

MINUTES  
REGULAR MEETING  
COMMISSION ON AGING  
LISBON SENIOR CENTER  
MONDAY, NOVEMBER 14, 2022  
10:00 A.M.

1. Call to Order: The regular meeting of the Commission on Aging was called to order by Leonora Szruba, Chairman at 10:00 a.m.

MEMBERS PRESENT: Leonora Szruba, Karen Arremony, Danielle Mauri, Joyce Carvalho, Joseph Doran, Patricia Walburn, Karen Washington, Donna Gahrman (remote), Mary Brown (remote)

MEMBERS ABSENT: none

2. Reading of previous minutes – Motion by K. Arremony second by P. Walburn to accept the previous Regular Meeting minutes of October 3, 2022 and the Special Meeting of October 21, 2022 as mailed.

VOTE: UNANIMOUS, MOTION CARRIED

3. Correspondence - none

4. Bills and action thereon

- a. Review Financial Reports- Chairman Szruba reported that all budget line items are in good standing. It was noted that the spending for the Senior Coordinator line item is at 58%. Chairman Szruba also noted that the balance in the Sandwich Program special revenue account as of October 31, 2022 was \$669.44.
- b. Ratify/Approve Bills – (see attached). Motion by J. Carvalho second by D. Mauri that bills #1-12 be ratified and added to the permanent record.

VOTE: UNANIMOUS, MOTION CARRIED

5. Senior Coordinator's Report – (see attached). D. Mauri also reported that Mr. Brown from the Lisbon Central School contacted her to see if the students could visit the center to sing holiday songs to the seniors in December. J. Doran discussed the recent Pen Turning event which took place on Saturday, October 29 at the Lisbon Senior Center. Attendance was good with 39 participants. This event was an excellent opportunity to promote the Senior Center and all the programs that are offered. These programs are not exclusively for seniors, but for anyone regardless of age who would like to learn a new skill such as chair caning, quilting, crafting, pool or play various card games.

6. Old Business

- a. Name/sign change – Chairman Szruba noted that at the Board of Selectmen's October meeting the Selectmen gave approval to go ahead with submitting name suggestions for the Lisbon Senior Center. Once decided, they would like representatives from the Commission on Aging to attend their Board of Selectmen meeting to discuss before the new name is finalized. The Contest Committee will consist of Chairman Szruba, Richard Grabel, Shooting Stars President, and Pauline Tait. The Shooting Stars will vote on the suggested names, submit the winner to the Commission on Aging, which will then make a recommendation to the Board of Selectmen for final approval.
- b. Blinds in dining room – D. Mauri reported that she has been in contact with Raymond Window Fashions in Norwich regarding price quotes for either fixing or replacing the blinds. This company did the original install. She will also seek other quotes from other vendors.

BILLS TO BE RATIFIED AT THE 11/14/22 COA MEETING:

- 1) \$41.02 to Verizon for van phone (Sr Ctr Utilities)
- 2) \$50 to K. Washington for producing November newsletter (Sr Citizen Services)
- 3) \$398.08 to Eversource for 1,634 KWH electricity from 9/20 to 10/19 (Sr Ctr Utilities)
- 4) \$111 to Walmart for food (\$21.84 to Sr Cit Services for coffee, balance to Sandwich Program)
- 5) \$115 to dll Financial Solutions for copier lease (Sr Ctr Copier Expenses)
- 6) \$122.30 to Shoreline Fire Equipment for fire extinguisher inspection (Sr Ctr Maintenance)
- 7) \$44.64 to Frontier for phone service (Sr Ctr Utilities)
- 8) \$148.89 to Shoreline Fire Equipment for ABC extinguisher recharge (Sr Ctr Maintenance)
- 9) \$17.97 to W.B. Mason for vinyl gloves (Sandwich Program)
- 10) \$43.36 to W.B. Mason for plastic cups and tissues (Sr Cit Services)
- 11) \$30.45 to W.B. Mason for 3 jugs water and jug deposits (Sr Ctr Utilities)
- 12) \$18 CREDIT MEMO from W.B. Mason for water jug deposits (Sr Ctr Utilities)

# Commission on Aging

## Monthly report

For the month of:	August	September	October
Center visitors	322/22	316/20	438/20
Van rides	35	56	31
Meals on wheels	210	222	319
Sandwich program	139	118	119
Other meals	52		56

On October 5<sup>th</sup> we had an Card Class w Jacqui, 4 people attended

On October 7<sup>th</sup> we went to the Essex Steam Train, 22 people attended

We had a Ham and Bean lunch special on October 12<sup>th</sup>, 11 people attended

AARP held a class on October 14<sup>th</sup>, 12 people attended

On October 17<sup>th</sup> we had a flu shot clinic with the school, over 20 seniors attended

On October 21<sup>st</sup> Jacqui held an Art Class, 3 people attended

The annual Halloween Party was on October 28<sup>th</sup>, 45 people attended

Things in November:

On November 9<sup>th</sup> Senior Resources came to speak about Medicare, 2 people attended

On November 10<sup>th</sup> we had our trip to the Log Cabin, 13 people attended

Our Turkey Celebration is on November 15<sup>th</sup>, 60+ people are signed up

The Red Cross Blood Drive is on November 16<sup>th</sup>

On November 18<sup>th</sup> Jacqui has an Art Class, 3 people are signed up

On November 30<sup>th</sup> Jacqui has a Card Making class, 3 people are signed up

Things in December:

The Holiday Luncheon is scheduled on December 8<sup>th</sup> and is a take-out

The school craft sale is on December 16<sup>th</sup> and 20<sup>th</sup>

Submitted  
November 1, 2022 by  
Danielle Mauri

MINUTES  
REGULAR MEETING  
COMMISSION ON AGING  
MONDAY, NOVEMBER 14, 2022  
Page 2 (Old Business cont'd)

Motion by J. Doran second by P. Walburn to enter Executive Session at 10:16 a.m.  
The committee exited the Executive Session at 10:34 a.m.

- c. Personnel issues – Motion by J. Doran second by D. Gahrman to recommend to the Board of Selectmen that the person in the current Nutrition Site Server position be terminated.

VOTE: UNANIMOUS, MOTION CARRIED

Motion by D. Gahrman second by P. Walburn to recommend to the Board of Selectmen to appoint K. Washington to act as interim Nutrition Site Server until a permanent replacement can be hired.

VOTE: UNANIMOUS, MOTION CARRIED

7. New Business – none at time of filing

Motion by J. Doran second by J. Carvalho to add Christmas tree donation to the agenda under New Business.

VOTE: UNANIMOUS, MOTION CARRIED

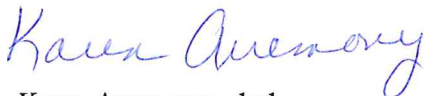
- a. Christmas tree donation - Motion by J. Doran second by D. Mauri to accept donation of artificial Christmas tree with ornaments from P. Walburn.

VOTE: UNANIMOUS, MOTION CARRIED

8. Any other business which may properly come before the Commission – none

9. Adjournment – Motion by J. Doran second by P. Walburn to adjourn at 10:47 a.m.

VOTE: UNANIMOUS, MOTION CARRIED

  
Karen Arremony, clerk

APPROVED: \_\_\_\_\_  
Leonora Szruba, Chairman

RECEIVED FOR RECORD AT LISBON, CT  
ON 11/18/22 AT 9:13am  
ATTEST: MICHELLE GRANT, TOWN CLERK  
