



The Lisbon Quarterly

A Newsletter for Lisbon Residents



Updates from the First Selectman..

By Thomas W. Sparkman, First Selectman

As I reported in the summer edition of The Lisbon Quarterly, Fire Marshal/Burning Official John Pellett retired. On Thursday, August 11, 2011 town employees, fire department members, LCS staff, as well as John's friends and family honored him with a barbeque luncheon at the Town Hall. During the luncheon John was presented with a plaque in appreciation of his service to the Town of Lisbon as Fire Marshal.

Although John has retired as Town Fire Marshal, I am sure that this will be the beginning of a new chapter in his life. On behalf of the Board of Selectmen, and the residents of the Town, we wish him all the best in the years to come.

I am very sad to report that on the afternoon of Friday, July 8, 2011 Mrs. Florence Pawlikowski passed away at Orchard Grove Specialty Care in Uncasville, Connecticut. Florence worked for twenty years as Lisbon's Town Clerk and Town Treasurer.

Florence married her husband George Pawlikowski in 1948 and they moved to Lisbon in 1954. I can recall to this day seeing Florence as she worked at Lisbon Central School when I was a student there and then in the Lisbon Town Hall where in addition to her time as an employee of the Town, she and George were very active in community affairs and volunteer boards and commissions. As I began volunteering on various boards and commissions here in Town, Florence and George could always be expected to attend important meetings and offer a voice of reason to the discussion. Throughout the years, Florence greeted everyone she knew with a broad smile and a hearty hello, and seldom was she

not in the company of her loving and devoted husband George.

On behalf of the Board of Selectmen, Town Hall staff, Town of Lisbon board and commission members, as well as the residents of our community I offer condolences to the family of Florence Pawlikowski and bid a fond farewell to a valued long time Town employee and community activist.

Tennis anyone? I am happy to announce that, through the hard work of the Recreation Committee, the newly constructed community tennis court at Lisbon Meadows Park should be ready for play as soon as the fencing is in place.

I would like to thank the Recreation Committee: Joseph DiRoma, Fran Houle, Larissa Kelly, Miles LaFemina, Nancy Smigiel, James Synott, and Ken Washburn, Chair., for their diligent work to improve the Town's recreational areas which serve the entire community. I would also like to welcome new comer, Lisa Lewis to the committee.

The community tennis court and updates to the Lisbon Meadows Park plan were possible through the utilization of a State of Connecticut STEAP grant. The committee also purchased, and with the assistance of Town public works employees, erected an electronic scoreboard at the baseball field, as well as new foul ball poles. Dugouts at the baseball field have been completed and with the assistance of scouts from Boys Scouts PAC 73 here in Lisbon, are now painted. The committee would like to thank Prokop Signs for painting the Lisbon cougar symbol on the sides of the dugouts.

For the enjoyment of those who may wish to picnic in the park, or just want a place to sit and listen to the sounds of nature, the committee has purchased and

placed a number of 8 foot royal blue picnic tables throughout the park.

Working with the Board of Selectmen, the committee applied for and received approval for LoCIP grant funding for a new 200 meter community track soon to be under construction in the field adjacent to Lisbon Central School and behind the Lisbon Senior Center.

Whether it is for the construction of new ball fields, future basketball courts or just making improvement to the park's walking paths or expanding recreation opportunities for all our residents, the Recreation Committee, with the support of town officials, will continue to explore grant opportunities as we move forward with the Lisbon Meadows Park plan.

Planning and Zoning Commission Quarterly Notes

By Kim Sperry

Construction at both Dick's Sporting Goods and Michaels Store is moving right along. The Michaels space is enclosed, and signage erected. The arts and craft retailer is scheduled to open late summer or early fall. Dick's, which is a new, from the ground up, building has a target opening date of late September early October.

In addition to the commercial activity in town, there are two new residential developments with new roads under construction. Barber Farm (30 lots) on Route 12 and Mell Road is well underway. There are two news roads associated with this project undertaken by Tucker Development of Rhode Island. The second development, Gavin Estates, is located on Sullivan Road and

includes a new road and nine building lots.

During a July regulations meeting, the subcommittee took up composting after a request was made during a recent Planning and Zoning meeting. There are several categories of composting: solid waste, which requires the DEP permitting, large scale leaf composting, operators must register with the DEP; and on-farm composting which is allowed under the agricultural waste management plans approved by the DEP. Lastly, and doable by a novice, is backyard, composting in a 3 ft. x 3 ft. by 3 ft. space.

The Department of Environment Protection estimates that homeowners can reduce the volume of garbage generated 25% by recycling kitchen scrapes and yard trimmings. The benefits of home composting are many, it helps conserve landfill space and reduces incinerator emissions and creates a soil enrichment to use in the garden, lawn or containers. Just in time for the annual, autumn yard cleanup, the DEP's web page has homeowner friendly instructions, the dos and don'ts of composting, a video download and other resources. Visit www.ct.gov.dep and search composting.

Co-Ed Open Volleyball Nights

All residents are welcome to join the Lisbon Recreation Committee for some fun and exercise. The volleyball program will be on Thursday nights, 7:00-9:30, September 15th thru April 5th in the Lisbon Central School Gym.

Fall then and now...

By Marcia Schafer, Town Historian

The time of season is upon us to gather up foods for the late fall, winter, and early spring season before our next garden will be ready to produce food

for us. This means that in early Lisbon history the women would have been collecting fruits, vegetables, herbs, nuts and starting to stock up on the ingredients required by the recipes they followed when they cooked for their family members.

They would have stored their food by drying it-herbs, by cutting into slices and stringing it to dry-fruit slices or vegetable slices, preserving it by a water bath canning method, or putting it into a cold storage area which was dug under or near the house and was built to store all their cold foods from the cold soil in the underground room or root cellar.

They would collect various herbs from their gardens and also from the woods and hang them to dry until they were ready to cook with them. The garden herbs and the woodland herbs would have been hung near a fireplace to let them completely dry so they could crush them or break them into smaller sections for their daily meals.

During the summer months they would have collected various berries and made them into jams and jellies and preserves. They would cook or crush the berries with a mortar and pestle and drain them through a cloth to separate the juice from the pulp.

Tree fruits were picked when they were ripe and some were used on a daily basis and others were put into a cold storage area in a basement where they could be retrieved when needed. In the OLD STURBRIDGE COOKBOOK they have a receipt or recipe to preserve apples by putting them in casks with layers of dry sand and the sand absorbs their moisture in their cold storage for up to a year. Vegetables were treated in the same manner and put into the underground cold storage room-potatoes, turnips, beets, and carrots in the cold storage room or also known as a root cellar. Some foods were pickled such as cucumbers and cabbage. Pumpkins, squash, whole cabbage and onions were stored in a dry place without danger of freezing.

Nuts were collected when the casing and shell that fell from the tree. Depending on the type of nut it would

have been picked off the ground-that way you know they are ripe or ready for use. Certain nuts such as walnuts have a outer casing that needs to dry and be peeled off the nut. The nuts were dried out and then cracked open for immediate eating or for storage for baking and cooking.

Meats were preserved after butchering in the late fall in barrels of brine for the winter as the large pieces or quarters were easier to keep cold until they were cut into smaller pieces. Some types of meat were prepared by smoking them in a chamber in the chimney stack. Fish was preserved in a salt brine and then dried. Then the fish would have to be soaked to get rid of the salt preservative before it could be cooked and eaten. Chicken could be prepared at any given time as well as turkey, duck, or goose.

We have it much easier in this day and age of refrigeration and freezers, canned goods, pre-packaged foods, and various chemicals that can preserve foods for many years.

I would like to request the towns people to look for a picture of the Learned School that would have been at the intersection of Preston Allen Road and Kendall Road that would have closed in 1946. I have not been able to locate a photo in all my collections and there was a request for a picture for one of the teachers who taught there.

You may contact me by calling 860-376-8108 or by using email lisboncthistorian@yahoo.com. Thank you. Marcia Shafer

WHO SAYS YOU CAN'T TEACH AN OLD DOG NEW TRICKS???

By Lee Szruba, Chair., COA

The Lisbon Senior Center has recently begun buzzing about a new activity - Pickleball. So what is Pickleball? It is a sport described as a combination of ping-pong and tennis and badminton. It can be lots of fun, played by people of all ages and athletic abilities, a great workout, very social and as competitive as you want to make

it. Grandparents can enjoy this game along with their grandchildren.

The game is played on a surface that is the same size as a badminton court, with a net that is 34 inches high. The regulation paddle is solid and similar to a ping-pong paddle. It is used to volley a baseball-sized whiffle ball back and forth over the net.

This game was created about 45 years ago on the west coast. Pickles was the family dog that would chase the balls and hide in the bushes. The balls became known as Pickle's balls and soon folks were being invited to play Pickleball. This sport is becoming very popular among active senior adults at community centers and is growing in popularity on high school and college campuses.

Our Senior Pickleball players hope to present a demonstration of the sport on the new tennis court at Lisbon Meadows Park during the Lisbon Fall Festival. We now have two complete sets of equipment for playing the game and would be delighted to show you how it's done.

Lisbon's Commission on Aging has a vacancy due to the resignation of one its members and is looking for a volunteer to serve out the unexpired term until February 28, 2013. If you are interested, please feel free to mail or drop off a note to the COA asking to be considered to fill the opening. You do not need to be a Senior to be a member of the COA. The Commission will review the requests and make a recommendation to the Board of Selectmen, which makes the actual appointment. The COA generally meets on the first Monday evening of each month in the Senior Center. For more information you may contact either Senior Center Director Judy Jencks at 860 376-2329 or COA Chair Lee Szruba at 860 376-9510.

There are two vacancies on the Conservation Commission. If you are interested in serving, please contact the Selectmen's office at 860-376-3400 or any Commission Member.

Lisbon Historical Society Quarterly Notes

By Kim Sperry

A brief recap of spring and summer activities begins with our youth education outreach program. Beginning in late May and continuing into early June, the Lisbon Central School 5th graders visited the Bishop House to reenact a typical day in 1810. About 60 youngsters, teachers, and parent chaperones took a step back in time to explore early 19th century farm life, play period games, cook over an open hearth and to learn the history of the John Bishop House.

We also presented our annual *Excellence in History Award* to a graduating 8th grader for his or her outstanding academic accomplishments in history class. It is our opportunity to acknowledge a young scholar's hard work and encourage their interest in history studies. We would like to take this opportunity to acknowledge and thank Bethany Arabic, Lisbon Central School's Service Learning representative for all the hours she has given the Historical Society. Bethany has generously volunteered her time to attend meetings, present her research and pitched-in to make our cooking classes and plant sale a success. Her enthusiasm and community spirit set a positive example for not only her peers but adults as well. We are proud to have her as part of Lisbon Historical Society.

During the summer we replaced the Bishop House roof. The new roof is Alaskan Cedar, which we anticipate will last 30 years. Considering that today's galvanized roofing nails are of diminishing quality, our roofer said he would not want to remove the nails 30 years from now, for the new shingles have been fastened with stainless nails. We were pleased to find that no structural work was needed once the old shingles were removed, a testament to good timing and preventative maintenance.

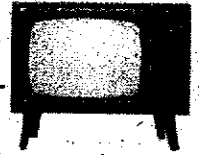
The dog days of summer and early fall bring with them seasonal chores and a calendar of events that will close out the year. First is the harvesting of the

fruits of our labors. During the early to mid 1800s, farmers plowed their fields using horse or oxen drawn walking plows. A review of the "*true and perfect Inventory of the real and personal estate of Mr. Tyler Browne*" (the Browne family acquired the Bishop house in 1818) after his death in 1836, reveals that he was a typical farmer. In addition to the sundry rakes, shovels, spades, forks, and other farm implements, Mr. Browne owned an ox harrow, valued at \$1.67, 3 old ploughs worth \$1.00, and an ox shovel and stone drag valued at .50. By the early 1900's the Bradlaw family had taken up residence in the Bishop House. They continued the farming and gardening tradition by raising dairy cows, pigs, and hay. Fottler, Fiske, Rawson Co. 1914 seed catalog and Burpees Annual of 1923 were discovered several years ago during an attic clean up. These were very likely seed sources for the vegetable garden that was planted in south lawn where herb garden is now.

Today, in addition to herbs and flowers, the Historical Society grows corn, scarlet runner beans, which attract hummingbirds, and squash, known as the "three sisters" and sometimes, sunflowers. All are native to the Americas. When Columbus arrived in 1492, nearly 300 varieties of corn were grown by the indigenous populations, today only 16 varieties account for 70% of today's production (www.heirloomseeds.com). This year we are growing a few broomcorn plants, a sorghum which is a species of grass. Although the origin of broomcorn is obscure, sorghum apparently originated in central Africa. Production spread to the Mediterranean, where people used long-branched sorghum panicles for making brooms during the Dark Ages. Benjamin Franklin is credited with introducing broomcorn to the United States in the early 1700s (www.hort.purdue.edu) and we plant it behind the picket fence for its ornamental value.

Towns of Lisbon and Canterbury

- Household Hazardous Waste (HHW) & Electronics Collection Day



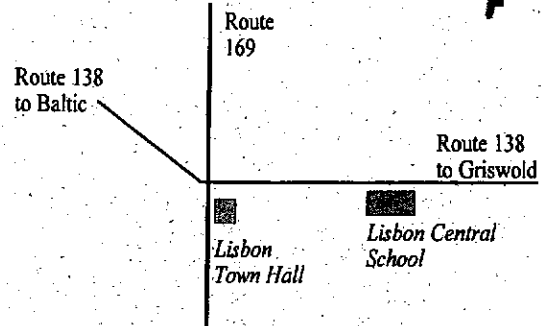
When ?

Saturday, September 17, 2011

9:00 am to 1:00 pm

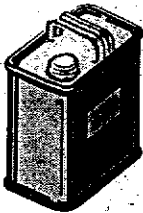
Where ?

At the Lisbon Central School on Newent Road.



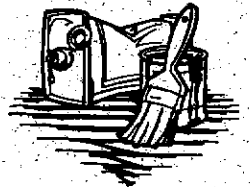
Who Can Come ?

This collection is limited to Lisbon and Canterbury Households. Please note: hazardous waste collection from Commercial or Industrial Generators is not accepted. Households with large quantities - more than 20 gallons or 20 lbs are urged to call their Town Hall. Be sure to bring a driver's license or other proof of residency.



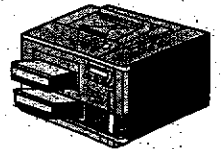
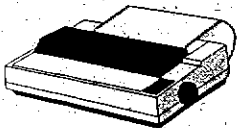
What Hazardous Waste Can I Bring ?

Oil - based Paint, Paint Thinner, Old Gasoline, Pesticides, Herbicides, Old Anti-freeze, Insecticides, Photo Chemicals etc. Not Sure? Bring it in and we will look it over. **BUT no Latex Paint**



What Electronic Scrap Can I Bring ?

Televisions, Computers and Computer Monitors, Printers, Stereos, VCRs, - any old electric device with a cord.

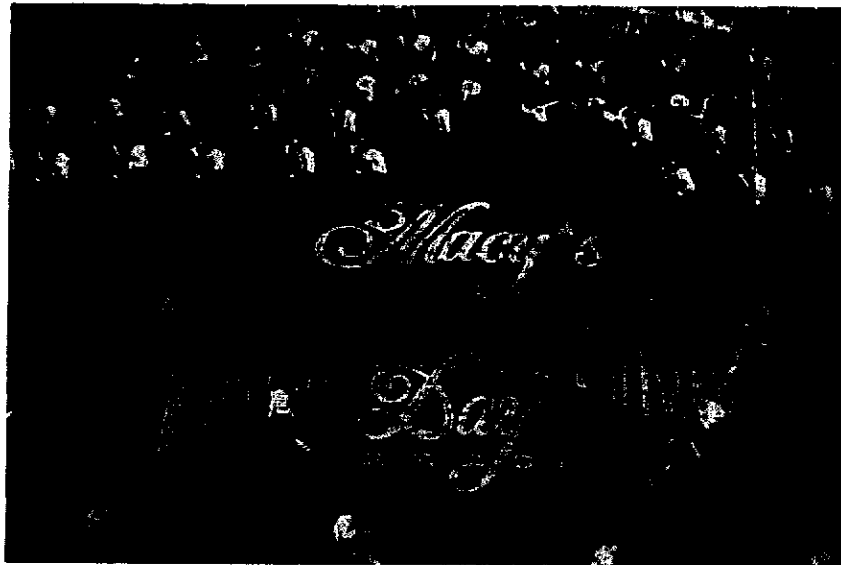


QUESTIONS ?

Please Contact Your Town Hall

Lisbon Town Hall: 376 - 3400
Canterbury Town Hall: 546 - 9693

START A NEW TRADITION....
THE MACY'S THANKSGIVING DAY PARADE BUS TRIP !!
(Sponsored by the Lisbon Recreation Committee)



THURSDAY, NOVEMBER 24, 2011
Take the Whole Family!!!!
Get your Tickets Early, First Come, First Served!!!

Tickets are \$ 30.00/per person
(Tickets available to Lisbon Residents only through 10/31/2011)

The Motor Coach will leave Lisbon Meadows Park at 4:30am (promptly) and arrive in the city at around 7am. We will view the parade near Central Park where it begins at 9 A.M. The motor coach will leave 30 minutes after the end of the parade so we can be back in Lisbon in Time for Thanksgiving dinner (approximately 2-3 pm)

Make Checks Payable to LISBON RECREATION.
Please enclose the names and addresses of persons attending (required) and Contact number along with your check made out to Lisbon Rec. and mail to:

LISBON RECREATION COMMITTEE
c/o LISBON TOWN HALL
RE: MACY's Parade Bus Trip 2011
1 NEWENT ROAD – LISBON, CT 06351

Call: 860-822-1676 or Email JimSynott@Comcast.net with questions