

MINUTES
REGULAR MEETING
COMMISSION ON AGING
LISBON SENIOR CENTER
MONDAY, FEBRUARY 1, 2016
7:00 P.M.

1. Call to Order

The regular meeting of the Commission on Aging was called to order by Leonora Szruba, Chairman at 7:00 p.m.

MEMBERS PRESENT: Joseph Doran, Donna Gahrman, Mary Grant, Karen Washington, Fidelis Kershaw, Leonora Szruba,

MEMBERS ABSENT: Dorothy Coggins, Carol Sadowski, Daniel Teper,

2. Reading of previous minutes

J. Doran moved to approve the previous minutes as mailed. M. Grant seconded the motion.

VOTE: UNANIMOUS MOTION CARRIED

3. Correspondence

1. Freedom of Information Training, Connecticut Conference of Municipalities (CCM), 2/17/16, Portland, 9 am - Noon

4. Bills and action thereon

a. Review Financial Reports

General Government Monthly Expenditure Report, July 2015 – January 2016 – Reviewed Special Revenue Fund – Senior Center Sandwich Program, 1/7/16 – 1/29/16. Mrs. Szruba pointed out that a Town of Groton (transportation grant) transaction was included in the Special Revenue Fund for the Sandwich Program's transactions which she noted she will have corrected.

b. Ratify/Approve Bills – Attached

M. Grant moved to ratify bills 1 – 3 and enter into the public record. D. Gahrman seconded the motion.

VOTE: UNANIMOUS MOTION CARRIED

J. Doran moved to pay the bills (4 – 13). F. Kershaw seconded the motion.

VOTE: UNANIMOUS MOTION CARRIED

5. Senior Coordinator's Report - Attached

Karen Washington, Senior Coordinator, submitted and reviewed her report dated 2/1/16.

6. Old Business

a. Social Security Seminar – No Update

b. Handicap Door Openers

Ms. Washington advised that the door company and the town's electrician are in the process of coordinating the installation.

c. Newsletter Publication (monthly/every other month) - Discussion

BILLS FOR RATIFICATION/APPROVAL AT February 1, 2016, COA MEETING

FOR RATIFICATION:

- 1) D.B. Building Maintenance - \$390 for December janitorial services – approved 1/12/16 (Maintenance)
- 2) Crystal Rock - \$34.45 for water and cooler rental – approved 1/19/16 (Utilities)
- 3) Verizon - \$32.17 for van cell phone – approved 1/19/16 (Utilities)

FOR APPROVAL:

- 4) W.B. Mason - \$86.83 for 4 printer ink cartridges (70151 – Sr. Ctr. Supplies & Expense)
- 5) Eversource - \$414.67 for 2,793 KWH electricity 12/17/15-1/20/16 34 days (70141 Utilities)
- 6) Comcast - \$86.77 for 1/23-2/22 cable service (70141 Utilities)
- 7) Uncas Gas - \$570.23 for 1/14 delivery 560.2 gals @ \$1.0179 (70141 Utilities)
- 8) AA Lock & Key – \$236.50 for Korbin exit device repair & adjustments to exit door in library (70142 Sr Ctr Maintenance)
- 9) Frontier - \$44.47 for telephone service billing in January (70141 Utilities)
- 10) Baltic Roofing Co. - \$213.00 for roof repair (70142 Sr Ctr Maintenance)
- 11) Lowe's Home Center - \$5.67 for library exit door door stop (70142 Sr Ctr Maintenance)
- 12) Karen Washington - \$29.90 mileage reimbursement for 12/22 training in Groton (70150 Sr Coord Supplies & Expense)
- 13) Walmart - \$371.09 + 2.90 late fee = \$373.99 less \$41.62 Shooting Stars reimbursement (\$332.37 Sandwich Program Special Revenue account)

Commission on Aging

Monthly report

| For the month of: | November | December | January, 2016 |
|-------------------|----------|----------|---------------|
| Center visitors | 279/17 | 304/21 | 404/19 |
| Van rides | 110 | 86 | 76 |
| Meals on wheels | 148 | 137 | 133 |
| Sandwich program | 102 | 120 | 131 |
| Other meals | 19 | 78 | 28 |

I volunteered at Senior Resources on Jan. 19th for their “Virtual Dementia” tour. It was a very eye-opening event and they look forward to more of these types of programs for caregivers.

Senior Resources is able to return to the center on the 2nd Tuesday of each month for one-on-one Enhanced Benefits Check-up sessions starting in March.

There has been some issues with our heating system. The alarm was triggered at 4am a few times due to a drop in temperature. There has been some work done on the boilers to address this issue.

Between the center and the town hall we can have a total of 20 devices connected to the internet. That is twice as much as we had before.

The amount of visits on the seniorcenterct.org website continues to grow; and we are getting more likes and views on our Lisbon Senior Center Facebook page. All of our activities are on both sites. There have been some calls regarding our activities that stem from seeing them on the internet.

There is a CPR/AED class that myself, Glenda, Vikki, Elaine and 5 of the town crew employees are attending on Feb. 5th. Miles LaFemina is teaching the class and he has also offered it to the teachers at Lisbon Central School.

We had well over 30 people for Club Lisbon.

Blow out bingo was well attended with 29 people. Two of us met with Tina from Griswold to discuss new and better ways to run bingo to draw more people. We are also working on getting a permanent bingo sign added to our senior center sign.

St. Joseph Living Center held a bingo event which was well received and they will be back to present a “Safety in the Home” presentation on Feb. 24th.

We are having our annual Souper Bowl on Feb. 10th. Other activities in February include painting, make your own pizza, Wii bowling with Preston, and a trip to Main St. Grill.

Submitted February 1, 2016 by
Karen Washington

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d. Upcoming Term Expirations

M. Grant moved to reappoint Carolyn Sadowski, Donna Gahrman, Joseph Doran and Fidelis Kershaw to another two-year term (03/01/16 – 02/28/18). J. Doran seconded the motion.

VOTE: UNANIMOUS MOTION CARRIED

7. New Business

a. Safety Railing

After a brief discussion led by Karen Washington, it was the general consensus of those present to have Ms. Washington explore adding a third safety railing on the front steps.

b. Sign Extension

A brief discussion was held regarding the status of the installation of a sign advertising BINGO as an extension to the current sign in front of the senior center.

8. Any other business which may properly come before the Commission - None

9. Adjournment

J. Doran moved to adjourn at 7:31 p.m. M. Grant seconded the motion.

VOTE: UNANIMOUS MOTION CARRIED


Marlene LePine, clerk

APPROVED: _____
Leonora Szruba, Chairman

RECEIVED FOR RECORD AT LISBON
CT ON 2/2/16 AT 9:30am
ATTEST. LAURIE TIROCCHI, TOWN CLERK
