

MINUTES  
REGULAR MEETING  
COMMISSION ON AGING  
LISBON SENIOR CENTER  
MONDAY, DECEMBER 4, 2023  
10:00 A.M.

1. Call to Order: The regular meeting of the Commission on Aging was called to order by Leonora Szruba, Chairman at 10:04 a.m.

MEMBERS PRESENT: Leonora Szruba, Karen Arremony, Joyce Carvalho, Ara Wilnas, Patricia Walburn, Joseph Doran, Mary Brown, Karen Washington

MEMBERS ABSENT: Donna Gahrman

2. Reading of previous minutes – Motion by J. Doran second by P. Walburn to accept the previous minutes of the Regular Meeting of November 13, 2023 as presented.

VOTE: UNANIMOUS, MOTION CARRIED

3. Correspondence

- a. Memo, from the Chairman of the Board of Finance, re: 2024/2025 budget submissions

4. Bills and action thereon

- a. Review Financial Reports – Chairman Szruba reported that as of 11/30/23, the balance in the Sandwich Program is \$2,969.45. As of 12/04/23, the total of line item balances is at 35.8%.
- b. Ratify/Approve Bills – (see attached). Motion by J. Doran second by J. Carvalho that bills #1-7 be ratified and added to the permanent record.

VOTE: UNANIMOUS, MOTION CARRIED

5. Senior Coordinator's Report – (see attached).

6. Old Business

- a. Name change / sign – Chairman Szruba reported that the letters for the new signage are in. She will meet with C. Brown, Building Inspector, to see if a building permit is needed to attach them to the building.
- b. Side garden cleanup - This has been done but Chairmen Szruba noted that while the ivy has been removed from the building, there is still quite a bit of it in the flowerbed. J. Doran stated that this can be looked at again in the spring.
- c. ARPA funding – A. Wilnas reported that she is in the process of getting quotes to install a safety bar in the Ladies Room stall as well as the window replacements. She will also contact a contractor about a quote to have the formica replaced on the front desk.

7. New Business

- a. (Re)appointments – Terms will be expiring on February 28, 2024 for the following members: D. Gahrman, J. Doran, M. Brown, J. Carvalho. All have agreed to accept to renew their terms. Chairman Szruba will send a letter to the Board of Selectmen.

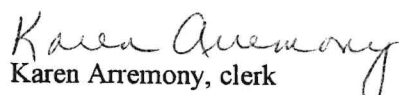
8. Any other business that may come before the Commission – none

9. Adjournment – Motion by J. Doran second by M. Brown to adjourn at 10:29 a.m.

VOTE: UNANIMOUS, MOTION CARRIED

APPROVED: \_\_\_\_\_

Leonora Szruba, Chairman

  
Karen Arremony, clerk

BILLS TO BE RATIFIED AT THE 12/4/23 MEETING OF THE COMMISSION ON AGING:

1. \$218.85 TO Walmart for lunch program food (Lunch Program Special Revenue)
2. \$41.07 to Verizon for van cell phone (Utilities)
3. \$44.16 to Frontier for Center phone service (Utilities)
4. \$262 to Allstate Fire Equipment for fire suppression system semi-annual inspection and fusible link replacement (Sr Ctr Maintenance)
5. \$805.70 to Uncas Gas for 455.2 gals propane @ \$1.77/gal. (Utilities)
6. \$11.49 to Amazon Business for printable business cards (Sr Coord Supplies); \$6.60 for 2 pack kitchen timers (Lunch Program Special Revenue)
7. \$54.96 to W.B. Mason for 2 cases mini-moos (Sr. Cit Services); \$10.19 for aluminum foil sheets (Lunch Prog Spec Rev); \$9.98 for stirrers (Lunch Prog Spec Rev); \$9.98 for 2 hand soaps (Sr Coord Supplies)

# Commission on Aging Monthly report

For the month of:	September	October	November
Center visitors	360/20	445/21	356/18
Van rides	21	25	19
Meals on wheels	141	130	92
Sandwich program	174	170	156
Other meals	15	39	53

## Updates:

- No new updates

## November Trips and Events:

- Thursday November 2nd Uncas Health Blood Pressure Monitoring
- Friday November 3<sup>rd</sup> Art Class
- Wednesday November 15 Movie (1 person attended)
- Tuesday November 17<sup>th</sup> Turkey Day (53 meals were served)
- Tuesday November 21<sup>st</sup> November Birthday Celebration (2 people celebrated birthdays)
- Tuesday November 28<sup>th</sup> Chair Massage (4 people attended due to Donna out sick)
- Tuesday November 28<sup>th</sup> Red Cross Blood Drive (17 appointments were made)

## Upcoming Trips and Events:

### December

- Friday December 1<sup>st</sup> AARP Safe Driving Class
- Tuesday December 5<sup>th</sup> Holiday Luncheon with Prime Rib & Stuffed Shrimp (snow date Dec. 6<sup>th</sup>)
- Thursday December 7<sup>th</sup> Uncas Health Blood Pressure Monitoring
- Friday December 8<sup>th</sup> Art Class

- Monday December 11<sup>th</sup> & Tuesday December 12<sup>th</sup> we will attend the Lisbon Central School Craft Fair for our yearly fundraiser
- Tuesday December 12<sup>th</sup> Chair Massage
- Wednesday December 13<sup>th</sup> Trip to Dreamgirls at the Goodspeed Opera House and lunch at Morina's Italian Restaurant(17 signed up)
- Friday December 15<sup>th</sup> December birthday celebration and movie
- Monday December 18<sup>th</sup> Trip for Christmas concert by senior choir at Sprague Public Library
- Wednesday December 20<sup>th</sup> Love on a Plate Brunch – French Toast Casserole
- Wednesday November 20<sup>th</sup> Fantasy of Lights Trip (eat at Chili's East Haven)

#### January

- Thursday January 4<sup>th</sup> Uncas Health Blood Pressure Monitoring
- Friday January 5<sup>th</sup> Club Lisbon
- Friday January 12<sup>th</sup> Art Class with Jacqui
- Friday January 19<sup>th</sup> Next Veteran's Breakfast
- Wednesday January 24<sup>th</sup> Next Outreach Brunch
- Wednesday January 31<sup>st</sup> Red Cross Blood Drive

#### February

- Thursday February 1<sup>st</sup> Uncas Health Blood Pressure Monitoring
- Monday February 12<sup>th</sup> Valentine's Day Celebration with Izzie (will be inviting New London Senior Center)

RECEIVED FOR RECORD AT LISBON, CT  
 ON 12/4/23 AT 1:22pm  
 ATTEST. MICHELLE GRANT, TOWN CLERK  
