MINUTES
REGULAR MEETING
COMMISSION ON AGING
LISBON SENIOR CENTER
MONDAY, FEBRUARY 6, 2012
7:00 P.M.

In the absence of Leonora Szruba, Chairman and Mary Grant Vice Chair., a motion was made by J. Jencks, seconded by C. Castagnaro, to appoint Joseph Doran as acting chairman for this meeting.

<u>VOTE: UNANIMOUS MOTION CARRIED</u>

1. Call to Order

The regular meeting of the Commission on Aging was called to order by Joseph Doran, Acting Chairman, at 7:00 p.m.

MEMBERS PRESENT: Cava Castagnaro, Dorothy Coggins, Joseph Doran,

Judith Jencks, Fidelis Kershaw

MEMBERS ABSENT:

Edwin Brown, Mary Grant, Ivy Mather, Leonora Szruba

OTHERS PRESENT:

Chris Arpin, Brady Friese, Blake Wawrzyonwicz, Student

Ambassadors

2. Reading of previous minutes:

a. 01/09/12 Reg.

A motion was made by J. Jencks, seconded by F. Kershaw, to approve the previous minutes with a correction under Senior Coordinator's Report: change "verbal" to "written", and correct the spelling of Mr. Doran's name in Items 6 & 9 which should read "Doran".

VOTE: UNANIMOUS MOTION CARRIED

- 3. Correspondence None
- 4. Bills and action thereon None
- 5. Senior Coordinator' Report

Mrs. Jencks submitted and reviewed the Sr. Coordinator's Report dated 2/6/12.

- 6. Old Business
 - a. Facilities Update

Mrs. Jencks reported on some minor interior building maintenance performed by a member of the town crew.

6. New Business

a. New Copier

Mrs. Jencks advised that the Senior Center will be the recipient of a used copier that has been donated to the town by Wheelabrator.

Commission on Aging Monthly report

| For the month of: | November | December | January |
|-------------------|-------------|-------------|-------------|
| Center visitors | 375/19 days | 380/19 days | 425/20 days |
| Van rides | 80 | 84 | 88 |
| TVCCA Meals | NA | 38 | 26 |
| Meals on wheels | 196 | 177 | 179 |
| Sandwich program | 169 | 138 | 204 |
| Other meals | 32 | 75 | 18 |

Senior Center Trips:

none

The spring/summer Wii Bowling League starts. They will be bowling in Colchester on Feb. 17th.

On Feb. 8th Avery Tillinghast will be here to speak about the new Vet housing in Jewett City

The craft group is starting up, again and will make items for the next school sale.

I have been unable to find anyone to become an AARP volunteer tax preparer. If anyone knows of someone, please, let me know.

Submitted February 6, 2012 by Judith M. Jencks

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- Suggestions Education Program Topics
 Mrs. Jencks suggested the following topics for educational programs: ereaders, CPR, occupational and physical therapy. There were no other suggestions.
- c. "Get out of the house" Activities/Exercise Speakers
 After noting that many other senior centers offer a fitness gym in their facility she listed the recreational activities offered to Lisbon seniors. She then led a discuss regarding how to utilize the new community track for the seniors.
- 8. Any other business which may properly come before the Commission None
- 9. Adjournment

A motion was made by D. Coggins, seconded by F. Kershaw, to adjourn at 7:16 p.m.

VOTE: UNANIMOUS MOTION CARRIED

RECEIVED FOR RECORD AT LISBON
CT ON 09/07/2012 AT 10:15am
ATTEST. LAURIE TIROCCHI, TOWN CLERK