

# PREPARING FOR THE SPREAD OF COVID-19

## HOW DO I PREPARE?

### CREATE A HOME EMERGENCY KIT



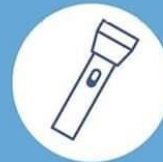
NON-PERISHABLE  
FOOD



BOTTLED  
WATER



MEDICATIONS



FLASHLIGHT +  
EXTRA BATTERIES



FIRST AID KIT



WARM  
CLOTHING



BABY  
SUPPLIES



PET  
SUPPLIES

## KNOW THE SYMPTOMS OF COVID-19



FEVER



COUGH



SHORTNESS OF BREATH

SPREADS  
THROUGH  
CLOSE  
CONTACT

## TAKE EVERYDAY PRECAUTIONS



WASH YOUR HANDS



DON'T TOUCH FACE



AVOID SICK PEOPLE

INFORMATION + UPDATES:  
[CT.GOV/CORONAVIRUS](https://www.ct.gov/coronavirus)

CALL 2-1-1

OR TEXT "CTCOVID"  
TO 898211



Originally created by:  
**pennsylvania**  
DEPARTMENT OF HEALTH

Created 03/10/2020