


The Lisbon Link


December 2019/January 2020



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**American Red Cross**

BE THE LIFELINE PATIENTS NEED.
Give blood.




Blood Drive

Lisbon Senior Center

Held in the Community Room
11 Newent Road
Lisbon, CT 06351

Friday, January 3, 2020
1:00 p.m. to 6:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767)
or visit RedCrossBlood.org and
enter: LSC to schedule an appointment.



Give a gift, get a gift. Come to give Dec. 19-Jan. 5 for an
exclusive Red Cross long-sleeved T-shirt, while supplies
last!

WEEKLY ACTIVITIES

11:30 Daily Lunch

MONDAYS

- **Crafting**

TUESDAYS

- **9:30 Exercise**
- **9:30 Quilting**
- **10:30 Rummikub**
- **12:15 Wii Bowling**

WEDNESDAYS

- **9:30 Caning,
Carving &
Basket Making**
- **12:30 Yarn Club**

THURSDAYS

- **9:30 Exercise**
- **10:30 Rummikub**
- **12:00 Bingo**
- **12:00 Darts**

FRIDAYS

- **10:00 Pokeno**

LUNCH SPECIALS...PAGE 5
TRIPS.....PAGE 6

**See Calendar for
other events**

You may request to be put on our email distribution by
emailing:

kwashington@lisbonct.com



Newsletter is posted on the Town Hall website

lisbonct.com

An up-to-date, complete list of all activities can be
found at our senior center combined website:

seniorcenterct.org/lisbon

December 2020

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10:00 Crafts 11:30 Lunch 12:00 Crafts 7:00 COA		3 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	4 9:30 Chair caning baskets/carving 11:30 Lunch 12:30 Yarn Club	5 9:30 Exercise 10:00 Blowout Bingo 10:30 Rummikub 11:30 Lunch 12:00 Darts	6 9:00 Hairdresser 10:00 Pokeno 11:30 Lunch 6-8pm Family Paint Night
9 9:30 Trip to Log Cabin 10:00 Crafts 11:30 Lunch 12:00 Crafts		10 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:00 Birthday Cake 12:15 Wii Bowling	11 9:30 Chair caning baskets/carving 11:30 Lunch 12:00 Nutritional Bingo 12:30 Shooting Stars 12:30 Yarn Club	12 9:30 Exercise 10:30 Rummikub 11:30 Holiday Luncheon 12:00 Darts	13 10:00 Pokeno 11:30 Lunch 12:00 Movie
16 10:00 Crafts 11:30 Lunch 12:00 Crafts 12:30 Trip to Yankee Candle		17 9:30 Exercise 9:30 Quilting 10:30 Rummikub 10:30 LCS Craft Sale 11:30 Lunch 12:15 Wii Bowling	18 9:30 Chair caning baskets/carving 10:00 BP Clinic 10:30 LSC Craft Sale 11:30 Lunch 12:30 Yarn Club	19 9:30 Exercise 10:30 Rummikub 11:30 Lunch 12:00 Bingo 12:00 Darts	20 9:00 Winter Breakfast 9:00 Hairdresser 10:00 Pokeno 11:30 Lunch 12:00 Art Class
22 9:30 Trip to Newport Playhouse	23 10:00 Crafts 11:30 Lunch 12:00 Crafts	24 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	25 		26 
30 10:00 Crafts 11:30 Lunch 12:00 Crafts		31 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling			27 10:00 Pokeno 11:30 Lunch

January 2020



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		 1	2 9:30 Exercise 10:30 Rummikub 11:30 Lunch 12:00 Bingo 12:00 Darts	3 <i>9:00 Hairdresser</i> 10:00 Pokeno <i>11:00-6:00 Blood Drive</i> 11:30 Lunch <i>6-8pm Family Paint Night</i>
6 10:00 Crafts 11:30 Lunch 12:00 Crafts 7:00 COA	7 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	8 <i>9:00 Foot Clinic</i> 9:30 Chair caning baskets/carving 11:30 Lunch 12:30 Yarn Club	9 9:30 Exercise 10:30 Rummikub 11:30 Lunch 12:00 Bingo 12:00 Darts	10 10:00 Pokeno 11:30 Lunch <i>12:00 Movie</i>
13 10:00 Crafts <i>11:00 Trip to Longhorn</i> 11:30 Lunch 12:00 Crafts	14 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch <i>12:00 Club Lisbon</i>	15 9:30 Chair caning baskets/carving 11:30 Lunch <i>10:00 BP Clinic</i> <i>12:00 Shooting Stars</i> 12:30 Yarn Club	16 9:30 Exercise 10:30 Rummikub 11:30 Lunch <i>12:00 Birthday Cake</i> 12:00 Bingo 12:00 Darts	17 <i>9:00 Hairdresser</i> 10:00 Pokeno 11:30 Lunch <i>12:00 Art Class</i>
 20	21 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	22 9:30 Chair caning baskets/carving <i>11:30 Shepherd Pie Special</i> 12:30 Yarn Club	23 9:30 Exercise 10:30 Rummikub 11:30 Lunch 12:00 Bingo 12:00 Darts	24 10:00 Pokeno <i>11:00 Trip to Applebee's</i> 11:30 Lunch
27 10:00 Crafts 11:30 Lunch 12:00 Crafts	28 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	29 9:30 Chair caning baskets/carving 11:30 Lunch 12:30 Yarn Club	30 9:30 Exercise 10:30 Rummikub 11:30 Lunch 12:00 Bingo 12:00 Darts	31 10:00 Pokeno <i>11:30 Meatloaf Special</i>

TOYS FOR TOTS



U.S. MARINE CORPS RESERVE

Collecting new unwrapped toys until December 19th

**Every 3rd WED
10:00 – 12:00**



**Van availability
Mon-Fri for
Medical
Appointments,
Pharmacy,
Shopping, to and
from the Sr.
Center, etc.**

**Call 860-376-2329
to arrange a ride**

Wednesday, Jan 8th

9am-12pm

FOOT HEALTH CENTER

Dr. Thomas H. Walter, D.P.M

OPENINGS AVAILABLE

Call for appointment

860-376-2329

Bring insurance cards & photo ID. Most insurances accepted (no Title 19 or Husky). Co-pays & deductibles apply. House calls available for housebound patients. If non-covered: cost is \$45 for initial visit and \$35 for follow up visits.



Presents



Nutritional Bingo!!

Wednesday, Dec 11th

@ Lisbon Senior Center

Free to play – Min. 10 games

Goodie bags and snacks!!

12:00pm

Must stay for Shooting Stars Meeting

**VOLUNTEER
SIGN-UP**

**Christmas
Craft Sale**

@ Lisbon Central School

**HELP THE CHILDREN
BUY GIFTS FOR THEIR FAMILIES!!**

Tuesday, December 17th

Wednesday, December 18th



LUNCH SERVED DAILY

11:30 (order by 11:15) or call ahead!

Sandwiches • Salads • Homemade Soup

*** Weekly Specials***

Winter BREAKFAST

Friday, Dec 20th 9am

Breakfast Casserole w/
Sausage & Hash Browns



w/Fresh fruit &
Cinnamon muffins
\$3



CLUB- LISBON 2020



TUES, JAN 14TH
12:00

Entertainment by Jose Paulo



FREE SHOW WITH SNACKS
PLEASE SIGN-UP FOR A HEAD-COUNT

SHEPHERD PIE

Wed, January 22nd 11:30



\$3.00

MEATLOAF

Friday, January 31st 11:30



\$3.00

50% MINIMUM DUE TO HOLD SEAT - Full payment 2 weeks prior

Lisbon Seniors presents...

"Carpenter's Remembered Christmas"

at the lovely Log Cabin, Holyoke, MA

Monday, December 9, 2019

"Merry Christmas Darling" with the Carpenters Remembered is the definitive concert show celebrating a mix of their Christmas songs and classic ballads of one of the most successful recording acts of all time. Starring Michelle Berting Brett who is accompanied by a live, 4-piece Nashville band, the show re-creates the Carpenters' original sound. Experience an intimate behind-the-scenes portrait of the pop music phenomenon that defined an era, and sing along with hits that include "Close to You", "Yesterday Once More", "Rainy Days & Mondays", and many Christmas Classics as well!

Package Includes:

- Roundtrip Motor Coach
- Elegant Family Style Luncheon at the beautifully decorated Log Cabin
- The Carpenters Christmas Show
- Meal Taxes and Gratuities

\$88 Per Person
BOOK EARLY!

For Reservations:
Karen
860-376-2329



For Reservations:
Departs 9:30 a.m.
Lisbon Senior Center
Returns 4:45 p.m.



Family Style Luncheon
Homemade Soup
Chicken Florentine
&
Baked Scrod
Rolls & Butter
Vegetable & Potato
Dessert - Coffee & Tea



YANKEE CANDLE FOREST PARK CRACKER BARREL

Monday, December 16th

Leaving at 12:30

\$15 for Bus



NEWPORT PLAYHOUSE

w/buffet lunch & cabaret



Christmas Eve is tough for private investigator Cactus O'Riley, a white-hot redhead with the holiday blues. She is trying to lure her secretary Fred away from his protective mother, dodging the affections of Deputy D.A. Windsor, and considering closing her business. She doesn't need the added aggravation of two fugitives who burst into her office looking for justice and a dead detective named Jake Marley. Cactus also doesn't need Fred's mother, who arrives to take Fred home but decides to stay because she thinks this is the Christmas murder mystery party she has always dreamed of attending. Christmas turns into a Dickens of a holiday for Cactus as she solves mysteries, delivers small miracles and takes a second chance on love and sleuthing.

SUNDAY, DEC 22ND

\$70 includes bus, meal & show
Bus leaves at 9:30



& shopping time at mall

MON, JAN 13TH

LEAVING AT 11:00

\$5 for bus



FRI, JAN 31ST LEAVING AT 11:00

\$5 for bus

**LEARN CHAIR CANING
& BASKET MAKING
WEDNESDAYS AT 9:30**



Second Friday MOVIES @ NOON

DEC 13th



JAN 8th



**LOOKING FOR DARTS PLAYERS!
NO EXPERIENCE NECESSARY
JOIN US THURSDAYS AT 12:00**



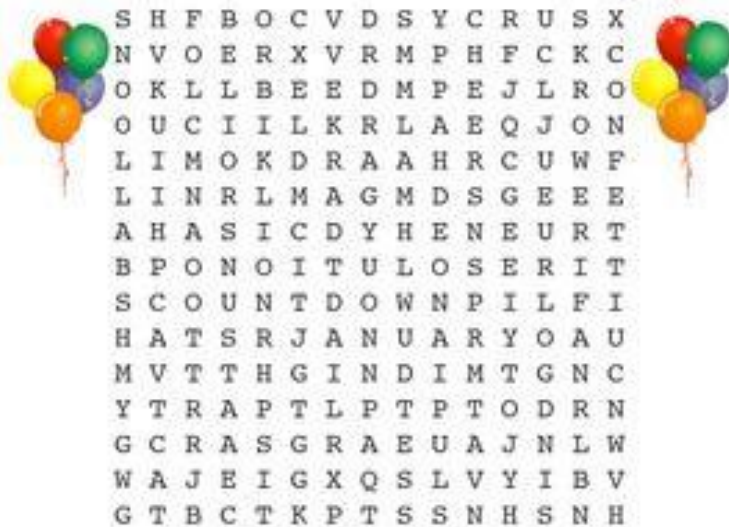
Thursdays @ Noon

POKENO



Fridays at 10am
Bring your pennies!

It's a NEW Year!



- | | | |
|--------------|-------------|--------------|
| ☐ BALLOONS | ☐ BEST | ☐ CALENDAR |
| ☐ CHEERS | ☐ CLOCK | ☐ CONFETTI |
| ☐ COUNTDOWN | ☐ FIREWORKS | ☐ GOALS |
| ☐ HAPPY | ☐ HATS | ☐ HOLIDAY |
| ☐ HOURGLASS | ☐ JANUARY | ☐ MIDNIGHT |
| ☐ NOISEMAKER | ☐ PARTY | ☐ RESOLUTION |
| ☐ SPARKLERS | | |

PAINT NIGHT

w/ Nicole

FRIDAY
DEC 6

Lisbon Senior Center
6:00-8:00pm
\$15 Adults / \$10 12 & under



Space is limited — Call 860-376-2329 to reserve a spot

Lisbon's Longevity Lin

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Lisbon Commission on Aging
Lisbon Senior Center
11 Newent Road
Lisbon, CT 06351

Issue December 2019/January 2020

RETURN SERVICE REQUESTED

Lisbon Senior Center

Monday – Friday
9:00 am – 3:00 pm
860-376-2329

Board of Selectman

Thomas Sparkman
Robert Browne
William Surfus

Commission on Aging

Lee Szruba, Chairman

Senior Coordinator

Karen Washington

Van Driver

Donna Gahrman

Nutrition Site Server

Glenda White

The **Lisbon Senior Center's** mission is to be a welcoming setting for socialization, activities, trips, classes and maintaining the health, independence and well-being of active agers.

Transportation is available for Lisbon residents for the following: doctor and dentist appointments; banking; hairdresser or barber; shopping and pharmacy; to the Senior Center, etc. For a ride, call the Senior Center 860-376-2329 as soon as you have your appointment. For all other rides, call Monday of that week to set up a time with our van driver.

Restaurant style, made-to-order lunches are served daily at 11:30 am.

Help is available for paperwork, applications and insurance decisions.

Services are available for maintaining the health, independence and well-being of our town's treasured seniors.

Our **Sunshine Committee** sends cards to those who are enduring a loss or who are ill. Call Carolyn 860-376-9770 with the name and address of those who should receive a card.