

MINUTES
REGULAR MEETING
COMMISSION ON AGING
LISBON SENIOR CENTER
MONDAY, APRIL 5, 2010
7:00 P.M.

1. Call to Order

The regular meeting of the Commission on Aging was called to order by Leonora Szruba, Chairman, at 7:00 p.m.

MEMBERS PRESENT: Edwin Brown, Dorothy Coggins, Joseph Doran, Mary Grant,
Judith Jencks, Cheryle Joly, Ivy Mather, Leonora Szruba

MEMBERS ABSENT: Fidelis Kershaw

OTHERS PRESENT: Moira Lewerk, Blake Wawrzynowicz – Student Ambassadors

2. Reading of previous minutes:

a. 03/01/2010 Reg. Mtg.

A motion was made by D. Coggins, seconded by M. Grant, to waive the reading of the previous minutes.

VOTE: UNANIMOUS MOTION CARRIED

A motion was made by J. Jencks, seconded by D. Coggins, to approve the previous minutes as presented.

VOTE: UNANIMOUS MOTION CARRIED

3. Correspondence

1. Town Newsletter Deadline Notice (April 16, 2010)

4. Bills and action thereon - None

5. Senior Coordinator's Report

Mrs. Jencks gave a verbal report on April activities at the Senior Center.

6. Old Business:

a. Lathe

Mr. Doran gave an update on the status of the housing of the lathe in the Senior Center noting approval from the town's Sanitarian and an upcoming meeting with the Building Inspector to review possible room reconfigurations (the installation of a folding room divider and the construction of a partition to divide one of the rooms.

b. New Room

Mrs. Jencks reported that the computers at the Center are not being used, even when free classes are offered, which will create dead space in the new room. She suggested that laptops (two at \$250 - \$300 from Pratt & Whitney) would be a good solution as they can be used any place in the Center since it is set up for wireless connections noting that

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Page 2 Old Business contd.

when she checks to see if grant dollars can be used for a new dishwasher she will check to see if those dollars can be used for the purchase of the laptops as well.

c. Computer

Mrs. Jencks advised that her new computer has arrived and is set-up with the newest version of Print Shop which she is in the process of learning.

d. Roof

Mrs. Jencks reported that there was only one small leak in the roof after all of the rain last week which has been addressed.

e. Newsletter

A short discussion was held regarding the delivery of the Senior newsletter by the post office.

f. Grant

Mrs. Jencks noted that the grant funds need to be expended by the end of the fiscal year then advised that the Tie Chic & Positive Thinking programs will be paid for by the grant as she hopes the new dishwasher and laptops will be as well.

g. Anniversary – No Report (committee scheduled to meet 4/7/2010)

7. New Business:

a. Internship

Mrs. Szruba gave a positive performance report about the internship of Rebekah Pryor, a Community Connections program student. (3rd Quarter Exhibition attached) Mrs. Jencks advised that Rebekah would like to participate in another internship at the Senior Center for her fourth quarter.

b. Town Website

Mrs. Jencks reported on her meeting with the content person from the firm redoing the Town's website concerning the Senior Center's page.

8. Any other business which may properly come before the Commission - None

9. Adjournment

A motion was made by J. Doran, seconded by E. Brown, to adjourn at 7:17 p.m.

VOTE: UNANIMOUS MOTION CARRIED



Marlene Lefine, clerk

APPROVED:

Leonora Szruba, Chairman



Rebekah Pryor's 3rd **Quarter Exhibition**

- This is who I am
- Opening song- Some Day We'll Know
- What is Community Connections Big Picture High School?
- College preparation
- Learning Through Internship (LTI)- The Lisbon Senior Center
- Community Service- Helping battered women's shelters
- Reading- Purple Heart by: Patricia McCormick, The Lost Boy & A Man Named Dave By: Dave Pelzer
- Workshops- Empirical Reasoning Workshop, Quantitative Reasoning Workshop and Communication Skills & Language Arts Workshop.
- What are my strengths this quarter?
- Where I can improve?
- Questions & comments

*****If you have questions feel free to ask them at any time.*****

MY WORK	LEARNING GOALS ADDRESSED Quantitative Reasoning, Social Reasoning, Empirical Reasoning, Communication, Personal Qualities	PERFORMANCE EXPECTATIONS	RESOURCES	HOW WILL I SHOW IT AT MY EXHIBITION	HOW WILL MY WORK BE ASSESSED
ACT & SAT Prep	ER- analyze information, discuss error QR-think mathematically, estimate, use numbers to evaluate problems C-writing, reading PQ-time management, build skills for success, stick to time lines	ES1-13, EB11-6 MS1-10, MBI1-7	ACT prep book Kaplan SAT prep computer program Suzan Doctor Internet	-Calendar of when the test are offered -Timeline for test prep	Scores on test
Research on; Scholarships, majors, double majors,	QR-calculating scholarship awards, comparison charts of major possibilities and scholarship possibilities C-reading information about the different schools, speaking about the new learned information so others understand correctly, SR- look in to the history of the majors PQ-be self aware, focus on what I will need to do in order to succeed	ITS1 TS3, TS4, TS5, TS6, TB12	College Board scholarship hand book Internet	comparison charts of major and scholarship possibilities	Applied successfully
College/ University Research	QR- calculating tuition costs, calculating admission costs, graph comparisons C-phone interviews, using the computer for graphing, using the internet for research SR-I will look at the history of the school and what they are known for, how the school will benefit from excepting me, how will I benefit from being excepted to a school, what social systems are in place to help other students and I PQ-being respectful, being responsible, stay organized, learning about me self and who I am	ITS1 TS3, TS4, TS5, TS6, TB12	Universities/Colleges web sites	graph comparisons phone interviews notes	Complete
College Essay	C-writing, reading, communicate ideas, speak PQ-empathy toward others, demonstrate respect, organize my work, be self aware, show honesty, time management, show responsibility,	ES1, ES2, ES3, ES4, ES8, ES9, ES10, ES12, EBI, ES13, EBI2, EBI6 TS6	Computer Various advisor's College Board book on writing college	-I will read it -Show drafts	Sent off to colleges with applications

LTI -Project at Lisbon Senior Center (LSC)	C-write, Listen, speak PQ-demonstrate respect, show honesty, be responsible, work cooperatively with others SR-Look at diverse view points, take action in the community	ES10, ES12, EBI, EBI6 SSS1, SSS4, SSB18 ITS1-6, ITB11-3 TS1-6, TB12	Tom Judy Jencks Senior members	-Journals -Written story	Mentor feedback, advisor feedback, exhibition feedback
Book group project Purple Heart By Patricia McCormick	QR- time line graph C- Reading, listening to others opinions, writing reflections, being creative with the book project	ES1-4, ES8-13, EBI6 MS3, MB11 SSS1, SSS3, SSS4, SSS7, SSS8, SSB14, SSB15,SSB18 TS4, TS5, TS6	Book- Purple Heart By Patricia McCormick	Book project Reflections	Book complete, summary complete, exhibition feedback
Independent book 1 The lost Boy By David Prezler	QR- time line graph C- reading, writing reflections, being creative with the book project	ES1-4, ES8-13, EBI6 SSS1, SSS4,SSB18	Book - The lost Boy By David Prezler	Book project Reflections	Book complete, summary complete, exhibition feedback
Independent book 2 A Man Named Dave By David Prezler	QR- time line graph C- reading, writing reflections, being creative with the book project	ES1-4, ES8-13, EBI6 SSS1, SSS4,SSB18	Book - A Man Named Dave By David Prezler	Book project Reflections	Book complete, summary complete, exhibition feedback
Community Service- Organizing donations for homeless shelters and battered woman's	ER-What conclusions can I draw from my research for donations. QR- collect data (how many donations were given and how many items there are) show my data in a graph, keep track of how much of each type of item was donated and when it was donated make a graph with that data and find a trend or pattern. C- Write two newsletters throughout the project for the school staff and students on how the community service project is coming, listen to others options with respect, read about different shelters and choose the ones that others and I think desperately need supplies first, express to contacts for donations the importance of helping each other in the community, using technology such as the internet and	ITS1-6, ITB11-3 TS1-6, TB12	Hotels Motels The Community CCHS	Letter from organizations stating I did donate the items to their shelter A list of my contacts so far	Feedback from organizations, exhibition feedback

	<p>telephone.</p> <p>SR- how do diverse communities view this, look at the history of these issues, what can I do to help in the most effective way, research how these issues have changed other the years.</p> <p>PQ- Use empathy and sympathy, be self aware, take on a leadership role, work cooperatively with others, manage my time, organize my work, enhance my community through this as much as I can, be responsible, and be respectful.</p>				
Skill Workshops QR/ER/Writing	Empirical Reasoning Quantitative Reasoning Writing	Vary according to person	Lisa, Maggie, Sophia, Heather	Writing samples List of skills	Peer critiquing, advisor critiquing
Citations	C-documenting resources correctly, spelling, reading, recording,	ITS5, ITS6	Lisa, Maggie, Sophia, Heather, Tom	Correctly done Citations	Papers cited correctly
Secretarial	C- phone calls messages	ITS1-6, ITBI1-3 TS1-6, TBI2	Heather	Notes	Heather's feedback

Someday we'll know.

[//www.stlyrics.com/lyrics/awalktoremember/somedaywellknow.htm](http://www.stlyrics.com/lyrics/awalktoremember/somedaywellknow.htm)

Ninety miles outside Chicago
Can't stop driving
I don't know why
So many questions
I need an answer
Two years and later
You're still on my mind

Whatever happened to Amelia Earhart?
Who holds the stars up in the sky?
Is true love just once in a lifetime?
Did the captain of the Titanic cry?
Ohhh.....

Someday we'll know
If love can move a mountain
Someday we'll know
Why the sky is blue
Someday we'll know
Why I was meant for you

Does anybody know the way to Atlantis?
Or what the wind says when she cries?
I'm speeding by the place that I met you
For the ninety-seventh time tonight

Someday we'll know
If love can move a mountain
Someday we'll know
Why the sky is blue
Someday we'll know
Why I was meant for you

Yeah, yeah, yeah, yeah

BIG PICTURE LEARNING GOALS

1st step - p. 7

2nd step - work

3rd step - personalize to individual
L.P., task

ask how?

EMPIRICAL REASONING

How do I prove it?

- Think like a scientist (how)
- Make hypotheses
- Design research projects
- Collect data
- Analyze information
- Discuss error

QUANTITATIVE REASONING

How do I measure, compare or represent it?

- Think mathematically!
- Use numbers to evaluate problems
- Estimate
- Represent data with formulas, tables and graphs
- Create and analyze budgets
- Interpret formulas, tables and graphs
- Measure shapes and create scale drawings and models
- Analyze data, find trends, make predictions

COMMUNICATION

How do I take in and express ideas?

- Communicate ideas!
- Read
- Write
- Speak
- Listen
- Use Technology
- Create Art: Visual art, Music, Theater, Dance

SOCIAL REASONING

What are other people's perspectives on this?

- Think historically and culturally!
- Look at diverse viewpoints
- Research the history of your topic
- Analyze social systems
- Discuss ethics
- Take action in the community

PERSONAL QUALITIES

What do I bring to this process?

- Build skills for success!
- Demonstrate respect
- Empathize
- Strengthen your health
- Show responsibility
- Organize your work
- Manage your time
- Increase your self-awareness
- Work cooperatively
- Enhance your community

**Learning:
The Conventional Way**



Top-Down Teaching

Huge classes with teacher as center,
students as audience

Curriculum taught from textbooks

Inhibits motivation

Teaches entire class as a single group

Many high schools have over 1,000 students

Parents only occasionally involved

All teaching happens in classroom

Works for many

Graduation rate **52%**

College acceptance rate **45%**

**Learning:
The Big Picture Way**



Student as the Center of Learning

Small classes of 15,
run by Advisor-Student-Parent-Mentor teams

Curriculum always relevant to the real world

Increases motivation

Teaches one student at a time

Each high school has only 140 students

Parents an intimate part of the teaching

Students go into the real world to pursue projects

Works for many more

Our graduation rate **92%**

Our college acceptance rate **95%**

Prospective Schools

Comparison Criteria	School One La Salle University	School Two Quinnipiac University	School Three Mitchell College
Location			
City, State	Philadelphia, Pennsylvania	Hamden, Connecticut	New London, Connecticut
Region	Middle States	New England	New England
Type			
Public vs. Private	Private (Nonprofit)	Private (Nonprofit)	Private (Nonprofit)
Religious Affiliation	Roman Catholic Church		
Campus Life			
Setting	Urban	Suburban	Suburban
Undergraduate Enrollment	4,447	5,971	961
Admission			
Percentage accepted	65	69	83
Application Requirements	Essay(s) required Required: SAT Reasoning Test or ACT If submitting ACT, the writing section is optional Considered if Submitted: SAT Subject Tests	Essay(s) required Required: SAT Reasoning Test or ACT If submitting ACT, the writing section is recommended Considered if Submitted: SAT Subject Tests	Interview required Essay(s) required
SAT® Scores *	Critical Reading: 450 - 560 Math: 450 - 560	Critical Reading: 540 - 610 Math: 560 - 630	
ACT™ Composite Scores		23 - 27	
Cost & Financial Aid *	Fall 2010	Projected for Fall 2010	Fall 2009
In-state tuition & fees	\$33,700	\$34,250	\$25,627
Out-of-state tuition & fees	\$33,700	\$34,250	\$25,627
Room & board	\$11,230	\$12,730	\$11,548
Room only			

* Note: SAT scores represent the middle 50% of first-year students' scores.
See this college's profile for a detailed breakdown of costs.

My experience at The Lisbon Senior Center By: Rebekah Pryor

I have had an internship at The Lisbon Senior Center since the end of November in 2009. I have had many beneficial experiences. I have had the pleasure of getting to know many of the seniors that attend The Lisbon Senior Center. I have had many wonderful conversations here that have helped me develop further into the person I am today. I am proud of how far I've come in my life. The Lisbon Senior Center is a great encouragement to make a difference in our community.

When I walk in on Tuesdays and Thursdays I feel appreciated for the work I have accomplished. I have had the opportunity to help with lunch preparation, decorating the senior center for different seasons including Christmas. I have also been working on a memorial wall for the seniors, and my main project; writing a fictional story based fictional events and real ones. I have interviewed several of the seniors and learned a lot about their lives at the Lisbon Senior Center and the days of their youth. Lastly I am making a list of the past officers at the Lisbon Senior Center.

My mentor Judy Jencks has given me great advice throughout this internship. The advice was not only on my work there but also other school projects and college preparation. I appreciate her support very much. I thank you very much Judy.

I am pleased to be a part of their community and have enjoyed the time I have spent there thus far. I look forward to continuing this internship until the end of this school year.

How I Cry
By: Rebekah Pryor

I feel distressed, I feel messed up, I feel upset, and uneasy
I feel like I'm trying, I feel as if I'm not good enough and I want to be better

Inside tears stream but I never show how, I cry and cry and cry

I feel like I want to talk, but I can't, my mouth won't move, and I feel alone
I know my friends have other things to do, I feel ashamed that I even feel this way

Inside tears stream and I don't even know why I cry and cry

I want to be normal; I want to be good,
I want to see happiness, and I don't want it to go away

Inside tears stream but I'll never show how, I cry and cry and cry

I'm scared not just for tomorrow, but for the next second, minute, and hour
because I don't know how I'm going to feel next

Inside tears stream and I don't even know why I cry and cry

This curse can not be lifted, I hate this disease, and I hate the way it brings me down
Sometimes I feel life is just too much

Inside tears stream but never show how, I cry and cry

Wishing I new what it was like to know nothing of this at all
I would want to understand it, but not have to live with it one bit at all

Inside tears stream and I don't even know why I cry and cry

Because every where I go, I know this disease will follow
I don't know when it will pop up, or jump out startling from behind
Even a warning would be nice

But still I'll never show how much I cry and cry and cry

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CT ON 4/7/2010 AT 10:00AM
ATTEST: BETSY M. BARRETT, TOWN CLERK