MINUTES REGULAR MEETING COMMISSION ON AGING LISBON SENIOR CENTER MONDAY. NOVEMBER 3, 2014 7:00 P.M.

> 1. Call to Order: The regular meeting of the Commission on Aging was called to order by Leonora Szruba, Chairman, at 7:00 p.m.

MEMBERS PRESENT: Leonora Szruba, Joseph Doran, Dorothy Coggins, Cava Castagnaro,

Carol Sadowski, Mary Grant, Judith Jencks

MEMBERS ABSENT: Edwin Brown, Fidelis Kershaw

Elizabeth Joyal, Elliott Johnson - Student Ambassadors OTHERS PRESENT:

2. Previous Minutes (10/6/2014 Regular Meeting) - Motion by J. Doren second by M. Grant to accept the VOTE: UNANIMOUS, MOTION CARRIED previous minutes as mailed.

3. Correspondence –

- a. Brochures regarding protecting oneself from identity theft, fraud, and healthcare scams are being sent to the Senior Center for distribution, at no cost to the Senior Center.
- b. Copy, from J. Jencks, Senior Coordinator to Board of Selectmen re: official letter of retirement
- 4. Bills: (see attached)

Motion by J. Doren second C. Castagnaro to add #13 "Reader's Digest, \$20.00" to list of bills.

VOTE: UNANIMOUS, MOTION CARRIED

Motion by M. Grant second by C. Sadowski to add #14 "Creative Forecasting Subscription VOTE: UNANIMOUS, MOTION CARRIED \$60.00 for 2 years" to list of bills. Motion to pay all bills (attached and #13 & #14 above) by J. Doren second M. Grant.

VOTE: UNANIMOUS, MOTION CARRIED

5. Senior Coordinator's Report - Attached

6. Old Business

- a. October Craft Show Report Verbal report by J. Doren. 27 pens were made; there was a lot of interest from those that attended. Approximately 80 people came through. J. Doren would like to have the wood turners every year at the Senior Center, but recommends provisions should be made for some kind of lunch.
- b. Bill Approval Procedure Request Chairman L. Szruba stated the Commission on Aging has yet to receive a response from the Board of Finance, for her letter she sent them a couple months ago, asking for the policy in writing that dictates how they are to approve their bills. She also asked them, who approves the utility bills for the Town Hall and Town Garage. She has not received a response. She notes that the letter was read at a Board of Selectmen's meeting, as she saw it in the BoS minutes.
- c. Shooting Stars Chairman L. Szruba said the Board of Finance forwarded the suggested ordinance to the Board of Selectmen, with the recommendation that it is not needed. Board of Selectmen received it and she stated they would not take it to a Town Meeting. She hopes to have more information next month.

BILLS FOR APPROVAL AT THE COA MEETING OF NOVEMBER 3, 2014

- 1) Uncas Gas dated 9/29/14 \$432.28 for 247.1 gals propane @ \$1.7494/gal
- 2) Staples dated 9/26/14 \$259.26 for printer ink cartridges, photo printing paper, witeout, paper towels
- 3) Verizon dated 10/4/14 \$17.50 for van cell phone
- 4) JKS Electric LLC dated 10/4/14 \$\$165.00 for repairing kitchen exhaust fan (labor & material)
- 5) Crystal Rock dated 9/30/14 \$75.55 for bottled water (2 deliveries)
- 6) Rainville Plumbing & Heating dated 9/30/14 \$188.14 for installing new hot and cold stems in ladies' room lavatory faucets (labor & material)
- 7) D.B. Building Maintenance, Inc. dated 10/1/14 \$390 for September janitorial service
- 8) Fire Protection Specialists, LLC dated 10/9/14 \$278.70 for fire extinguisher inspection, recharge, tamper seal, collar rings, site service charge
- 9) Comcast dated 10/13/14 \$78.51 for 10/23 to 11/22 cable
- 10) Uncas Gas dated 10/16/14 \$166.41 for 101.4 gals propane @ \$1.6411/gal
- 11) CL&P dated 10/20/14 \$306.26 for 1,383 KWH electricity for 29 days
- 12) Walmart dated 10/16/14 \$395.65 for lunch program purchases including late charge (\$4.92)

Commission on Aging Monthly report

For the month of:	August	Sept	Oct
Center visitors	353/20 days	384/21 days	449/22 days
Van rides	103	101	116
Meals on wheels	76	80	100
Sandwich program	128	156	192
Other meals	32	9	23

Updates for the senior center having a weekly hairdresser to do haircuts, a craft teacher and a wellness coach. The hairdresser is charging \$10.00 per person and be of no cost to us. Only one person has had their hair cut. The wellness coach would offer one class a month and cost us \$25.00 per class. No one showed for October's class. The craft teacher would charge \$40.00 and be supplying all needed supplies. This was very well received and I was asked about more classes in the future.

Open Enrollment is under way. I'm making appointments to assist folks to see if their present plan will also work for them in 2015 – if not giving them options for better coverage.

November 6 is a "Living Will/Power of Atty" workshop. November 12 is a turkey pot luck and activities. Nov. 19 is our Thanksgiving Gathering at Hank's. December 11 is the Senior Center Holiday Party.

Submitted November 3, 2014 by Judith M. Jencks

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d. Kitchen Concerns: Refrigerator, Stove Ovens – J. Jencks gave an update. Status with refrigerator is same. Ovens should be done next week, and the cost is \$55.00 each plus shipping and labor for approximately \$300.00 total.

7. New Business -

- a. Student Ambassadors Liz Joyal (8th grade) and Elliott Johnson (6th grade) introduced themselves to the Commission. Both enjoy helping people and E. Johnson also enjoys working with the town.
- b. Foot Clinic J. Jencks stated that the clinics have ceased at this time.
- c. Transportation Grant Medical Transportation Grant includes funding for cabs to take those in need to the doctor. Says service is going well.

Motion to add "Membership" to the agenda by J. Doren second C. Sadowski.

VOTE: UNANIMOUS, MOTION CARRIED

- 8. Any other business which may properly come before the Commission a. Membership Four terms are due to expire at end of February. It was requested that members D. Coggins, C. Castagnaro, M. Grant and L. Szruba should respond by the December meeting with their intentions of continuing for a new term, or not.
- 9. Adjournment Motion by J. Doren second by C. Castagnaro to adjourn at 7:33 p.m.

VOTE: UNANIMOUS, MOTION CARRIED

	APPROVED:
	Leonora Szruba, Chairman
Élaine Joseph, clerk	

RECEIVED FOR RECORD AT LISBON
CT ON 11/7/14 AT 11:10am
ATTEST. LAURIE TIROCCHI, TOWN CLERK
Marjonie Wahily, assit