



The Lisbon Quarterly

A Newsletter for Lisbon Residents

Selectman's Office

After a long year battling with Covid19 restrictions, the Lisbon Town Hall and Senior Center will finally be opening to the Public again as of June 1st. The Community Center has opened its doors to events as of May 1st. At this point, however, visits to all Town offices and the Senior Center are by appointment only.

To make an appointment with the First Selectman's Office, Tax Collector's Office, Building Inspector's Office, Tax Assessor's Office, or Clerk to the Boards, please call **860-376-3400**. To make an appointment with the Town Clerk's Office, please call **860-376-2708**. Further information about the Senior Center may be found in this newsletter; information on renting the Community Center may be found at: <https://www.lisbonct.com/lisbon-fall-festival-committee>

Town Hall Office hours:

Monday through Thursday, 9:00 AM to 3:00 PM
Wednesdays 6:00 PM – 8:00 PM
Fridays 9:00 AM to 1:00 PM

Appointments will be made according to availability in each office.

Please Note: Anyone entering the building **MUST** wear a mask until further notice.

In-Person Meetings:

All Board Meetings will be held In-Person at the Town Hall unless otherwise noted. Masks **MUST** be worn by Board members, Applicants and Public at all times during the meeting.

Town Commissions, Committees and Boards

Many of our Boards have openings for members and alternate members. Visit the Town website at www.lisbonct.com, click on the Board that interests you, and if there is a vacancy, it will be listed on that Board's page.

The following Boards currently have vacancies:

- *Conservation Commission*
- *Recreation Committee*
- *WPCA*
- *Board of Finance*
- *Farmers' Market Committee*
- *Planning and Zoning Commission*
- *Zoning Board of Appeals*
- *Water Pollution Control Authority*

Send in your letter of intent to the First Selectman's Office: tsparkman@lisbonct.com.

Lisbon Quarterly Newsletter is available on-line at www.lisbonct.com.

Town Clerk's Corner

June is Dog License Renewal Month!!!

By Laurie Tirocchi, Town Clerk

As a resident of Connecticut, it is the law to license your dog yearly through the Town Clerk's office of the Town in which you reside beginning as soon as the dog has reached the age of 6 months. Newly obtained dogs must be licensed within 30 days of new ownership. In order to license a dog, proof of a current rabies vaccination with expiration date is required and if applicable proof of the dog being spayed or neutered. The fee to register a dog is \$8.00 for a neutered/spayed dog and \$19.00 for an unaltered dog. Please include a copy of any updated rabies certificate, if required. If you have a new dog, please send the dog license form with the necessary supporting documents and payment (the form may be found <https://www.lisbonct.com/town-clerk/pages/dog-licenses>). Dog licenses expire on June 30th of each year. Therefore, license renewals occur yearly in the month of June. If a dog is not registered in a timely fashion, there is a statutory fee of \$1.00 per month assessed beginning July 1st.

If you have any questions about registering your dog, please contact the Town Clerk's Office at 860-376-2708.

Dog License Forms may be found online at:

www.lisbonct.com/town-clerk/pages/dog-licenses

Due to the Coronavirus (COVID-19) Pandemic, dog licenses will only be renewed by mail or drop box for the 2021/2022 dog year. All dog tags and licenses will be mailed to you.



Original artwork by Lisbon resident, Nicole Kuhn.

DTC

The **Lisbon Democratic Town Committee** is seeking up to five members to join their committee. They meet the 4th Thursday of most months at 7:00 PM at Lisbon Town Hall. If you would like to get involved, please contact Chairman Jason Lebel at 860-601-8233 or by email: jlebellisbon@gmail.com.

RTC

The **Lisbon Republican Town Committee** meets the 2nd Tuesday of most months. They are actively seeking members & candidates for several town Boards and positions. If you would like to get involved on a local level, contact Susan Hull, RTC Chairman, by email: susanhms@comcast.net or by phone: 860-376-0774.

Assessor's Office

REVALUATION

The Town of Lisbon is undergoing a State mandated revaluation of all real estate parcels, which will be effective for the October 1, 2021 Grand List. We have contracted with Vision Government Solutions to assist the Assessor's Office with this project. Your cooperation is greatly appreciated.

Pursuant to Connecticut State Law, every municipality must complete a town-wide revaluation every five (5) years. A revaluation determines the current fair market value of all real estate in town, both commercial and residential. It equalizes the values of all properties for the purpose of a fair distribution of the tax burden.

Employees of Vision Government Solutions are currently collecting data and performing field reviews in Lisbon. All Vision employees are wearing identification. If you have any questions regarding these employees, please do not hesitate to contact the CT State Police Troop E at 860-848-6500 or the Assessor's office at 860-376-5115 for further confirmation.

A detailed explanation of the revaluation process, as well as answers to frequently asked questions, may be found on the Vision Government Solutions website at www.vgsi.com

RENTER'S REBATES

Senior or disabled low-income renters may be eligible for a partial rebate of rent and utility bills, excluding telephone and cable. The filing period is April 1 through October 1.

PROPERTY TAX EXEMPTIONS FOR BLIND OR TOTALLY DISABLED PERSONS

Connecticut law provides for a \$3,000 assessment exemption for taxpayers who are legally blind. Proof of the blindness (certification by a qualified medical practitioner) must be presented to the Assessor prior to October 1 in order for the exemption to be applied to that assessment year's tax bill.

Connecticut law also provides for a \$1,000 exemption for totally disabled persons who are receiving benefits under a federal, state or local retirement plan, which contains requirements comparable to those of the Social Security Administration. Proof of disability must be presented to the Assessor prior to October 1 in order for the exemption to be applied to that assessment year's taxes.

Applications for the Renter's Rebate, Blind or Totally Disabled Persons are available at the Assessor's Office. Please call 860-376-5115 or email assessor@lisbonct.com for more information.

Gail Gwiazdowski, CCMA I
Lisbon Assessor

WPCA

The Water Pollution Control Authority is in need of a volunteer to work as part of a team to ensure the continued effective management of the physical and financial resources of the town's two sewer districts. The Rt 12 district serves retail and business customers in the area around the Interstate 395 Exit 21 interchange and a smaller district on the western side of town abutting the Versailles village section of Sprague serves residential customers. Meetings are held on the first Thursday of each month at 7 pm. Contact WPCA Chairman Kenneth Robb at wpca@lisbonct.com for additional information.

Slater Library News

Slater Library is open! Our Main Level is open via our front entrance for browsing and computer use and our Children's department is open by appointment only for adults and school-aged children. Call the library @ (860) 376-0024 to make an appointment!

Take and Make Crafts are available to be picked up during library hours.

Summer 2021 @ Slater Library!

'Tails and Tales' Summer Fun Program beginning June 21st. Programs include:

- Denison Pequotsepos Nature Center Visits
- Lego League
- Outdoor Arts and Crafts
- 4-H Farm Tails STEM Program

Stories and Origami

Check our website @ <https://sites.google.com/site/slaterlibrary/> for details. All programs will be outdoors or virtual.

Simply Creative with Chef Rob

Join Chef Rob for fun cooking classes for all ages! Stop by Slater Library to pick up recipes in advance of the Facebook Live classes. Sponsored by Friends of Slater Library.

Upcoming classes on June 16th, July 13th, August 23rd.

Conservation Commission

The Conservation Commission has an immediate vacancy for an alternate member. The Conservation Commission oversees enforcement of local and state regulations designed to protect the quality of the town's wetlands and watercourses such as streams, brooks and rivers. The Commission and its enforcement officer additionally seek to educate residents on the appropriate way to conduct activities in these wetlands and watercourses as well as within the surrounding 100 ft area. Meetings are held monthly on the third Tuesday of each month at 7 pm with periodic field walks to examine the sites of proposed activities that have the potential to affect wetlands and watercourses. Contact Chairman Rick Hamel at rhamel@lisbonct.com for additional information.

Senior Center

By Karen Washington, Senior Center Coordinator

The Senior Center will be opening by appointment only beginning June 1st. We are here for you if you need assistance. Contact us at 860-376-2329, M-F, 9-3.

We have volunteers who can run errands for you. If you are looking for activities we have items we can offer you such as puzzles, yarn and needles, and donated library books, to name a few. If you are unable to leave your home you can receive Meals-on-Wheels. Contact TVCCA at 860-934-1006 to get set up.

We will be having the following walk-through take-out meals:

- June 17th – Hot dog on a roll/potato salad/dessert \$5
- July 15th – Pulled pork/coleslaw/dessert \$5
- August 19th – Seafood salad on a croissant/pasta salad/dessert \$5

Call 860-376-2329 to sign up – cutoff dates are one week before event. Masks and social distancing required.

If you would like to be on our list to receive the Senior Center newsletter, The Lisbon Link, by email, please send your email address to:
kwashington@lisbonct.com

Special News Bulletin Lisbon Senior Center Reopening



Effective June 1, 2021

Mon, Tues, Wed, Fri 9am-1pm

BY RESERVATION ONLY

RULES FOR VISITING CENTER

Call **860-376-2329** for reservation with time and purpose of visit

Use hand sanitizer & wear mask upon entering

Sign in **AND** sign out with receptionist

Place lunch order and pay with receptionist—max 8 people

RULES FOR ACTIVITIES

QUILTERS-Tuesday 9am—One person per table—max 8 people

CHAIR CANING/BASKET MAKING-Wednesday 9am—One person per table. Max 8 people

Wii BOWLING-Friday 10am - One person at a time bowls.

Controllers disinfected after use. Max 8 people

POOL PLAYING - Pool cues and balls disinfected after use.

Max 2 people per table

LUNCH—Max 4 people per double tables.

Remove mask only when eating.

Monthly specials will continue to be take out only

**OTHER ACTIVITIES WILL RESUME WHEN THEY CAN BE
DONE IN A SAFE MANNER**

From The History Books

The History of Medicine in our Town

By Marcia Shafer, Lisbon Town Historian

If you are a history buff, you likely read historical novels or watch movies with historical plots. Here is a run-down of medical terms and conditions you may come across, with their contemporary descriptions:

- Ablepsy = Blindness.
- Apoplexy = Stroke or a cerebral hemorrhage/bleed
- Barrel Fever = Alcohol poisoning
- Biliousness = Jaundice
- Black Gog = Depression
- Blood Poisoning = Sepsis or Septicemia
- Bone Shave = Sciatica (sciatic nerve inflammation)
- Brain Fever = Meningitis
- Bright's Disease = Kidney failure
- Canine Madness or Hydrophobia = Rabies
- Canker Sore (of the lip or mouth) = Herpes Simplex
- Catarrh = Nasal Congestion and Runny Nose
- Change of Life = Puberty and/or Menopause
- Child Bed Fever, Puerperal Fever, or Metritis = Puerperal Fever ("puerperal" means "childbearing")
- Chilblain = Swelling of extremities caused by exposure to cold
- Colic = Colic (abdominal pain and cramping)
- Congestive Fever = Malaria (caused by a mosquito bite)
- Consumption, Wasting Disease, or Lung Sickness = Tuberculosis
- Convulsions, Falling Sickness, or Jackson's March = Epilepsy
- Dropsy or "Swollen with water" = Congestive heart failure
- Dropsy of Brain = Encephalitis (caused by a bacteria or virus)
- Fatty Liver = Cirrhosis of the Liver (commonly from excessive alcohol intake)
- Green Sickness or Green Fever = Anemia (blood loss anemia)
- Grip or Le Grippe = Flu or Influenza
- Infantile Paralysis = Polio
- Jail Fever or Camp Fever = Typhus or Typhoid Fever (caused by Salmonella bacteria)
- Lockjaw (difficulty opening or closing jaws) = Tetanus
- Lumbago = Back pain (occasionally still used today)
- Mad Cow Disease = Creutzfeldt-Jakob Disease (caused by eating infected beef)
- Melancholia = Severe Depression or Sadness
- Mania or Acute Mania = Mental Illness or Dementia
- Milk Leg = Blood clots in a woman's legs developed after delivery of a child
- Mortification = Gangrene (death of an organ or tissue)
- Nostalgia = Homesickness
- Pest House = Isolation home or Quarantine home
- Quincy = Tonsillitis
- Rheumatism = Arthritis
- Scarlet Fever = bacterial infection of the skin and throat from a Strep bacterium
- Scrivener's Palsy = Writer's Cramp
- Shaking or Tremors = Parkinson's Disease.
- Ship's Fever or Leprosy = Hansen's Disease (caused by a bacteria)
- Softening of the Brain = Dementia or Alzheimer's Disease
- Saint Anthony's Fire = Erysipelas (a contagious skin disease)
- Saint Vitus Dance = Huntington's Disease (a genetic disorder that causes the progressive breakdown of nerve cells in the brain)
- Uncontrolled Tremors or Palsy = Paralysis
- Went Under = Anesthesia
- White Fever = Pneumonia

I located many of these terms while I was collecting information for this article and I knew a few from my days as a nurse. There are many more that you can find on the internet if you look under old medical diagnosis or history of medicine.



The Lisbon Farmer's Market is here!

**Opening Day:
Thursday, June 17th**

Market is every Thursday, 3:30 PM to 6:30 PM from June 17th to September 16th and will be located by "The Barn" at Lisbon Meadows Park, Route 169. New and returning vendors this season include:

18th Century Purity Farm; Blue Hill Too Farm; B-Z-B Farm; Freak of Nature Soaps; Johnny B Good Garlic; Rolling Pin Bakery; Rural Heritage; Swampy Acres Farm

Entertainment includes:

Willie T & Doctor X (July 29th)

We are looking forward to seeing everyone at the market!

- Jenny Danburg, Secretary

www.lisbonct.com/farmers-market



LISBON HISTORICAL SOCIETY

CONNECTICUT

Lisbon Historical Society Quarterly Notes

By Kim Sperry

On April 18, 2021, the Lisbon Historical Society suffered a heartbreaking loss with the passing of Albina Frederick, a lifelong resident and longtime Society member, at the age of 97. Albina's volunteer contributions over the decades set the standard for the rest of the membership. She devoted endless hours to bake sale fundraisers, staffed the Bishop House, gave tours, provided research and her famous baked beans. Most importantly, Albina participated in an oral history video produced by Ken Mahler recounting her life before electricity in the 1920s and 30s and the impact of the modern conveniences that followed. Although retired from active membership, the Lisbon Historical Society deemed Albina's influence was so significant that in May of 2016 we acknowledged her with Lifetime Honorary Membership.

Burnham Tavern Update. The wood ordered for the slats across the rafters on which the wood shingles are nailed is delayed once again this time due to a breakdown of equipment at the mill. The carpentry team is now scheduled to begin work on the rear Burnham Tavern roof later this month,

John Bishop House Update. The museum remains closed due to Covid restrictions, but we are looking forward to reopening in the near future. Work on the grounds continues with the replanting of the herb garden and the annual Three Sisters garden behind the picket fence.

Cans and Bottles Update. Donations since the start of FY 2020-21 are healthy due to Covid restrictions on local consumer redemption sites. Although the state legislature is considering adding new products to the redemption stream, Gatorade, Snapple, tea beverages, wine bottles, plastic milk jugs, Poland Springs water bottles with the red strip around the label, and all others not marked CT are not redeemable and should be recycled in blue bins on trash day. Additionally, it is impossible for the bar code readers at the redemption centers to process crushed aluminum cans and plastic bottles. We do our best to pop bottles back in to shape but those we cannot, and the crushed cans, subsequently end up in the recycling

bins and over the year that amounts to a lot of lost nickels. Many thanks go out to contributors to our can and bottle redemption program.

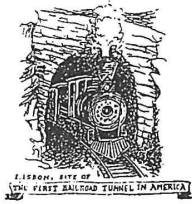
In addition to can and bottle donations, we are now an Amazon Smile Charity. Amazon donates 0.5% of the price of your eligible AmazonSmile purchases, click the link <https://smile.amazon.com/ch/51-0197314> or go to Smile.Amazon.Com.

Wanted: New Members! The Lisbon Historical Society's success is contingent upon the dedication of our members. We are a 501(c) 3 nonprofit volunteer organization; part of our mission is to promote an interest and foster appreciation of the rich history and culture of the town of Lisbon, and we are stewards of three important town owned properties. New members learn and teach open hearth cooking and 19th century living at the John Bishop House Museum. Burnham Tavern provides an education in restoration and 18th century tavern life. At \$5.00 a year, membership dues make it possible for everyone to sign on. We continue to meet monthly via Zoom, call President Paula Adams at 860-887-8052 to talk membership.

Trail Committee

By Joe Lewerk, Chairman

The Trail Committee spent the spring maintaining and improving the Burnham Tavern Trails. We were fortunate that the Lisbon Centennial Lions Club assisted with clean up along Kimball Rd and North Burnham Highway, collecting 14 bags worth of trash. Trail Committee volunteers also improved the middle trail, laying down donated wood chips to smooth the rough patches and those areas that tend to get muddy. You may also notice pink flags and activity in the area between the parking area at 62 Kimball Rd leading to the wooded area opposite Kimball Heights Lane. A new trail is in the works that will wind its way through the forest, roughly parallel to Kimball Rd to a point opposite Kimball Heights Ln. This portion of the property is thick with mountain laurel and princess pine carpeting the forest floor. From there the new trail will proceed north along the stone walls bordering the farm fields of the Burnham Tavern, finishing at the Strawberry Fields end of the middle trail. The new trail will add about a half mile to the trail network, providing a view of the seasonally changing fields and pastures as well as the Tavern. The parking area and trails are open from dawn to dusk for passive recreation (no motorized vehicles). Please remember to take out what you bring in to include pet waste and enjoy this precious town resource.

**TOWN OF LISBON**

INCORPORATED 1786

BOARD OF SELECTMEN

1 NEWENT ROAD
LISBON, CONN. 06351-2926
TEL. (860) 376-3400
FAX. (860) 376-6545

**Town of Lisbon
Spring Clean-up*****Observations and Guidelines***

For many years, the Town of Lisbon has offered a town-wide spring clean-up for its households in the early summer. Lisbon residents have greatly appreciated this service as it offers a convenient means of disposing bulky items not normally accepted by their trash hauler.

In recent years, however, Lisbon's Spring Clean-up program, the intent of which is to provide the opportunity for households to dispose of items such as an old couch or a tire, has been abused. Residents are placing out quantities far in excess of acceptable numbers; bringing home items from commercial businesses; and bringing home out-of-town items for disposal here in Lisbon. This program is not designed as a means to dispose of so many items.

Therefore, the following requirements will be strictly enforced (see page 2):

Spring Clean-up Guidelines

TIRES: Limit of four (4) per household. Tires over this limit will not be removed. Empire Tire in Plainfield will accept scrap tires (for a fee).

TIRES with Rims: Tires on rims cannot be accepted and will not be picked up.

Excessive Quantities: Lisbon households have been placing out quantities far in excess of what one (1) household would normally produce. For example, a single household does not produce 2 or more couches, year after year. When such quantities are observed, it is believed that the material is coming from other towns. This practice drives costs up, making it harder for the Town to cover costs each year.

Propane Tanks: Lisbon does not accept propane tanks, including home BBQ tanks. These tanks should be brought to designated retail locations for exchange.

Early Place Outs: Do not place items for spring clean-up weeks prior to the start of clean-up. This practice leads to scavenging, causing material to be thrown everywhere.

Please Note: A flyer with the exact start date for Spring Clean-up and a list of acceptable items will be placed in the recycle bins at each Lisbon household in the near future. Spring Clean-up information will also be online at www.lisbonct.com.

Town of Lisbon Spring Clean Up



WHEN?

Collection Starts at 7 a.m. on Monday, June 7, 2021

WHERE?

**Acceptable items will be picked up at curbside.
All items must be at the curb by 7 a.m. on June 7, 2021**

WHAT?

Acceptable and Non-Acceptable items are listed below.

Acceptable Items

(Keep different items separate at curb)

Furniture: Springs removed, especially from sleeper sofas

Appliances: (2 per household) Doors must be removed from refrigerators and freezers.

Leaves: In large 30 gallon brown paper leaf bags.
No plastic bags.

**Old Wood
& Pallets:** (No longer than 3 feet in length)

**Other Metal
Items:** (Must be separated from wood and furniture)

**Automobile
Tires:** (Tires on rims will not be accepted)

Items NOT Accepted

(These items will not be picked-up)

NO: Refuse, Recyclables, Rubble
(stone, concrete, brick, construction debris)

NO: Household Hazardous Waste

NO: Car Parts, Auto Batteries, or Antifreeze: (residents may take these items to the Willimantic W. Paper's Recycling Site on Roode Road in Plainfield).

NO: Propane Tanks, or 55 Gallon Drums

NO: Contractor, Business, or Industrial Debris

NO: Electronics - TVs, Computers, etc.

NO Brush: Brush will NOT be accepted and chipped at curbside. During Spring Clean-up residents may bring their brush to Lisbon's Public Works Garage at 486 River Road (Route 12) from 7 am to 1 pm, Monday - Friday. To inquire about obtaining wood chips from the highway dept call (860) 204-0355.

Questions? Please call the Lisbon Town Hall at: 860-376-3400