



# The Lisbon Quarterly

A Newsletter for Lisbon Residents

## *A Message From the Selectman's Office*

The Town of Lisbon has a limited number of Covid Test Kits available for distribution. If you are a homebound resident of the Town, you may call the Senior Center (860-376-2329) or Emergency Management (860-625-0226) to arrange for delivery. Otherwise, test kits are available for Lisbon residents in the Lisbon Town Hall. If you need test kits, feel free to stop in during regular business hours and take two boxes. Masks are also still available.

## *Board of Finance*

### **2022 — 2023 Budget Schedule**

by Wayne Donaldson, Chairman, Board of Finance

March 4—General Government and Board of Education Budgets are due to the Board of Finance.

March 16—Regular Meeting; General Government Budget presented to the Board of Finance. Discussion/Possible Vote.

March 23—Board of Education Budget presented to the Board of Finance. Discussion/Possible Vote.

March 30—Budget discussion and possible vote.

**April 5—Public Hearing on both budgets** to take place at LCS Cafeteria. Budget materials will be available for public review in Town Clerk's Office five days prior to the hearing.

April 13—Discussion and Possible Vote on both budgets

## *Easter Egg Hunt*

Sponsored by  
Lisbon Recreation Committee

**See page 8 for more info!**



April 20—Regular meeting. Discussion/Possible Vote

**May 2—Annual Town Meeting** to take place at LCS Cafeteria. Per ordinance it is the first Monday in May. The Capital Non-Recurring account will be voted on at this meeting. The GG and BoE Budgets will NOT be voted on at this meeting, except to send them to referendum.

Referendum will take place approximately 1—2 weeks after the Town Meeting.

Mill rate to be set approximately 1—2 weeks after the referendum.

All dates are subject to change. To confirm dates, please contact the Town Hall 860-376-3400 or Wayne Donaldson, Chairman at: [Lisbon.bof.chairman@hotmail.com](mailto:Lisbon.bof.chairman@hotmail.com)

## Assessor's Office

By Gail Gwiazdowski, Tax Assessor

The filing deadlines for various exemptions and classifications are as follows:

### **HOMEOWNERS & TOTALLY DISABLED**

Residents 65 years of age or totally disabled may be eligible for a tax credit on real estate; income guidelines apply and are adjusted each year. Applications will be available February 1, 2022 and must be filed on or before May 15, 2022.

### **RENTER'S REBATES**

**Residents 65 years of age or totally disabled may be eligible for a rent rebate under CT State law; income guidelines apply and are adjusted each year. Applications will be available April 1, 2022, and must be filed on or before October 1, 2022.**

### **PROPERTY TAX EXEMPTIONS FOR BLIND OR TOTALLY DISABLED PERSONS**

Connecticut law provides for a \$3,000 assessment exemption for taxpayers who are legally blind. Proof of the blindness (certification by a qualified medical practitioner) must be received by October 1, 2022.

Connecticut law also provides for a \$1,000 exemption for totally disabled persons who are receiving benefits under a federal, state or local retirement plan, which contains requirements comparable to those of the Social Security Administration. Proof of disability must be received by October 1, 2022.

### **VETERANS**

Veterans claiming disability exemption must submit proof from the Veterans Administration. PA 85-573 allows veterans an additional exemption if their income is within the approved limits. This application must be filed by October 1 bi-annually.

### **PUBLIC ACT 490**

All applications for classification of farm or forestland must be received by October 31, 2022.

**Applications and/or additional information for all of the above are available in the Assessor's Office. Please call 860-376-5115 or email [assessor@lisbonct.com](mailto:assessor@lisbonct.com) for more information.**

Gail Gwiazdowski, CCMA I

Lisbon Assessor

## Town Clerk's Corner

### **Fishing & Hunting License Update**

By Laurie Tirocchi, Town Clerk

The Lisbon Town Clerk's office will continue to sell both fishing and hunting licenses with payment being made by cash or check only. You can also purchase your license 24/7 through the CT DEEP On-Line Sports Licensing System at:

- <https://ct.aspirafocus.com/internetsales/>

Beginning with the 2021/2022 season, the printed full-color *Hunting* and *Angler* Magazines will be phased out and replaced with a new, on-line guide that will be available on the DEEP website (see links below). To bridge any gaps with this transition, the CT DEEP created a pamphlet-style pocket guide that will be printed in addition to being available on the website. Limited printed guides will be available at the Lisbon Town Clerk's office.

- [https://portal.ct.gov/-/media/DEEP/hunting\\_trapping/pdf\\_files/2022-CT-Hunting-Guide.pdf](https://portal.ct.gov/-/media/DEEP/hunting_trapping/pdf_files/2022-CT-Hunting-Guide.pdf)
- <https://portal.ct.gov/DEEP/Fishing/Freshwater-Fishing-Guide>
- <https://portal.ct.gov/DEEP/Fishing/Saltwater-Fishing-Guide>

### **The Youth Fishing Passport and the Fishing Challenge**

This is a free activity for anyone 16 years and under. The **YOUTH** Fishing Challenge invites children to try and catch at least one of every type of fish listed on the Fishing Challenge Scorecard.

The **YOUTH** Passport Program offers children the opportunity to participate in fishing activities as well as receive a variety of benefits from supporting organizations and participating stores. More information can be found at:

- <https://portal.ct.gov/DEEP/Fishing/CARE/YOUTH-Fishing-Passport>



Just for **YOU**<sup>th</sup>

## Senior Center

### Spring Events & Activities

By Karen Washington, Senior Center Coordinator

### March

March 11th - Trip to Royal Buffet

March 16th - Corned Beef & Cabbage,  
followed by entertainer John Banker

March 21st - Spring Breakfast

### April

April 5th - American Chop Suey Special

April 12th - Trip to Hank's Restaurant

### May

May 5th - Cinco de Mayo celebration with  
guests from the New London Senior Center

May 23rd - Wings & Fries special

May 31st - Red Cross Blood Drive

## Did you know...

You can subscribe to the **Lisbon Link**, the Senior Center Newsletter, on-line? Simply go to the Town's website [www.lisbonct.com](http://www.lisbonct.com); click on the "Subscribe" button on the home page; then choose the "Lisbon Link Senior Center Newsletter" option from the list. Each time the newsletter is published on-line, you will receive an email with a direct link to the most recent newsletter. No longer in need of an email notification? Just click "unsubscribe" at the bottom of the email.

## Veterans Representative

### Veterans Coffeehouse

By Joe Lewerk, Veterans Representative

TVCCA's Retired and Senior Volunteer Program (RSVP) hosts a Veterans Coffeehouse on the 1st and 3rd Tuesday of each month from 9 AM to 11 AM at the Easter Seals Rally Point, 24 Stott Ave, Norwich. The Coffeehouse is meant to be a place for veterans to meet and socialize as well as to receive information about veterans' benefits and services through state and federal agencies and programs.

The Easterseals Veterans Rally Point Program serves Connecticut veterans and provides free services such as peer groups, employment and financial security, education and job skill training, VA benefits consultation and more.

For more information or to volunteer, contact Gina King at (860) 425-6617.

For Veteran's Representative information, go to the Town website: <https://www.lisbonct.com/veterans-representative>



FARMERS' MARKET

**Thursday Afternoons,  
Late June through  
Mid-September**

**[www.lisbonct.com/farmers-market](http://www.lisbonct.com/farmers-market)**

*The Lisbon Farmer's Market  
is currently accepting applications from potential  
vendors. Seeking vendors with  
Fruits and Vegetables; Meat and Poultry; Dairy  
Products; Crafters; Jams and Preserves;  
Local Honey and Maple Syrup; Food Trucks*

*Market Volunteers are needed, too!*  
**Contact us at: [farmers\\_market@lisbonct.com](mailto:farmers_market@lisbonct.com)**



## From The History Books

### Food in Colonial America

*By Marcia Shafer, Lisbon Town Historian*

Early colonial settlers had to learn how to grow their own vegetables, milk a cow, and hunt for wild meat if they did not live in a city. If they lived in a city, their meals often depended on what was brought in by ship. Settlers learned how to preserve their food against the hot summer weather and cold winter months.

Sugar was obtained through Caribbean imports and came in a large cone shape. Nippers were used to cut off small pieces of sugar from the cone. White sugar was not as plentiful as maple sugar and needed to be crushed by a mortar and pestle. Maple sugar was used more often when maple trees were nearby.

Salt came in a coarse form. Salt boxes were kept near a chimney for cooking and salt was served in a small wooden salt bowl at the table. On some tables, each person had their own tiny dish with a very small spoon to add their salt as they needed. It wasn't until much later that salt was used in shakers – first tiny, individual shakers, then the larger salt shaker as we know it today.

In the 1600's, meals consisted of one pot dishes like stews, porridges and pudding made from cornmeal. The pudding would be made the night before and left to simmer overnight. In my research it was noted that New Englanders liked bean porridge, cooked in bake ovens in large quantities and then set aside for freezing. Before long it was custom to eat brown bread with the bean porridge. Sometimes the porridge contained meat or other vegetables.

A common tool to have on hand was a mortar and pestle for grinding food, especially corn. They were made of a large block of wood with a burned-out hole and the pestle was a 12-pound stone. This was used if there was no grist mill nearby. Gristmills ground the corn between two large stones that were moved by horses or water wheels.



A wooden dough bowl was used to make bread dough. The heat caused by the yeast allowed the dough to rise evenly. The bowl's high sides protected the dough from any drafts. Wooden dough bowls were a treasured kitchen tool and handed down to the next generation. Bread was made and served for almost every meal.

The wooden plates used by the early settlers were called trenchers and poor colonists shared their trencher with a spouse and children. The trencher was made of 1 block of wood 10-12 inches long and about 3 inches thick, carved into a bowl shape. After the main course it was flipped over to the opposite side for dessert. If it was a large family, they may have had a 6-inch thick board and long enough for all family to eat from the groove in the center of the board. Silverware as we know it, didn't exist at the time and many ate with their fingers.

Drinks were served in a wooden "noggin", or a small cup, that was shared by all the family living under one roof.

Prior to colonial times, a shell attached to a handle was the first spoon. Nut shells, gourds, clamshells or wood were used as utensils, too. Historical accounts tell us that forks with two tines were in use by 1680, but were only used to hold down

*(continued from page 4)*

the meat while it was being cut. The meat was then placed in the mouth using the blunt tipped edge of the knife. Pewter utensils were later developed and used in conjunction with wooden ware. Affluent households may have mixed wooden utensils with pewter and those in larger cities would only have used pewter. It was noted that a lot of the pewter items disappeared during the Revolutionary War because it was melted down to use for making bullets.

By the mid 1800's, forks with three and four tines were developed in England and Germany. This became the primary eating utensil. At this same time the pewter plates replaced wooden trenchers for the wealthier families. A specific room was designated as the dining room. The less wealthy continued to use the trenchers in the newer settlements away from transportation centers.

China also made an appearance mid 1700's but in most wealthy homes it rarely came out of the china closet. They were more for appearance than actual use. The Victorian era created an assortment of silver flatware for every possible use at the table for meals. This included a spoon for clear soup, cream soup, luncheon knives, dinner knives, coffee spoons, dinner spoons, dessert spoons and so on. At this same time individual place settings became fashionable, and grimy hands were no longer used to reach for food or wiped on table cloths.

In the city, and in times of plenty, there was an abundance of main course foods and desserts. Typically, meals consisted of meat, fowl or fish, such as boiled pork, boiled pigeons, boiled venison, roast beef, roast lamb, roast fowls, salmon, oysters, and other fish; suet pastry (a kind of meat pie), bread and butter, mince pie, apple pie, tarts, gingerbread, sugared almonds, glazed almonds, and honey were another course; curds and cream, sage cheese, green peas barley, corn in milk, chocolate, figs, oranges, shattucks (an archaic word for grapefruit), apples, quinces, strawberries, cherries, and raspberries were also a part of the meal.

Desserts consisted of jellies, sweetmeat, trifles, fruit, raisins, almonds, pears, peaches and wines. Tarts and pies were popular. They were made with all kinds of berries, pumpkins, squash, mincemeat and custard. When food was plentiful, pies were made and frozen and served at every meal, including breakfast.

## **SAINT MARY'S FOOD PANTRY**

Saint Mary's in Jewett City is the  
Town's designated  
Food Bank.

Food can be picked up at the  
Rectory every second and fourth  
Tuesday of the month,  
10am – 11am and 3pm– 4pm.

To donate, please call:  
**860-376-2044**

## *Emergency Management*

In the event of a Local, Regional or even  
a State or Federal emergency, our  
Director of Emergency Management is  
available to answer your questions:

**Jonathan Arpin**  
Emergency Management Director  
**1-(860)-625-0026**

Information is also available on the  
Town website, under Departments -  
Emergency Management:  
<https://www.lisbonct.com/emergency-management>

## *After Hours at Slater Library*

All programs begin promptly at 6:00 pm; doors open at 5:45 pm.

- **Tuesday, March 22, 2022**

**Global Warming and the Future We Choose** - Most, but not all, people have come to believe in Global Warming, but to date, we are not doing very much about it. Global Warming and the Future We Choose is a program that reviews the science of Global Warming, and its consequences. The program also describes what we can do to prevent the worst of these consequences from happening. Presented by Mike Cohen in conjunction with 350CT.org

- **Tuesday, April 12, 2022**

**The Grotesque 10** - Architecture is a statement, conveying the history, customs, values and spirit of an institution. Decorating a campus with Gothic buildings and sculpture is a meant to give a rich sense of history and tradition. Using grotesques cultivates this unique feeling, as well as feelings of loyalty and unity among all those who spend their days under the watchful eye of a Gargoyle. Presented by Mathew M. Duman, author and photographer.

- **Wednesday, April 27, 2022**

**The Connecticut Audubon Society** – This informative and educational program will focus on local birds. Proper feeding techniques, bird houses and other attractants such as plantings for your yard that attract birds of all varieties will be discussed. Presented by Andy Rzeznikiewicz, Land Manager, Center at Pomfret.

- **Monday, May 9, 2022**

**The Town of Iron Toys** – Featuring the Mechanical Banks of Cromwell's J. & E. Stevens Company, this presentation is both power point and hands on! Come learn the history of these Toys which were popular from The American Civil War right through World War II. Presented by historian Richard Franklin Donohue.

Registration is required to assure a seat.

Please Call Slater Library at 860-376-0024 today.

Covid regulations set by Slater Library Board of Trustees will be adhered to while in the building. Thank you for your cooperation.

### **Slater Library & Fanning Annex Hours**

Monday, Tuesday and Wednesday Noon - 5:30PM

Thursday Noon - 6:30PM

Friday 11AM - 5PM

Saturday 10AM - 2PM

Closed Sunday



## Trail Committee

By Joe Lewerk, Chairman

The new, half-mile "Tavern View" section of the Burnham Tavern Trail now has signage and blazes. Installed by Trail Committee volunteers, the additions guide users from the parking area at 62 Kimball Road, through the woods along Kimball Road, to a new trail entrance opposite Kimball Heights Lane. The new trail section then parallels the stone walls framing the active farm fields to the rear of the Tavern with a viewing spot at about the halfway point. The new trail section terminates at the intersection of the perimeter and middle trails.



Burnham Tavern Trails and Lisbon Meadows Park Trails maps may be found at: <https://www.lisbonct.com/trail-committee>

Would you like to be a Trail Committee volunteer? Meetings are held every second Wednesday of the month, unless otherwise noted. Agendas can be found at the link above.

Lisbon Recreation Tennis Court  
est. 2011

### RULES & REGULATIONS

- Use tennis court at own risk.
- No food, glass or alcoholic beverages.
- No pets.
- No bicycles, roller blades or skate boards.
- Proper footwear required.
- Children under the age of 12 must be accompanied by an adult.
- Court for Lisbon residents & their guests only.
- Do not abuse net or other equipment.
- Court hours from sunrise to sunset.

Contact Lisbon Rec. Committee  
with comments or concerns  
860-376-9791.

### TRACK RULES

THE TRACK IS FOR RUNNING  
& WALKING ONLY

### NO

GUM OR TOBACCO  
PRODUCTS  
PETS  
WHEELED VEHICLES  
ROLLER BLADES  
ROLLER SKATES  
SKATEBOARDS  
SCOOTERS  
BICYCLES  
FOOD/GLASS BOTTLES

Lisbon Resident

# EASTER EGG HUNT

SPONSORED BY THE LISBON RECREATION COMMITTEE

SATURDAY APRIL 9, 2022

(Rain Date: Sunday, April 16<sup>th</sup> @ 11am)

AT

LISBON MEADOWS PARK

(NEAR THE PAVILLION)

**HUNTING BEGINS PROMPTLY AT 11AM**

EGG HUNT DIVISIONS:

AGES: 2-4, 5-7, AND 8-10



Easter Bunny Special Appearance!!

\*Participants are encouraged to bring their own basket for collecting!