

LISBON LINK



January 2021

Walk-through Take-out LUNCHEON

Thursday, Jan 21st 11:30

Call 860-376-2329 to sign up

**MASKS & 6' SOCIAL DISTANCE REQUIRED
ENTER THROUGH FRONT DOOR
AND EXIT THROUGH
BACK LIBRARY DOOR**

**Baked Ham * Baked Beans * Coleslaw
Roll * Dessert
\$5.00**

***ORDERS MUST BE PLACED NO LATER THAN
JANUARY 14TH***

We are very excited to announce our new Senior Center mini bus! We now have an 8 passenger with a wheelchair lift vehicle available for rides for all Lisbon residents over 55.

Our new bus is ready to bring you to your doctor appointments, pharmacy, shopping, bank, hair salon and more.

Call us at 860-376-2329 for the details on our hours for rides.



Senior Medicare Patrol Fraud Alert Be alert to COVID-19 Vaccine fraud

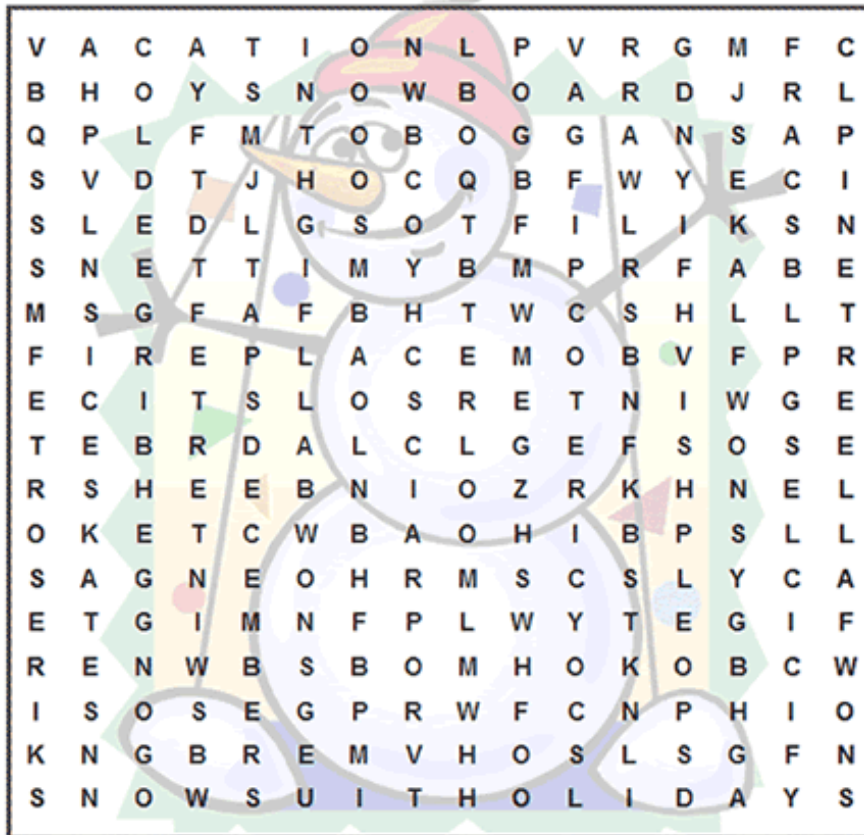
The arrival of the COVID-19 vaccine has been announced and unfortunately scammers will use this as an opportunity to take advantage of people eager to get the vaccine. We don't know what the scam will look like but it's important people are aware that scammers are eager to knock on your door, call your phones, send you emails and pretty much contact you any way possible. The Senior Medicare Patrol (SMP) will release specific information on known scams as they happen, but in the meantime remember these tips to help you avoid vaccine scams.

- You cannot pay to put your name on a list to get the vaccine.
- You cannot pay to get early access to the vaccine.
- No one from Medicare or the Health Department with contact you.
- No one from a vaccine distribution site or health care payer, like a private insurance company, will call you asking for your Social Security number, or your credit card or bank account information to sign you up to get the vaccine.
- Beware of providers offering other products, treatments, or medicines to prevent the virus. Check with your health care provider before paying for or receiving any COVID-19-related treatment.
- If you get a call, text, email — or even someone knocking on your door — claiming they can get you early access to the vaccine, STOP. That's a scam.
- Be wary of where you get your information on the vaccine. Avoid unsolicited communication. For reliable information:
 - You can check out the [State of Connecticut COVID-19 Response Website](#) or
 - You can read the latest [Press Release from Governor Lamont on how the Vaccine will be released](#).
 - See attached Public Service Announcement from the FBI, Office of Inspector General and Center for Medicare and Medicaid Services.

How Can Your Senior Medicare Patrol Help?

Your local SMP is ready to provide you with the information you need to PROTECT yourself from Medicare fraud, errors, and abuse; DETECT potential fraud, errors, and abuse; and REPORT your concerns. SMPs and their trained team members help educate and empower Medicare beneficiaries in the fight against health care fraud. Your SMP can help you with your questions, concerns, or complaints about potential Medicare fraud and abuse issues. It also can provide information and educational presentations. For more information, contact the Senior Medicare Patrol at your local Area Agency on Aging at 1-800-994-9422 or visit <https://portal.ct.gov/ads-smp>.

WINTER HOLIDAY Word Find



Ice
Sled
Snowboard
Toboggan
Ice Skates
Mittens

Ski Lift
Snowman
Ski Slopes
Snowball Fight
Hot Chocolate
Winter Solstice

Fireplace
Snowflakes
December
Ski Resort
Snowsuit
Vacation

Winter
Eggnog
Hockey
Snowmobile
Snow Boots
Frozen

Snowfall
Pine Tree
Icicles
Holiday
Scarf
Cold

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LUNCH

We are here for you for
curbside sandwich
pickup,
Please call in your
order **no later than**
11:00 for 11:30 pickup



If you are unable to
leave your home you
can start receiving
Meals-on-Wheels.

Contact TVCCA at
860-934-1006 to get
set up

**Are you or someone you know in need of medical equipment? We have
many donated items available – free of charge. First come first served:**

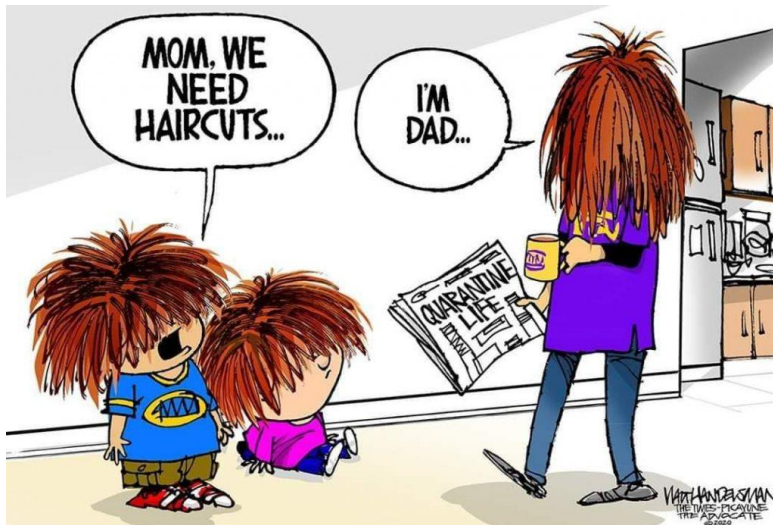
Walkers * Canes * Crutches * Raised Toilet Seats * Bedrails * Shower Seat

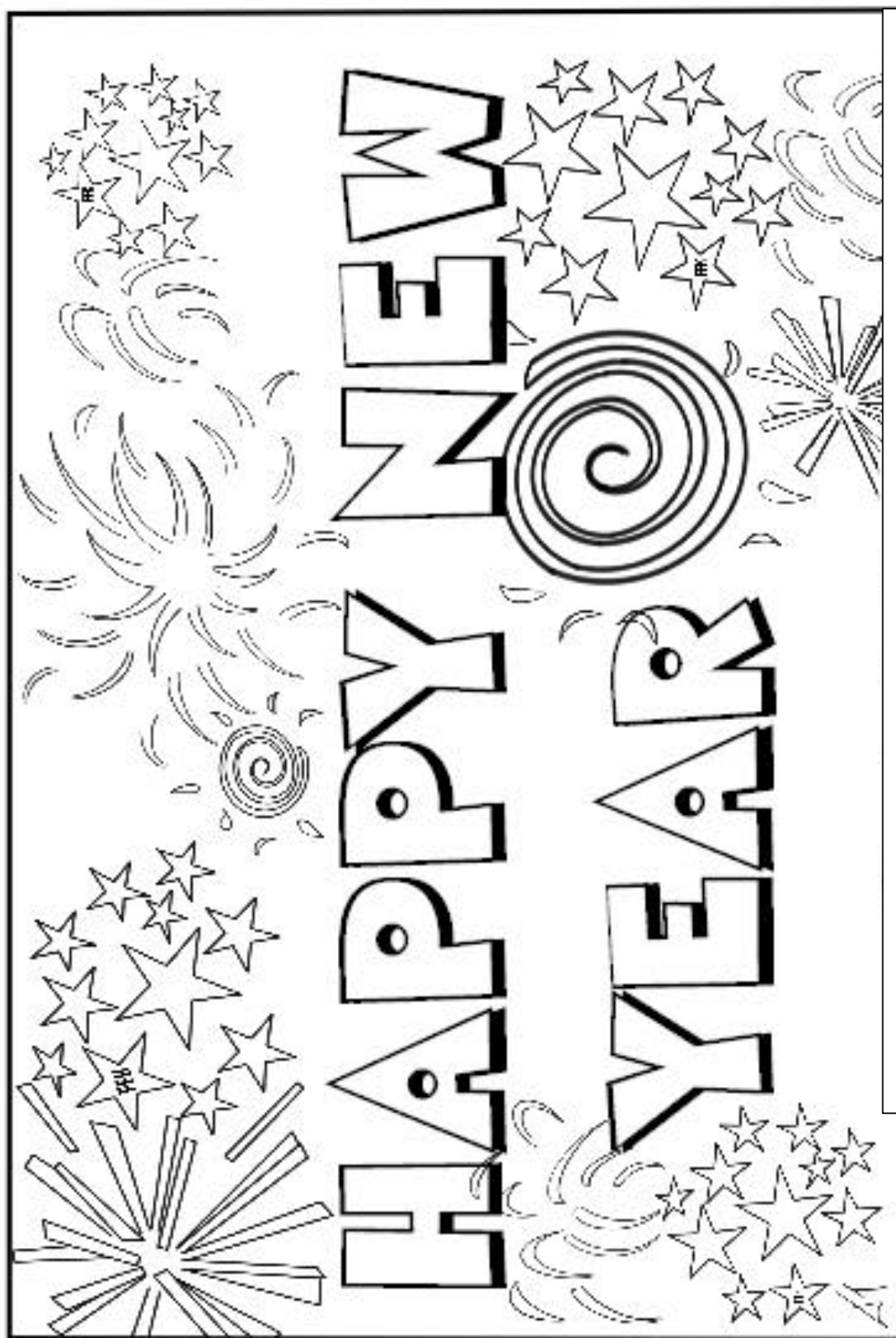
Call 860-376-2329 to inquire

A VERY HAPPY NEW YEAR TO EVERYONE!!

We have all survived a very challenging 2020.

Let's bring in 2021 with a little humor





Lisbon's Longevity Link

Published by
Lisbon Commission on Aging
Lisbon Senior Center
11 Newent Road
Lisbon, CT 06351

January 2021

RETURN SERVICE REQUESTED

Lisbon Senior Center

Mon – Fri
9:00 am – 3:00 pm
860-376-2329

Board of Selectman

Thomas Sparkman
Robert Browne
William Surfus

Commission on Aging

Lee Szruba, Chairman

Senior Coordinator

Karen Washington

Van Driver

Charles Martin

Nutrition Site Server

The **Lisbon Senior Center's** mission is to be a welcoming setting for socialization, activities, trips, classes and maintaining the health, independence and well-being of active agers.

Transportation is available for Lisbon residents for the following: doctor and dentist appointments; banking; hairdresser or barber; shopping and pharmacy; to the Senior Center, etc. For a ride, call the Senior Center 860-376-2329 as soon as you have your appointment. For all other rides, call Mon of that week to set up a time with our van driver.

Restaurant style, made-to-order lunches are served daily at 11:30 am.

Help is available for paperwork, applications and insurance decisions.

Services are available for maintaining the health, independence and well-being of our town's treasured seniors.

Our **Sunshine Committee** sends cards to those who are enduring a loss or who are ill. Call Carolyn 860-376-9770 with the name and address of those who should receive a card.