE!! WE HAVE A
 TREADMILL, TWO BICYCLES AND A STAIR STEPPER
 FOR USE ANYTIME. STOP BY AND WE WILL SHOW YOU
 HOW TO PROPERLY USE THEM.



Lisbon's Longevity Link

Published by
Lisbon Commission on Aging
Lisbon Senior Center
11 Newent Road
Lisbon, CT 06351

Issue January 2022

RETURN SERVICE REQUESTED

«Firstname» «Lastname»

«Address1»

«City», «State» «Zip»

Lisbon Senior Center

Monday – Friday
9:00 am – 3:00 pm
860-376-2329

Board of Selectman

Thomas Sparkman
Robert Browne
William Surfus

Commission on Aging

Lee Szruba, Chairman

Senior Coordinator

Karen Washington

Van Driver

Charles Martin

Nutrition Site Server

Danielle Mauri

The **Lisbon Senior Center**'s mission is to be a welcoming setting for socialization, activities, trips, classes and maintaining the health, independence and well-being of active agers.

Transportation is available for Lisbon residents for the following: doctor and dentist appointments; banking; hairdresser or barber; shopping and pharmacy; to the Senior Center, etc. For a ride, call the Senior Center 860-376-2329 as soon as you have your appointment. For all other rides, call Monday of that week to set up a time with our van driver.

Restaurant style, made-to-order lunches are served daily at 11:30 am.

Help is available for paperwork, applications and insurance decisions.

Services are available for maintaining the health, independence and well-being of our town's treasured seniors.

Our **Sunshine Committee** sends cards to those who are enduring a loss or who are ill. Call Carolyn 860-376-9770 with the name and address of those who should receive a card.