St. Mary Food Pantry - 2023

Distribution: 2nd & 4th Tuesday, 10-11am & 3-4pm

lanuary							Eobarom/							March						
_	January T F S					February							March							
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If there is a snow storm, watch Channel 3 or wfsb.com. If pantry is cancelled it will say "St. Mary Jewett City EVENT POSTPONED." It will be posted by 8am. Pantry will be rescheduled to the following Tuesday.

St. Mary Food Pantry

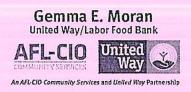
34 North Main Street, Jewett City

860-376-2044 ext. 108

foodpantry.hscc@yahoo.com

First time users: Bring picture ID (if you have one)





USDA Defines Food Deserts As No Car and No Supermarket Store Within a Mile

Food deserts are defined as parts of the country vapid of fresh fruit, vegetables, and other healthful whole foods, usually found in impoverished areas. This is largely due to a lack of grocery stores, farmers' markets, and healthy food providers.

This has become a big problem because while food deserts are often short on whole food providers, especially fresh fruits and vegetables, instead, they are heavy on local quickie marts that provide a wealth of processed, sugar, and fat laden foods that are known contributors to our nation's obesity epidemic. The food desert problem has in fact become such an issue that the USDA has outlined a map of our nation's food deserts, which I saw on Mother Nature Network.

Search: Food Access Research Atlas

The Food Desert Locator (http://www.ers.usda.gov/data/food-products/food-access-research-atlas.aspx