

MINUTES  
REGULAR MEETING  
COMMISSION ON AGING  
LISBON SENIOR CENTER  
MONDAY, JANUARY 4, 2010  
7:00 P.M.

1. Call to Order

The regular meeting of the Commission on Aging was called to order by Leonora Szcuba, Chairman, at 7:00 p.m.

MEMBERS PRESENT: Edwin Brown, Dorothy Coggins, Judith Jencks, Mary Grant, Leonora Szcuba  
MEMBERS ABSENT: Rita Bernier, Joseph Doran, Fidelis Kershaw, Cheryl Joly  
STUDENTS PRESENT: Moira Lewerk, Blake Wawrzynowicz

A motion was made by J. Jencks, seconded by M. Grant, to add: 6.d. Name Change and 7.a. Town Newsletter to the agenda.

VOTE: UNANIMOUS MOTION CARRIED

2. Reading of previous minutes:

a. 12/07/09 Reg. Mtg.

A motion was made by E. Brown, seconded by M. Grant, to approve the previous minutes with a correction under 9. Adjournment, which should read, "Mrs. Szcuba" instead of "Mrs. Jencks".

VOTE: UNANIMOUS MOTION CARRIED

3. Correspondence – None

4. Bills and action thereon – None

5. Senior Coordinator's Report – Attached

A motion was made by E. Brown, seconded by D. Coggins, to accept the Sr. Coordinator's Report.

VOTE: UNANIMOUS MOTION CARRIED

6. Old Business:

a. Anniversary Plans

Mrs. Szcuba advised that she had no update as the Anniversary Committee is scheduled to meet on Friday.

b. Lathe

Mrs. Szcuba reported that a letter has been sent to the Selectmen asking for approval of accepting the donation of the lathe and housing it at the Senior Center.

c. Budget

After noting that at the last meeting it was discussed to submit the budget, for FY2010/2011, without changes, Mrs. Szcuba reviewed changes made after further review with Mrs. Jencks

d. Name Change

Mr. Szcuba reported that Mr. Sparkman stated to her that he will not support changing the name for of the Senior Center.

It was the general consensus of those present, with the abstention of one member, and including the Student Ambassadors, to include the descriptive phrase "an activities and resource center" under the name Lisbon Senior Center.

7. New Business

We have an intern from Community Connections for Jan., Feb. and March. Becky will be working with the Anniversary Committee, finishing the "Members to Remember" wall, using our new camera and digital picture frame, as well as, teaching seniors how to use the equipment. She will assemble picture albums and do a written history of the Senior Center.

Newent Church donated poinsettias. We will be taking them to the Meals on Wheels clients and area nursing homes.

I'm working with the school on a pilot program which will offer seniors snow shoveling free of charge. We have 4 seniors that will be matched up with junior high students. The kids will go to the seniors home after a snow storm and shovel. If the program is successful we plan to expand it next winter.

A great deal of my December time was spent on Medicare Part D and ConnPACE changes. I scheduled approx.. 100 appointments that helped seniors change their Part D to a Benchmark plan, follow up with them on their new enrollment, verified that they didn't need to pay the premiums plus explain that more forms are coming. The last six weeks of the calendar year is now the only time you can apply for ConnPACE and/or change your Medicare Part D plan.

SUBMITTED Jan. 4, 2010  
BY Judith M. Jencks

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Page 2 New Business contd.

a. Town Newsletter

Items to be included in the submission for the town's newsletter were discussed.

8. Any other business which may properly come before the Commission

At this time, Mr. Browne discussed his concerns regarding outside lighting at the senior center.

9. Adjournment

A motion was made by E. Brown, seconded by M. Grant, to adjourn at 7:25 p.m.

VOTE: UNANIMOUS MOTION CARRIED



Marlene LePine, clerk

APPROVED: \_\_\_\_\_  
Leonora Szruba, Chairman

RECEIVED FOR RECORD AT LISBON,  
CT ON 1/7/2010 AT 12:15 Am  
ATTEST: BETSY M. BARRETT, TOWN CLERK

## Hey! Look what's going on!

**Corn Beef and Cabbage** lunch for \$10.00 March 17 at 11:30. yummy, yummy! Signup by March 10<sup>th</sup>.

**Spring Breakfast** is March 18<sup>th</sup> at 9:00. \$3.00 and no signup needed.

AARP income **tax returns** both March 12 and 26. Appointments needed.

**Bowling Banquet** is March 23 for the "winter" bowling league.

**"Summer" Wii Bowling League** starts March 30. It's \$1.00 per week. Come, learn Wii bowling, hoot, holler and have FUN!! New folks always welcome. Truly the more the merrier!

Groton Senior Center's **Grand Opening** March 27<sup>th</sup> 11:00.

**Foot Clinic** April 16, appointments needed

A new fun event - April 20 - sponsored by Healthnet! **Dancing Showcase**. Sort of like "Dancing with the Stars". We'll supply the music and audience. You need to DANCE!! Bring a partner, bring your line dance group, do a solo, whatever. The winner will go on to bigger and better!

Make your appointment today with Judy for a **Benefits Check-up Screening**. Janet is here twice a month - March 16 and 23 - to help you see what you are eligible for. You'll need to bring a list of your prescriptions and your current income and assets.

**No computer** for most of the month... and as a result the office pretty much ground to a halt. In light of that you are receiving a shortened version of the newsletter. You can look forward to us being back to normal in April

We have been very fortunate to have **Becky Pryor as our Community Connections intern** for this high school quarter. She has been hard at work finishing our "Members to Remember" wall and writing the Senior Center's history for the 20<sup>th</sup> Anniversary.

The final part of the internship is an **Exhibition** where Becky will give a power point presentation of what she has done, what she has learned and the progress she has made towards completing her high school requirements.

Becky would like to invite everyone to come March 30<sup>th</sup> for 10:00 for her presentation. Please, sign up by March 20<sup>th</sup>. Refreshments will be served.

## Yarn Yarn Yarn

The Afghan ladies are in need. The supply of donated yarn is greatly diminished. If you or someone you know has extra yarn this group will use it to make afghans for the needy.

## Don't forget Quilting!

The group is just getting started. If this is something you might be interested in stop in and check it out. They meet Tuesdays at 1:00.

**Crafters** are meeting on Fridays at 10:00.

Help is needed to make stuff to sell at our school sale so come on down!

## Yard - Bake - Book Sale

It's that time, again for workers, bakers and your sellable stuff!!! The Sale will be April 24<sup>th</sup>. We'll set up the week before. Many hands make light work...

*Feb 3-1-2010*

# March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 po-ke-no 11:30 lunch 1:00 drawing 1:30 TAI CHI 7:00 COA	2 9:30 exercise 11:30 lunch 12:15 Wii bowling 1:00 quilting	3 9:30 caning, crav 10:10 Ex. Bd 11:30 lunch 12:30 afghan makers	4 9:30 exercise 11:30 lunch 12:30 Bingo	5 10:00 crafts 10:30 rummucube 11:30 lunch	6
7	8 9:30 po-ke-no 11:30 lunch 1:00 drawing 1:30 TAI CHI	9 9:30 exercise 11:30 lunch 12:15 Wii bowling 1:00 quilting	10 9:30 caning 11:30 lunch 12:00 speaker on CURVES 12:30 Shooting Star meeting	11 9:30 exercise 11:30 lunch 12:30 Bingo 1:00 BP clinic	12 tax returns 10:00 crafts 10:30 rummucube 11:30 lunch	13
14 Daylight Savings Time begins	15 9:30 po-ke-no 11:30 lunch 1:00 drawing 1:30 TAI CHI	16 9:30 exercise Benefits check up 11:30 lunch 12:15 Wii bowling 1:00 quilting	17 9:30 caning, crav 11:30 com. beef 12:30 afghan makers	18 spring breakfast 9:30 exercise 11:30 lunch 12:30 Bingo	19 10:00 crafts 10:30 rummucube 11:30 lunch	20 Spring begins
21	22 9:30 po-ke-no 11:30 lunch 1:00 drawing 1:30 TAI CHI	23 9:30 exercise benefits check-up 11:30 lunch 12:15 Wii bowling banquet 1:00 quilting	24 9:30 caning, 10:10 anniversary contin.. 11:30 lunch 12:30 afghan makers	25 9:30 exercise 11:30 lunch 12:30 Bingo	26 tax returns 10:00 crafts 10:30 rummucube 11:30 lunch	27
28 Palm Sunday	29 9:30 po-ke-no 11:30 lunch 1:00 drawing 1:30 TAI CHI	30 9:30 exercise 10:00 Becky's Presentation 11:30 lunch 12:15 Wii bowling 1:00 quilting	31 9:30 caning, crav 11:30 lunch 12:30 afghan makers			

# HELP WITH YOUR HEATING BILL

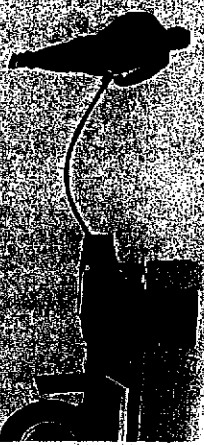
The Connecticut Energy Assistance Program (CEAP) and the Contingency Heating Assistance Program (CHAP) help offset the costs of winter heating and also pay for weatherization services. For income eligibility and benefit levels, contact the Department of Social Services (DSS) at 1-800-842-1132 or contact Infoline at 211. Visit the Winter Heating Assistance Web page at DSS.

[www.ct.gov/dss/cwp/view.asp?a=2353&q=305194](http://www.ct.gov/dss/cwp/view.asp?a=2353&q=305194)

or, the Infoline Web pages on CEAP and CHAP.

[www.infoline.org/informationlibrary/Documents/CEAP%20ofj.asp](http://www.infoline.org/informationlibrary/Documents/CEAP%20ofj.asp)  
[www.infoline.org/informationlibrary/Documents/CHAP.asp](http://www.infoline.org/informationlibrary/Documents/CHAP.asp)

**Operation Fuel** is another program that provides energy assistance to income-eligible residents. They will begin taking applications after November 1, 2008. For information on the fuel bank program, the administrator is best to call Infoline at 211 or visit [www.operationfuel.org](http://www.operationfuel.org).



## FURNACE UPGRADES

The **Boiler/Furnace Replacement/Upgrade Rebate Program** provides up to \$500 toward a more energy-efficient boiler or furnace replacement or upgrade. Contact the Office of Policy and Management at 1-866-940-4676 for an application, income eligibility guidelines, and more information.



Connecticut Housing Investment Fund's (CHIF) **Energy Conservation Loan Program** provides low- or no-interest, long-term loans for energy-efficient upgrades including furnaces and boilers, thermal windows and doors, insulation, hot water heaters and replacement roofs. Contact CHIF at 860-233-5165 ext. 2019 or 2023 or [www.chif.org](http://www.chif.org) for more details.

## FOR CL&P CUSTOMERS

The Weatherization Residential Assistance Partnership (WRAP) helps income-eligible customers reduce their energy bills by making their homes more energy-efficient. Call 1-800-388-9727 or visit the WRAP Web page:

[www.ct-p.com/Home/SaveEnergy/Rebates/WRAP.aspx](http://www.ct-p.com/Home/SaveEnergy/Rebates/WRAP.aspx)

The **Matching Payment Program** provides year-round electric service and possible forgiveness of back balances to low-income electric heating customers who have past-due balances. Call 1-800-286-2828 (860-947-2828 in the Hartford and Meriden calling areas) for information.

The **NUSTART** program helps customers reduce or eliminate their past-due balance if they pay an agreed-upon budgeted amount on time each month. Call CL&P at 1-800-286-2828 (860-947-2828 in the Hartford and Meriden calling areas).

**Home Energy Solutions** energy audits are available to all households for free if you heat with natural gas or electricity. Call 1-877-947-3873 or visit the Home Energy Solutions Web page at CL&P.

[www.ct-p.com/home/saveenergy/rebates/homeenergysolutions.aspx](http://www.ct-p.com/home/saveenergy/rebates/homeenergysolutions.aspx)



## STATE SALES TAX EXEMPTIONS

Connecticut provides sales tax exemptions for energy-efficient products including:

- Insulation
- Caulking
- Doors
- Fluorescent light bulbs
- Furnaces
- Geothermal heat pumps
- Programmable thermostats
- Room air conditioners
- Water heaters
- Windows



**Lisbon Senior  
Center**  
**Monday - Friday**  
**9:00am - 3:00pm**  
**860-376-2329**

**Board of Selectmen**

Thomas Sparkman

Robert Grant

Raymond Stearns

Lee Szruba, Chair

**Lisbon Commission on Aging**

Judith M. Jencks

**Senior Coordinator/**

**Municipal Agent**

Vikki

**Van Driver**

Glenda

**Nutrition Site Server**

The Lisbon Senior Center is for the young, vibrant over 60's through folks in their 90's looking for a club like setting for socialization, activities, trips, classes, information, etc.

The Lisbon Senior Center is open to all Lisbon residents 60+ and their spouses. We welcome others to stop in and visit.

Lunches are served daily at 11:30. Reservations need to be made in advance for the TVCCA meal and the suggested donation is \$2.50.

Or place an order for our fresh made sandwich program which is available for a fixed price.

Transportation is available for Doctor, Dentist appointments, banking, the hairdresser, shopping, etc. For a ride call the Center at 860-376-2329 as soon as you have your appointment. For other ride call by Monday of that week.

Help is available for paperwork, applications and insurance decisions. Information is available on aging and the programs designed to make life easier. Services are available for maintaining health, independence and well-being of our seniors.

Our Sunshine Committee sends cards to those who are enduring a loss or who are ill. Call Carolyn at 860-376-9770 with the name and address who need a card.

**Call 860-376-2329 for more information.**

Return Service Requested

March 2010 issue

Lisbon, CT 06351

11 Newent Road

Lisbon Senior Center

Lisbon Commission on Aging

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