

MINUTES
REGULAR MEETING
COMMISSION ON AGING
LISBON SENIOR CENTER
MONDAY, FEBRUARY 6, 2023
10:00 A.M.

1. Call to Order: The regular meeting of the Commission on Aging was called to order by Leonora Szruba, Chairman at 10:00 a.m.

MEMBERS PRESENT: Leonora Szruba, Karen Arremony, Joyce Carvalho, Danielle Mauri,
Patricia Walburn, Donna Gahrman (remote)

MEMBERS ABSENT: Karen Washington, Mary Brown, Joseph Doran

2. Reading of previous minutes – Motion by P. Walburn second by J. Carvalho to accept the previous minutes of the Special Meeting of January 6, 2023 and Regular Meeting of January 9, 2023 as presented.

VOTE: UNANIMOUS, MOTION CARRIED

3. Correspondence

- a. Copy, memo, dated 1/24/23, from Thomas Sparkman, First Selectman, re: reappointment of L. Szruba to the Commission on Aging for the term 3/1/23-2/28/25.
- b. Copy, memo, dated 1/24/23, from Thomas Sparkman, First Selectman, re: reappointment of K. Arremony to the Commission on Aging for the term 3/1/23-2/28/25.
- c. Copy, memo, dated 1/24/23, from Thomas Sparkman, First Selectman, re: reappointment of P. Walburn to the Commission on Aging for the term 3/1/23-2/28/25.
- d. Copy, memo, dated 1/24/23, from Thomas Sparkman, First Selectman, re: reappointment of K. Washington to the Commission on Aging for the term 3/1/23-2/28/25.

4. Bills and action thereon

- a. Review Financial Reports- Chairman Szruba reported that all budget line items are in good standing with the exception of the Senior Coordinator line which is currently at 73.4% and the Senior Center Coverage Wages which is at 67.5%.
- b. Ratify/Approve Bills – (see attached). Motion by D. Gahrman second by P. Walburn that bills #1-5 be ratified and added to the permanent record.

VOTE: UNANIMOUS, MOTION CARRIED

5. Senior Coordinator's Report – (see attached) D. Mauri also noted that a fitness program will be starting up next month as well as massage appointments. Due to a vacancy in the bus driver position, not as many trips are currently being scheduled.

6. Old Business

- a. Name/sign change – Chairman Szruba reported that entries have been received for renaming of the Senior Center. The judges will review and decide on the winning entry. It will then be presented to the Board of Selectmen.
- b. Blinds in dining room – D. Mauri reported that she is still in the process of getting quotes from other vendors. Lowe's and Home Depot will submit estimates in the next few weeks.

BILLS TO BE RATIFIED AT THE 2/6/23 COA MEETING:

- 1) \$51.62 to W.B. Mason for 4 aprons, 30 gal. liners (Sandwich Program)
 \$30.45 for 3 jugs water and jug deposit (Sr Cit Services)
- 2) \$49.20 to Frontier for December phone bill (Utilities)
- 3) \$41.00 to Verizon for December van phone (Utilities)
- 4) \$1,350 to Fab 5 Star Cleaning Services for December cleaning (Sr Ctr Maintenance)
- 5) \$1,350 to Fab 5 Star Cleaning Services for January cleaning (Sr Ctr Maintenance)

Commission on Aging

Monthly report

For the month of:	November	December	January
Center visitors	316/20	334/20	418/20
Van rides	56	28	28
Meals on wheels	210	305	365
Sandwich program	118	125	180
Other meals	52	98	45

On January 12th we had a trip to Norwich Tech and 12 people attended

On January 17th we had Club Lisbon and 42 people attended

On January 18th we had our Birthday Celebration

On January 20th we had an Art Class w Jacqui and 5 people attended

On January 24th we had a Meatloaf Lunch Special and 43 people attended

On January 27th we had a trip to Royal Buffet and 11 people attended

Things in February:

Red Cross Blood Drive 2/1

Souper Bowl 2/7, 17 people signed up

Art Class 2/10, 6 people are signed up

Birthday Celebration, 2/14

Mr. Z's Trip 2/15, 4 people are signed up

Make your own pizza 2/22, 8 people are signed up

Longhorn Trip 2/24, 8 people are signed up

Submitted
February 1, 2023 by
Danielle Mauri

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7. New Business

- a. Programmable thermostats – D. Mauri indicated that the current thermostats are not easy to use. They need to be manually adjusted. It would be more efficient to install programmable ones where the temperature can be automatically set lower for evenings and weekends. Motion by K. Arremony second by D. Mauri to proceed with researching the purchase and installation of the programmable thermostats.

VOTE: UNANIMOUS, MOTION CARRIED

- b. Floor cleaning increase – The cleaning service has recommended that the floors in the kitchen and dining area undergo high speed cleaning and buffing every three months for an additional charge of \$250. It had also been recommended that every six months floors be polished and cleaned for an additional charge of \$500.

8. Any other business which may properly come before the Commission - none

9. Adjournment – Motion by P. Walburn second by J. Carvalho to adjourn at 10:25 a.m.

VOTE: UNANIMOUS, MOTION CARRIED



Karen Arremony, clerk

APPROVED: _____

Leonora Szruba, Chairman

RECEIVED FOR RECORD AT LISBON, CT
ON 02/08/23 AT 9:17am
ATTEST. MICHELLE GRANT, TOWN CLERK

