



The Lisbon Quarterly

A Newsletter for Lisbon Residents

A Message From the Selectman's Office

After many years of service, a few of our municipal employees and elected officials retired in 2022. We want to thank each of them for many years of loyalty, dedication and hard work.

- **Gail Izbicki – Tax Collector – 32 years**
- **Greg Bouchard – Road Crew Foreman – 25 years**
- **Laurie Tirocchi – Town Clerk – 10 Years**
- **Marjorie Wakely – Assistant Town Clerk – 10 Years**
- **Karen Washington – Senior Coordinator – 7 Years**



Former Town Clerk, Laurie Tirocchi (Left), swore in Lisbon's new Town Clerk, Michelle Grant, on July 29, 2022.



Kenneth Bomba was sworn in as the Town of Lisbon's Tax Collector by Laurie Tirocchi on July 1, 2022.

New Municipal Employees and Elected Officials

- **Town Clerk – Michelle Grant**
- **Tax Collector – Kenneth Bomba**
- **Road Crew Foreman – Jonathan Sparkman**
- **Assistant Town Clerk – Janet Lefevre**
- **Senior Center Coordinator – Danielle Mauri**
- **Assessor's Clerk – Karen Arremony**

Town Clerk's Corner

By Michelle Grant, Town Clerk

Municipal Elections

If for some reason you are unable to vote in-person on Tuesday, November 8, 2022 for the General Election, you can vote by absentee ballot. In CT, you need to request your ballot with an Absentee Ballot Application. Per Public Act 20-3.

General Election Absentee Ballots

For an Election, the ballot must be given to or sent directly to the elector. NO one can pick up an election ballot for someone else.

General Election Absentee Ballot Applications are available at <https://www.lisbonct.com/town-clerk/pages/elections-referendums> or in the Town Clerk's Office and become available from October 7, 2022. (Over-seas & Military Ballots are available September 23, 2022). In order to expedite receiving your absentee ballot, your application should be submitted as early as possible. You can return your application one of the following ways:

- In Person: Lisbon Town Clerk, 1 Newent Road, Lisbon, CT 06351

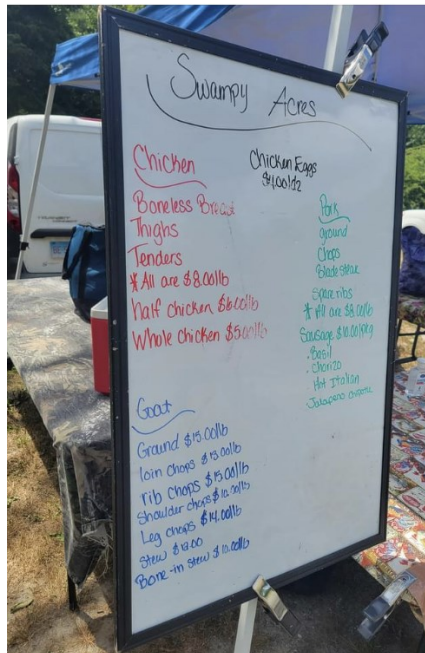


**Thursday Afternoons,
Late June through
Mid-September
Lisbon Meadows Park
3:30 PM—6:30 PM**

www.lisbonct.com/farmers-market-committee

The Lisbon Farmer's Market is being held every Thursday from 3:30p to 6:30p at The Barn on Route 169 until September 15th. Come visit and see what we have to offer! We are currently seeking new committee members to fill open slots on the committee. We would love to have you! Email the Lisbon Farmer's Market Committee at farmers_market@lisbonct.com or call the Lisbon Town Hall: 860-376-3400, for more information.

Can't wait to see everyone at the market!



Assessor's Office

By Gail Gwiazdowski, Tax Assessor

BOARD OF ASSESSMENT APPEALS

The Board of Assessment Appeals will meet on Thursday, September 15, 2022, for the sole purpose of hearing and acting on motor vehicles appeals from the Grand List of October 1, 2021. The meeting will be held at the Lisbon Town Hall, 1 Newent Road, at 6:00pm. No appointment is required.

PUBLIC ACT 490

All applications for classification of farm or forestland must be received by October 31, 2022.

RENTERS REBATE

Residents 65 years of age or totally disabled may be eligible for a rent rebate under CT State law; income guidelines apply and are adjusted each year. Applications must be filed on or before September 30, 2022.

PERSONAL PROPERTY

In accordance with Connecticut General Statute 12-40, all persons who are liable to pay taxes on tangible personal property belonging to them on October 1, 2022 must file a declaration of their personal property on or before November 1, 2022, with the Assessor, or be subject to an estimated assessment and the statutory 25% penalty. Various exemptions are explained on the declaration and available if filed on time.

Personal property includes, but is not limited to, non-CT registered motor vehicles, unregistered motor vehicles (including junk autos), campers, all business machinery, equipment, tools, commercial furniture and fixtures.

NO DECLARATION IS REQUIRED FOR MOTOR VEHICLES REGISTERED IN LISBON, CT.

NO DECLARATION IS REQUIRED FOR REAL ESTATE.

REAL ESTATE CHANGE OF MAILING ADDRESS

The Office of the Assessor is responsible for all Real Estate mailing addresses. If you recently changed your mailing address, download the Change of Address Form on the Assessor's page of our website at:

https://www.lisbonct.com/sites/g/files/vyhli791/f/uploads/address_change_form.pdf

VETERAN'S EXEMPTIONS

Proof of honorable discharge must be filed with the Town Clerk by September 30, 2022, for a new exemption to be granted. All disability ratings are filed separately with the Assessor.

ACTIVE-DUTY MILITARY EXEMPTION

CT residents who are active duty on October 1, 2022, may be eligible for a motor vehicle exemption. Download the form from the Assessor's page of our website at:

https://www.lisbonct.com/sites/g/files/vyhli791/f/uploads/active_duty_exemption.pdf

Non-CT residents who are active duty on October 1, 2022 and living in Lisbon may be eligible for an exempt motor vehicle under the Servicemembers Civil Relief Act. Download the form from the Assessor's page of our website at:

https://www.lisbonct.com/sites/g/files/vyhli791/f/uploads/service_members_civil_relief_act_0.pdf

The Assessor's Office can be reached at 860-376-5115 or assessor@lisbonct.com for information regarding all of the above.

Lisbon's Little Free Library

Take a Book. Share a Book.

Thanks to a collaboration between Slater Memorial Library and a Scout named Ryan, Lisbon now has a *Little Free Library* in its community! Located at the Lisbon Town Hall with easy access at the entrance to the parking lot, our Little Free Library is listed on the world-wide Little Free Library map through www.littlefreelibrary.org (**charter #150599**). The library was installed in July by our public works department and is quickly gaining in popularity! Stop in any time and share a book or take a book.

Little Free Library is a nonprofit organization based in St. Paul, Minnesota. Their mission is to be a catalyst for building community, inspiring readers, and expanding book access for all through a global network of volunteer-led Little Free Libraries. The organization has over 125,000 Little Free Libraries listed world-wide. You can download the app and find a Little Free Library anywhere you go!

<https://littlefreelibrary.org/app/>

Veterans Representative

By Joe Lewerk, Veterans Representative

ANNUAL VETERANS STAND DOWN EVENT: CT Department of Veterans Affairs

FRIDAY, SEPTEMBER 23, 2022 8:00 am - 2:00 pm, Easter Seals Veterans Rally Point, 24 Stott Ave., Norwich, CT

Attendees will have access to a variety of benefits, services, personal need items, vaccinations, legal services, medical screenings, and meals to go provided by the DVA, Federal VA, Veteran Organizations, State & Federal agencies, and community-based providers.

CT Veterans, Active Duty, National Guard and Reserve military Personnel and immediate family members are welcome. No pre-registration is required

Go to: <https://portal.ct.gov/dva/pages/veterans-standdown> to connect with the STAND DOWN 2022 information page where you will find location information, list of services available at each location, and transportation schedule.

Water Pollution Control Authority

By Joseph Lewerk, WPCA Secretary

Effective July 1, 2022, and following a public hearing, usage fees within the Route 12 sewer district increased from \$9 per 100 cubic feet to \$11.60 per 100 cubic feet. This increase is designed to cover higher operating expenses associated with maintaining the wastewater disposal system to include fees the WPCA pays to Jewett City where the sewerage is treated as well as contractual maintenance costs.

There are currently two vacancies on the all-volunteer five-member WPCA that oversees operations of the sewer system in Lisbon's commercial/retail district as well as a smaller system serving Lisbon residential customers adjacent to the Versailles section of Sprague. Anyone interested in joining the WPCA should contact the chairman at wpcal@lisbonct.com or stop by the regular business meeting the first Thursday of each month at 7 PM at Lisbon Town Hall.



From The History Books

Food in Colonial America

By Marcia Shafer, Lisbon Town Historian

Historically, herbs and flowers were used medicinally and for cooking. Flowers and plants were, and still are, used in dyes for clothing, to repel insects, and act as natural preservatives. “**Strewing Herbs**” were strewn across floors of homes and barns, to detract from odors. **Tansy** is an example of a strewing herb, and its leaves and flowers were also used for dyeing. **Chamomile** flowers were used to brew into a tea, to treat stomach ailments and colds, whereas **Sage**, **Rosemary**, and **Mustard Seeds** were used to act as natural preservatives which inhibited the growth of mold and bacteria. **Feverfew**, a daisy-like flower, was used to lessen headaches.

Catnip is still used to repel insects, as is **Eucalyptus**, **Witch Hazel**, and **Citronella**. **Horehound** was used for chronic cough, asthma or Tuberculosis. **Angelica** was given as a tea. It relieved colds, aided in digestion and calmed nerves. It was also used to flavor liqueurs, bitters and tobacco.

Winter and **Summer Savory** were used as a diuretic, antiseptic, and to relieve the pain of insect stings. They were used for flavoring pork, soups, stuffing and beans, and are still used as flavorings today.

Lady's Mantle were used for “women’s complaints” and the dried leaves contain tannin which was used to stop bleeding.

Hyssop was considered a sacred herb and used to clean temples and other holy buildings. It was a strewing herb in the home because of the pleasant fragrance when stepped on. A tea made from the green tops were used as a gargle for sore throats and as an aid in rheumatism and bronchitis. Hyssop leaves have a camphor like scent and, when made into poultices, would help heal wounds. The leaves and stems were used for flavoring chartreuse type liqueurs, bitters, and perfumes.

Pot of Gold flowers were used in Roman times for their beauty. This plant is different from common marigolds. An ointment made from the blossoms was used as a dressing for wounds and to relieve pain from bee stings and snake bites. It was noted in my resource information that it was still used during the Civil War. It was also known to cure various ailments such as fevers and digestive problems. The blossoms of this plant are used for food coloring and the petals are added to salads and for flavoring in soups, dumplings, pudding, and wine.

Right: Queen Anne's Lace, an Old World plant naturalized in the New World, was often consumed as a substitute for carrots. It is sometimes referred to as “Wild Carrot”. Photo by Cheryl Blanchard

Nasturtium leaves and flowers have a peppery flavor and were eaten in salads. Pickled flower buds were used as a substitute for capers. **Borage** leaves were used to give a feeling of well-being and a source of courage. An infusion of the flower was used for fevers, bronchitis, diarrhea and a diuretic. The fresh flowers were candied or floated in drinks.

Tansy or **Fernleaf Tansy** was used for roundworms and as an aid in digestion. It was also used for embalming. All parts of the herb have a bitter taste but when used in small quantities, added flavor to various dishes. Tansy cakes were baked at Easter time to symbolize one of the Passover herbs. A “clump” of tansy was hung in colonial kitchens to repel mosquitos, flies, and ants. Tansy is used to make liqueur Chartreuse.

Violet was used by the Romans on their heads to banish hangovers and prevent headaches. The violet was also used to induce sleep and moderate anger. This plant is considered one of the most fragrant flowers and is used in potpourris, sachets and perfumes. **Border Carnation** is used to flavor wine and ale, syrups, sauces, jams, and is a substitute for cloves in potpourri.

Yarrow is a plant that has been used for centuries in traditional medicine. It is also commonly known as achillea, bloodwort, carpenter's weed, devil's nettle, nosebleed, old man's pepper, staunch weed, thousand-leaf, and wound wort (among other names). The flowering portion of the yarrow plant is what is typically used for medical purposes. Yarrow is not just a single plant, though—the name is applied to about 140 different but closely related varieties that fall into the genus *Achillea*. **Globe Thistle** is used by herbal practitioners for their anti-inflammatory and lactation-promoting capabilities, predominantly used to treat mastitis and breast swelling.

There are still many more herbs and flowers but use them cautiously as they may interact with prescribed medications. Always consult your doctor to determine if it is a safe herb or flower to use to treat a symptom as it may induce very uncomfortable side effects. ALWAYS research herbs and flowers carefully, so as not to mistake a poisonous plant for one you think is edible. **When in doubt, do not consume it!**



Senior Center

Autumn Events & Activities

By Danielle Mauri, Senior Center Coordinator

- September 13th - Trip to Newport Playhouse
- September 14th - Lunch Special - Meatball Grinders with Chips
- September 21st - The Big E
- September 22nd - Trip to Groton Senior Center
- September 23rd - Fall Breakfast
- October 7th - Essex Steam Train & Riverboat Luncheon
- October 12th - Lunch Special
- October 14th - AARP Driver Safety Class
- October 25th - Lunch Special
- November 10th - Log Cabin Trip "Country Christmas & Veterans Show"
- November 15th - Lunch Special
- November 16th - Blood Drive



Karen Washington Steps Down as Senior Center Coordinator

After seven years as the Senior Center Coordinator and Municipal Agent for the Elderly, Karen Washington is stepping down and turning the reins over to Danielle Mauri, who has been the Senior Center Nutrition Site Server since 2020. We wish Karen many years of retirement bliss, and look forward to an exciting future as Danielle runs the Senior Center and its activities.

Photo: L-R—Karen Washington, Chuck Martin (current Senior Center Van Driver), and Danielle Mauri.

Subscribe to the **Lisbon Link**, the Senior Center Newsletter, on-line! Go to the Town's website www.lisbonct.com; click on the "Subscribe" button on the home page; then choose the "Lisbon Link Senior Center Newsletter" option from the list. Each time the newsletter is published on-line, you will receive an email with a direct link to the most recent newsletter.



LISBON
HISTORICAL
SOCIETY
CONNECTICUT

Lisbon Historical Society Quarterly Notes

By Kim Sperry

The Connecticut State Historic Preservation Office (SHPO) has announced that the National Park Service has approved the placement of Lisbon's Burnham Tavern on the National Register of Historic Places.

Burnham Tavern joins town owned Anshei Israel Synagogue and privately owned John Palmer House, Lathrop-Mathewson-Ross House, and Andrew Clark House on the National Register.

Listing on the National Register will pave the way for better recognition of the tavern, and will help in the application for grants from the federal, state, and private foundations and other sources. It will also recognize the historic background of this significant structure and the land it encompasses. This years-long complicated process began with application and presentation to the Connecticut Historical Commission Review Board. Every member of the Lisbon Historical Society had their part in the effort however, I would like to single out and acknowledge Ken Mahler for his tireless work and ongoing communication with state officials to make this honor possible.

Burnham Tavern Update

Replacement of the asphalt roof with cedar shingles and repair and reflash of the chimney from the roof up is complete. The total cost for materials, labor, and disposal of the old roof was nearly \$63,000. The roof for the entire building, spanning two budget years, has been the costliest project we have entered with a singular assault. It had been budgeted with a rough estimate at \$50,000. Following the removal of the old asphalt shingles, it was found the boards, or planks that form the shingle foundation were so perforated with nails and nail holes from numerous roof replacements that they needed to be torn off and replaced. To keep the traditional method of roofing the old boards were replaced with new 1" x 12" red oak rough sawn planks.

Just two weeks ago work on replacing the planking and the girt on the second and third floor on the Canterbury side of the building was completed. Removing the clapboards and trim exposed the rotted girt and several siding planks. As usual, we did not know the extent of rot until it was opened. This is what Ken Mahler our Building and Grounds Chairman call the "hidden horrors". The size, and weight of the replacement girt, the height of the tavern and steep embankment required the rental of a tower lift and operator. The siding was replaced with new pine clapboards and some trim from the girt to the peak. The area was twice primed and finished painted and elaborate staging removed. The Historical Society was extremely fortunate to have been approved for a grant from the Connecticut Humanities Council and a Connecticut Neighborhood Assistance Act from Jewett City Savings Bank.

Thanks to Building and Grounds Committee member Kevin Shafer the pollinator stopover is flourishing. Kevin seeded with appropriate milkweed to augment the original patch, planted butterfly bush seedlings, and kept the field mowed and free of invasive brush. The pollinator stopover field is within the Burnham Tavern Trail system and can be reached via the blue trail (Puppy Hill Lane). Public parking is located on Kimball Road.

John Bishop House Update

The Historical Society held our first post-Covid open house in August. After several years of non-use, the kitchen chimney requires inspection and assessment before we start hearth cooking again. We anticipate demonstrations will commence during Winter Open House, which is yet to be scheduled.

The museum sign was removed in the hope of buffing up with paint, however it was determined that the sign was too deteriorated so it is in the process of being remade.

Anshei Israel Synagogue Update

We are in the process of the designing and having manufactured signage for the synagogue similar to the Bishop House sign and a future marker for the tavern. The goal is to tie all three historic properties together. That project should be completed in the fall.

Thanks to Kevin Shafer for repairing the woodpecker damage on the side of the Synagogue tower. Kevin filled in the holes with an epoxy filler and painted over the surface. The synagogue is open by appointment. Email Paula Adams at padams60@sbcglobal.net for information. Additionally, *A Refuge in the Country*, a booklet on the history of the synagogue is available upon request and at the town hall.

Cans and Bottles Update.

Donations remain strong LHS members sort cans and bottles 7 days a week and lately, we are handling an increasing amount of household garbage, which is neither redeemable nor recyclable, please, dispose properly. We are thankful that your donation of these redeemable items yielded \$10,000 with the budget year ending July 1. That constitutes more than 200,000 items. We can only redeem, glass, plastic, and aluminum that are marked CT. Although the state legislature added new products to the redemption stream, **Gatorade, Snapple, tea beverages, wine bottles, plastic milk jugs, Poland Springs water bottles with the red strip around the label, and all others not marked CT** should be recycled in blue bins on recycle day. Additionally, it is impossible for the bar code readers at the redemption centers to process crushed aluminum cans and plastic bottles. Many thanks go out to contributors to our can and bottle redemption program.

In addition to can and bottle donations, we are now an Amazon Smile Charity. Amazon donates 0.5% of the price of your eligible AmazonSmile purchases, and there is no cost to the Amazon customer. Click the link <https://smile.amazon.com/ch/51-0197314> or go to Smile.Amazon.Com.

Although community outreach programs like hearth cooking and walking tours have been impacted by Covid-19 and the most recent iterations, the Historical Society continued business with our monthly meetings via zoom, which allowed the Lisbon Central School service-learning student the opportunity to participate. We also continued the Excellence in History Award and with that would like to congratulate this year's recipient Daisy Jeffs.

Wanted: New Members!

The Lisbon Historical Society's success is contingent upon the dedication of our members. We are a 501(c) 3 nonprofit volunteer organization; part of our mission is to promote an interest and foster appreciation of the rich history and culture of the town of Lisbon, and we are stewards of three important town owned properties. New members learn and teach open hearth cooking and 19th century living at the John Bishop House Museum. Burnham Tavern provides an education in restoration and 18th century tavern life. At \$5.00 a year, membership dues make it possible for everyone to sign on. We are meeting, once again, on the second Friday of the month at 7 p.m. in the town hall. All are welcome to join.



Trail Committee

Walktober

By Joe Lewerk, Chairman, Trail Committee

As part of The Last Green Valley (TLGV) National Heritage Corridor's annual Walktober, the Trail Committee will host a guided walk at the Burnham Tavern Trail on Saturday, October 15th beginning at 10 AM. Anyone interested can meet at the parking area, 62 Kimball Road for an easy amble over the 2 miles of volunteer maintained trails. Leashed dogs are welcome. For more information on the multitude of walking, hiking, paddling and other activities in TLGV during the month of October, see their website at <https://thelastgreenvalley.org/>.

Photos: Trail Committee member Kevin Schafer shared images of the Milkweed in the Butterfly Garden off the Burnham Tavern Trails.

FALL CHILDREN'S ACTIVITIES AT SLATER LIBRARY 2022

1ST MONDAY CRAFTERNOONS – AGES 7+ THE FIRST MONDAY OF THE MONTH STARTING OCTOBER 3RD AT 4PM. SIGN-UPS WILL BE AVAILABLE TWO WEEKS BEFORE EACH CLASS. CHECK OUR WEBSITE TO SEE WHICH SPECIFIC CRAFTS WE WILL BE OFFERING.

LET'S LEGO! DROP IN AND BUILD A LEGO CREATION TO DISPLAY AT THE LIBRARY! **TUESDAYS** 3-5 PM STARTING SEPTEMBER 6TH.

BABY AND ME FOR BABIES, 6 MONTHS – 18 MONTHS AND THEIR CAREGIVERS. SONGS, RHYMES AND STORIES! **WEDNESDAYS @ 9:30 AM, SEPTEMBER 21TH – OCTOBER 26TH.** CALL SLATER LIBRARY @ (860) 376-0024, TO SIGN UP STARTING AUGUST 29TH.

TODDLER STORYTIME DROP-IN **WEDNESDAYS @ 10:30 AM.** SONGS, RHYMES, STORIES AND MOVEMENT WITH MRS. BROWN! STARTING SEPTEMBER 14TH.

WEE PLAY PLAYGROUP! FRIDAYS @ 11 AM STOP BY ON FRIDAY MORNINGS TO PLAY WITH TOYS, CONNECT WITH OTHER CAREGIVERS AND MAKE NEW FRIENDS!

2ND SATURDAYS FAMILY STORY TIME – DROP IN FOR SOME WONDERFUL STORIES WITH ONE OF OUR CHILDREN'S LIBRARIANS! **THE SECOND SATURDAY OF THE MONTH @ 10:30 AM.**

Board of Finance

By Wayne Donaldson, Chairman

The Board of Finance is looking for interested residents to fill open alternate positions. Alternate members have full rights to offer opinions, ask questions and participate in the meeting with the exception of voting (unless appointed to fill the position of an absent member). With the coming of fall, the Board of Finance will begin the 2023-2024 budget process. We expect this year to be especially challenging with the increase in inflation raising prices, the bonding for the new firehouse and the increased cost for fire and ambulance services. As always we welcome input from residents at our meetings each month, or in writing.

Call 860-376-3400 to learn more about becoming a member of this important board.

SAINT MARY'S FOOD PANTRY

Saint Mary's in Jewett City is the Town's designated Food Bank.

Food can be picked up at the Rectory every second and fourth Tuesday of the month,
10am – 11am and 3pm – 4pm.

To donate, please call:
860-376-2044

Emergency Management

COVID TEST KITS & MASKS

Covid Test Kits and face masks are still available at Lisbon Town Hall. In the event of a Local, Regional or even a State or Federal emergency, our Director of Emergency Management is available to answer your questions:

Jonathan Arpin

Emergency Management Director

1-(860)-625-0026

<https://www.lisbonct.com/emergency-management>

Lisbon Fall Fest 5K Road Race

October 2, 2022

10:00 AM Start Time

Register for the race

on runsignup.com

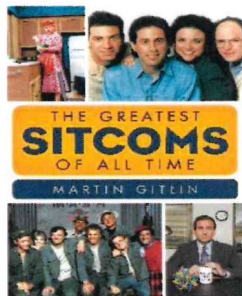
"After Hours" @ Slater Library presents the Fall line up!



Tuesday, September 20, 2022 we welcome back Sheryl Faye Presents Historical Women. Come see The First Lady of the World, Eleanor Roosevelt. After suffering through an unhappy childhood and losing her parents, as well as a brother, Eleanor figured out where she fit in and could make a difference. Don't miss this heartfelt and beautifully done portrayal of this Great American Lady. (6PM)



Tuesday, October 4, 2022 please join us for an "Authors on the Spot" presentation. A panel of authors discuss their writing styles, inspiration and their experiences with publishing. Our panel will consist of Local Authors. Newly published Zak Topping, veteran writer James Rourke and more! (6PM)



Tuesday, October 18, 2022 a special treat sure to get you laughing, Martin Gitlin will join us from Ohio presenting The Greatest Sitcoms of All Time. Guiding us virtually through the history of sitcoms with interactive challenges and trivia, Martin calls this his "Funny Program About Funny Programs". This will be our first hybrid presentation! We encourage all to come in and enjoy with us, but if that is an issue, you can join us virtually through a video link. (6PM)



Tuesday, November 8, 2022 Michelle Griffis, The Nutmeg Nose will take us through Connecticut Wineries with her presentation. Did you know there are over 40? Michelle will discuss the array of fantastic, award-winning wineries we have here in our state sharing dining options at these great destinations. (6:30PM)

Join us at Slater Library for these fun, entertaining and informative events.

After Hours @ Slater Library are for Adult/Teen Audiences and free!

Please stop in at 26 Main Street, Jewett City CT. or call 860 376 0024 to reserve your seat.

Connecticut Department of Veterans Affairs **STAND DOWN** **2022**

Thomas J. Saadi
Commissioner

FRIDAY, SEPTEMBER 23, 2022

8:00 am - 2:00 pm

Easter Seals Veterans Rally Point
24 Stott Ave., Norwich, CT

Attendees will have access to a variety of benefits, services, personal need items, vaccinations, legal services, medical screenings, and meals to go provided by the DVA, Federal VA, Veteran Organizations, State & Federal agencies, and community-based providers.

CT Veterans, Active Duty, National Guard and Reserve military Personnel and immediate family members are welcome.

No pre-registration is required

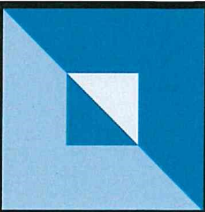
Scan QR code or go to: <https://portal.ct.gov/dva/pages/veterans-standdown> to connect with the STAND DOWN 2022 information page where you will find location information, list of services available at each location, and transportation schedule:



**Proof of Veteran or current Military service
status required to access services**

For any additional information please contact:

Call: **860-616-3803** / Email: dva_standdown.registration@ct.gov



Lisbon Adult Co-Ed Volleyball



Adult Co-Ed Volleyball will be starting 09/01/2022

Open to all Lisbon Residents at no cost!
Non-Resident Participant fee: \$5/week or \$40 for the season

Location: Lisbon Central School
15 Newent Rd
Lisbon, CT 06351

Thursday evenings from 7pm—9pm
Through 6/8/23

I look forward to meeting you at the net!

For more information or questions, contact:
Rob Rhoades
860.237.1223